



## **Merrow Cricket Club**

### **Sun and Hot Weather Policy**

Please can all parents/guardians ensure the following when their child/children are attending training and/or matches with Merrow Cricket Club, especially when the sun is out.

- Hats need to be worn
- Plenty of water to drink
- Sun cream applied prior to the sessions, factor 30 +
- Cover up where possible

The coaches will ensure there are drink breaks and that, where possible, the children do the activities in the shade.

Merrow Cricket Club cannot not provide sun cream and will not apply sun cream. If the children have bottles in their bags then they must be able to apply it by themselves.

Please ensure the coaches are made aware of any issues regarding your child/children in the sun and wearing sun cream.

A full range of Merrow Cricket Club's policies can be found at [www.merrowcc.co.uk](http://www.merrowcc.co.uk). This includes e-safety and welfare policies.

*Updated February 2024*

*Version 3*