



Chester Boughton Hall Cricket Club

Return to playing cricket – Updated 27th March 2021 (For captains, coaches, players, parents & spectators)

Updated guidance from 29th March to 11th April (Step 1 B):

- Everyone attending an organised cricket activity should carry out a self-assessment for COVID symptoms before leaving home and follow NHS and PHE self-isolation procedures if they are symptomatic.
- No one who is required to self-isolate should attend an organised cricket activity.
- Cricket is by nature a socially distanced game and social distancing should be maintained when training and on the field wherever possible.
- Away from training and off the field, social distancing guidelines and legal gathering size limits must be observed – at Step 1B this means the Rule of 6 or a group made up of two households.
- Changing rooms must remain closed except for disabled persons and emergency requirements.
- Participants should arrive in their kit ready to play and should return home in their kit.
- Clubhouses including social and hospitality facilities must remain closed, but toilet and hand washing provision is permitted subject to risk assessment (CBH have conducted one), occupancy limits, suitable ventilation and frequent and effective cleaning (this is in place).
- Hygiene breaks in play are required every 6 overs.
- Participants should bring their own food and drink and drinks bottles should not be shared.
- There is a legal requirement to record participant and attendee contact details for the purposes of NHS Test and Trace and clubs and venues must ensure that data is collected in accordance with data protection law.
- Spectators are not permitted in any indoor or outdoor sport facility at Step 1B. This does not apply to carers for people with disabilities, or adults needed to supervise under-18s in a safeguarding role. Where it is necessary for them to be present, supervising adults should not mix with others from outside their household or support bubble.

Playing Cricket

For all activity, Government social distancing guidance should be adhered to at all times (including throughout warm-ups) except in the following limited circumstances during competitive play in England only where social distancing of 1 m+ is permitted:

- 1) wicket keepers standing up to the stumps and
- 2) distance between slip fielders.

Government social distancing guidance can be found [here](#). This document refers to current Government guidance for England and could change in response to changes in Government advice.

- Participants are aware of any increased risk associated with taking part in sporting activity, based on the national governing body's guidance and risk assessment.
- Participants are strongly advised to comply with public health restrictions and avoid high-risk behaviour outside the cricket setting to reduce the risk to their fellow participants when they do attend.

Prior to all organised outdoor cricket activity

- Before attending any cricket activities or venues, all participants, officials, volunteers and spectators must self-assess for COVID-19 symptoms:
 - o A high temperature.
 - o A new, continuous cough.
 - o A loss of, or change to, their sense of smell or taste.



- If you have one or more of these symptoms you should not attend any cricket activity and must follow NHS and PHE guidance on self-isolation.
- People with health conditions that put them at increased risk should consider the risks of participating in cricket activity.
- Personal hygiene measures should be carried out at home before and after use of the facility.
- Bring your own hand sanitiser where possible and practice strong hand hygiene at all times.
- Follow Government guidance on public transport or car sharing available [here](#).
- Always check that it is safe to travel before you set out to take part in cricket.
- You should minimise travel wherever possible, but you can travel within England to take part in informal and organised cricket, where necessary. You should not stay away from home overnight for cricket.
- For advice on reducing the risk of infection when outside your home see [here](#).
- Limit the time spent congregating at a venue before and after cricket activity. This could involve having strict meeting times or staggering start times.
- Social interaction before playing cricket should only take place outdoors, and in separate and distinct groups consisting of up to 6 people or two households.

During all organised outdoor cricket activity

- People should maintain the rules on social contact before and after sporting activity.
- Sharing of equipment must be avoided where possible, particularly that used around the head and face, such as helmets.
- Where participants cannot provide their own individual equipment, we recommend numbering cricket equipment such as balls, so that each participant has a specific numbered ball and/or cone and uses that for the entirety of the session to minimise sharing of equipment where possible.
- No sweat or saliva is to be applied to the ball at any time. Any infringement should result in immediate disinfection of the ball.
- All participants to wash their hands prior to the start of the activity.
- Hand sanitiser to be used at all breaks in activity and prior to any food or drinks.
- There should be no shouting, singing or spitting.
- If bowling machines are used, please ensure they are cleaned thoroughly between uses with dry cleaning products and that all balls used are cleaned with disinfectant. This is the responsibility of the bowling machine operator.
- In the event of rain, participants should return to their own vehicle to maintain social distancing if there is insufficient outdoor cover from the rain to maintain social distancing.
- Spectators are not permitted in any indoor or outdoor cricket facility at Step 1B on the UK Government Roadmap.
- Injuries should still be treated, as participant safety is of the utmost importance. First-aiders, physios and other medical personnel should take care to protect themselves and others through rigorous cleaning and personal hygiene, including increasing the frequency of cleaning and disinfecting equipment and surfaces. Wearing face coverings is recommended for both medics and patients, where this is possible and practical.

After all organised outdoor cricket activity

- Participants will exit whilst maintaining social distancing.
- Social interaction after playing cricket should only take place outdoors, and in separate and distinct groups consisting of up to 6 people or two households. Social distancing should be maintained.
- One club representative/volunteer will be responsible for collecting and disinfecting shared equipment.
- Regular cleaning of equipment and the facility should take place, particularly between one group finishing, and the next group starting.