

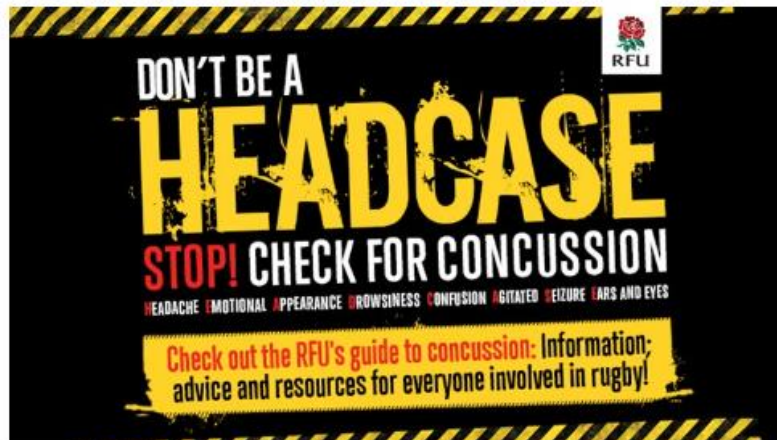
Concussion - HEADCASE

[Home](#) [England](#) [News](#) [Fixtures & Results](#) [Club Competitions](#) **[My Rugby](#)** [ERTV](#) [Governance](#) [Tickets](#) [Twickenham](#) [Shop](#)

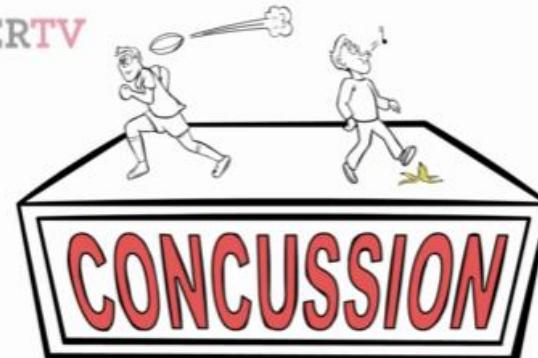
CONCUSSION - HEADCASE

[Overview](#) [Concussion In Rugby](#) [Prevention](#) [Recognition](#) [Management of Concussion](#) [Returning to Play](#) [Coaches](#) [More](#)

[My Rugby](#) > [Players](#) > [Concussion - HEADCASE](#)



ERTV



00:08 / 07:34

HEADCASE - Take Concussion Seriously

For more information, guidance and to complete the Concussion Awareness modules please go to:

www.englandrugby.com/headcase

CONCUSSION - HEADCASE

Overview Concussion in Rugby Prevention Recognition Management of Concussion Returning to Play Coaches More

My Rugby > Players > Concussion - HEADCASE

DON'T BE A HEADCASE STOP! CHECK FOR CONCUSSION
Check out the RFU's guide to concussion. Informative advice and resources for everyone involved in rugby!

Check out our interactive web courses - online education for Coaches, Match Officials and Players

Players and Parents Coaches Match Officials Schools and Colleges Healthcare Professionals HEADCASE Resources

CONCUSSION AWARENESS

DON'T BE A HEADCASE STOP! CHECK FOR CONCUSSION
TEACHING OFFICIALS PLAYERS COACHES TRAINING OFFICERS REFEREES

What you will learn

In this course you will learn what concussion is and what it looks and feels like. You will look at best practice concussion management and why it is important to you and your team, that you follow this.

You will also look at the consequences of not following the correct procedures and you will see some real life examples demonstrating why it is so important to do so.

By the end of the course you will have a better understanding of concussion, the obstacles to delivering best practice management, and how YOU have a vital role to play in protecting player welfare.

Select **Next** to continue.

Play Audio

Certificate of Completion

Name _____

has completed the

Concussion Awareness

for Coaches

course on

Date _____

RFU

Online Concussion Modules

Players

The screenshot shows the 'Concussion Awareness Players' module. At the top, it says 'DON'T BE A HEADCASE STOP CHECK FOR CONCUSSION' and 'Concussion Awareness'. Below that is a 'Welcome' banner. The main title is 'Concussion Awareness Players'. There are two images: one of a player on the ground and another of a team. Below the images, it says: 'Rugby is a contact sport. Your teammates and coaches depend on you to make yourself aware of the injury risks and raise questions or concerns about your suitability and fitness to play.' There is a 'Play Audio' button and a 'Select Next to continue.' prompt. At the bottom, there is a navigation bar with 'Quit', 'Settings', 'Menu', 'Trophy', 'Back', 'Page 1 of 28', and 'Next' buttons.

Coaches

The screenshot shows the 'Concussion Awareness Coaches' module. At the top, it says 'DON'T BE A HEADCASE STOP CHECK FOR CONCUSSION' and 'Concussion Awareness'. Below that is a 'Welcome' banner. The main title is 'Concussion Awareness Coaches'. There are two images: one of a coach talking to a player and another of a coach talking to a group. Below the images, it says: 'Select Next to continue.' There is a 'Play Audio' button. At the bottom, there is a navigation bar with 'Quit', 'Settings', 'Menu', 'Trophy', 'Back', 'Page 1 of 28', and 'Next' buttons.

Match Officials

The screenshot shows the 'Concussion Awareness Match Officials' module. At the top, it says 'DON'T BE A HEADCASE STOP CHECK FOR CONCUSSION' and 'Concussion Awareness'. Below that is a 'Welcome' banner. The main title is 'Concussion Awareness Match Officials'. There are two images of match officials. Below the images, it says: 'Select Next to continue.' There is a 'Play Audio' button. At the bottom, there is a navigation bar with 'Quit', 'Settings', 'Menu', 'Back', 'Page 1 of 28', and 'Next' buttons.

Teachers, Parents and Guardians

The screenshot shows the 'Concussion Awareness Teachers, Parents & Guardians' module. At the top, it says 'DON'T BE A HEADCASE STOP CHECK FOR CONCUSSION' and 'Concussion Awareness'. Below that is a 'Welcome' banner. The main title is 'Concussion Awareness Teachers, Parents & Guardians'. There are two images: one of a group of people and another of a group of people. Below the images, it says: 'Select Next to continue.' There is a 'Play Audio' button. At the bottom, there is a navigation bar with 'Quit', 'Settings', 'Menu', 'Trophy', 'Back', 'Page 1 of 28', and 'Next' buttons.

HEADCASE Resources

It is recommended that you read through the information relevant to your role in rugby before using the following resources:

[Assessment of concussion \(PDF 859kb\)](#)

- [Sport Concussion Assessment Tool 3 \(SCAT3\) \(PDF 535KB\)](#)
- [Pocket SCAT3 \(PDF 128kb\)](#)
- [Child SCAT3 \(PDF 444KB\)](#)

[Graduated Return to Play \(GRTP\) \(PDF 1.6MB\)](#)

[Headway Minor Injury Advice \(PDF 37KB\)](#)

[Community Rugby Injury Surveillance Project \(2012/13 season report\) \(PDF 640KB\)](#)

[Youth Injury Audit Report \(PDF 2MB\)](#)

[RFU Emergency First Aid course](#)

[RFU Immediate Care in Sport course](#)

[IRB Player Welfare and Concussion advice](#)

HEADCASE pitchside advice card. [Download here \(PDF 3.7MB\)](#), or to order free copies of this card please send your name, address and the amount needed to health@rfu.com

[HEADCASE changing room poster \(PDF 2.85MB\)](#)

[HEADCASE printer-friendly poster \(PDF 2MB\)](#)

[HEADCASE Resources](#)



The RFU's overarching player safety and wellbeing programme to support clubs, schools, colleges, universities and participants at all levels of the game.

It covers different elements of the game to ensure everything we can to make rugby as safe as possible.

High quality coaching, officiating, medical support and appropriate player behaviour in line with the core values all contribute to reducing the risk of injury occurring.

<http://www.englandrugby.com/rugbysafe/>

- Full details/descriptor will be sent out in the next few weeks
- RFU Emergency First Aid in Rugby Union course will be launch as on 1st August (with the booking centre taking bookings from the 3rd May). The process will be the same as booking CPD courses.
- £50 per person – this is very competitive with of other courses on the market that are the equivalent on the national framework (i.e. Emergency First Aid at Work or Level 2 Sports First Aid)
- Clubs/schools etc. are able to do other course however only the RFU course will be recognised on the GMS system