



BECKENHAM RFC
Est. 1894



BECKENHAM
RUGBY CYCLISTS

Beckenham Rugby Cyclists are an offshoot of BRFC and very much part of the 'blue & gold' family.

As the evenings start to lighten up and get warmer, we will be out riding together every Wednesday evening and most weekends. We would really welcome anyone associated with BRFC to join us on one of our rides and see what we're about.

Don't worry if you've never ridden in a group before, or are uncertain about your ability. We can guide and support you all the way, or offer you a 'one-on-one' trial ride.

Our pace is reasonable and we have a very strict 'no one gets left behind' rule.

So, if you're looking to keep fit through the close season, and do it with a really friendly, non-competitive group of people, why not get in touch?
You just need a bike, some lights and a helmet!

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www.beckenhamrugbycyclists.co.uk

