26<sup>th</sup> July 2016

## Berkshire Youth Cricket – Girls U11, U13 & U15 Development Sessions 2016

Dear Cricket Co-Ordinator / Parent,



The Berkshire Youth Cricket Programme gives every player in Berkshire a pathway to play cricket at the highest level they can achieve whilst also providing professional training for young cricketers. We are looking to give young players in Berkshire excellent basic skills that will give them a solid foundation from which to build their game moving into the future. The girls who attended last year's courses have shown a marked improvement in their skills and abilities. This, in turn, has helped to enhance the quality of the local club season, with some very tight and competitive high quality matches having been played.

For 2016/17 we are looking to work with a broad spectrum of players of all abilities and not just the ones that you might consider to be at, or close to, County (or Development) representative level at the present time. The aim of the Development course is to provide those interested girls additional coaching to improve their cricket which they can either take back to school or club or if they wish to progress further within the county system.

Due to the popularity and interest of these sessions we have now extended the development programme to include sessions for U15 girls. The Berkshire Cricket Development Programme will now be as follows for girls that fall into the respective age groups —

- U11 For girls born after 31st Aug 2005, school years 6 or lower
- U13 For girls born between and inclusive of 1<sup>st</sup> Sep 2003 to 31<sup>st</sup> Aug 2005 (school years 7 & 8)
- U15 For girls born between and inclusive of 1<sup>st</sup> Sep 2001 to 31<sup>st</sup> Aug 2003 (school years 9 & 10)

Berkshire Cricket's Development Programme starts with an 8 week pre-Christmas development course with the aim to develop a player's Batting, Bowling and Fielding through group coaching and games. The development courses are open to all girls of any ability who wish to improve their levels of cricket. The group session will be structures to accommodate respective abilities and experience so they are able to perform in an environment that is best suited to them.

Girls do not need to have full kit to attend these sessions but it is recommended that they do have at a minimum of a bat and batting gloves that is applicable to their age, height and strength. If they are selected to attend the winter nets post Christmas they will then need to look to have a full set of cricket equipment as they will start to be introduced to hard ball cricket – Bat, batting pads, batting gloves, thigh pads, helmet.

The course consists of 8 X 1½ hour sessions starting Sunday the 9th October 2016 running through until Sunday 11th December 2016 (no sessions over Half Term).

Session times are as follows –

- U11 and younger girls Sunday 9:00 -> 10:30
- U12 & U13 girls Sunday 10:30 -> 12:00
- U14 & U15 girls Sunday 12:00 13:30











As numbers are limited to how many we are able to manage in one session, It will be based on  $1^{st}$  come  $1^{st}$  serve.

At the end of the course the coaching team will identify the players with the potential to play representative cricket (County or Development) for Berkshire County Cricket Board. Those players will be invited to a 10-week post Christmas Winter Training Programme and then a further selection will be done for a summer squad to play within a programme of Inter-County and Intra-County cricket fixtures.



All the Sessions will be run at the Forest School, Winnersh and costs of sessions are £96 for the 8 week course. Please note on booking the session Berkshire County Board Membership must also be completed for the 2016/17 season.

To book onto the course please can the following two forms be completed

## Berkshire Cricket County Board Membership (£6 fee)

http://www.clubpay.co.uk/index.php?dispatch=products.view&product\_id=31949

## Girls U11, U13 & U15 development sessions (£96 fee)

http://www.clubpay.co.uk/index.php?dispatch=products.view&product\_id=31975

Only once confirmation has been sent to you, Berkshire County Board membership and Course payment has been taken you will then be guaranteed placement on one of the 3 course times.

All players that attend the session must read and agree to Berkshire Cricket's Code of Conduct which can be found in the <u>Players Handbook for 2016/1</u>7.

If you require any further information please do not hesitate to contact Neville Wallace (Neville.wallace@berkshirecricket.org) either about the course or payment options.

Kind regards,

Mark Allum.

Berkshire Youth Cricket Director.









