

## 3 SUITABLY DESIGNED CAMPS

AGES  
6-10 YEARS OLD



AGES  
11-13 YEARS OLD

AGES  
14-17 YEARS OLD



# SUMMER HOCKEY CAMP 2019 WORCESTERSHIRE

Each age group will have a different programme, relevant to the players age and ability level. Players can be changed between groups if necessary

Nunnery Wood Sports Complex  
Aug 22-23 | 9.30-4.30pm  
Ages 6-17 | £35 1 day | £55 2 days

Visit [www.perfxhockey.co.uk](http://www.perfxhockey.co.uk) to book your space now!

## MEET THE COACHING TEAM



**CERYS PRESTON**



Welsh International player Cerys Preston will be joining us at this camp as our special guest coach!

# SUMMER HOCKEY CAMP 2019 WORCESTERSHIRE

2 days of action packed fun with a top class coaching line-up dedicated to developing your individual skills

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## MEET THE COACHING TEAM



**JOE**  
UNIVERSITY OF  
NOTTINGHAM



**CHARLOTTE**  
CANNOCK HC &  
ENGLAND MIXED



**ENYA**  
LOUGHBOROUGH  
UNIVERSITY



STONE HC MEN'S FIRST  
TEAM HEAD COACH  
**STEPHEN**



**MATT**  
HAVANT HOCKEY  
CLUB

## SUMMER HOCKEY CAMP 2019 WORCESTERSHIRE

Players will be split into groups with no more than 8 players, meaning that everyone gets the maximum contact time with all of the coaches!

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## WHAT TO EXPECT



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WWW.PERF~~X~~HOCKEY.CO.UK



## SUMMER HOCKEY CAMP 2019 WORCESTERSHIRE

To book your space, please visit our website and take a look at the events section - booking takes less than 1 minute!

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IMPROVING **PER**FORMANCE CREATING **EX**CELLENCE