



Welcome to Garstang Hockey Club

We hope you enjoy your hockey in our lovely setting.
To help you find your way around etc, we've put together this guide.

Before You Travel

Please be aware we play in the grounds of a school and to protect students and their facilities, dogs are not permitted anywhere on the site. We love pooches but would respectfully ask you to ensure your club members do not bring them on to the site. Security camera's are operating and we will be challenged.

Getting Here

Garstang is a market town located by the A6 between Lancaster and Preston.
Postcode: PR3 1YE

Parking

Please use the Visitors (car park A) only and walk through the pedestrian gate to go down to the pitch using the footpath.

The Visitors car park is the first entrance on the left as you come down the hill from the Lancaster direction or the last entrance on the right just past the Academy's Main entrance if coming from the Preston direction.



The Main entrance car park B is for home team players.

Please do not attempt to drive to the pitch. It's single road with no passing places and snarls up very easily. It's also a busy area on Saturdays with young people walking to other clubs using the Sports Hall next to the pitch. The minimal parking is for those clubs session leads and where heavy equipment is to be dropped off or loaded.

Meeting Place

There is sufficient space for teams to meet and maintain social distancing at the same time. We'd recommend using the yard up the steps to the left of the Sports Hall building.

Changing Rooms

Currently out of use due to COVID but located in the Sports Hall building next to the pitch if required by exception for an individual.

Please use the Boys changing rooms.

Just head through the reception area and through the double doors.

Toilets (and showering facilities when COVID permits) are available in there.

During COVID, we are operating a one way system to the pitch so please follow the signs.

Warming Up On The Pitch

The pitch is available from 11:30am for 12 noon pushbacks. At all other times, the pitch should be available at least 15 minutes prior to pushback.

Warming Up Outside the Pitch

While the grass looks enticing, we'd ask that you don't wear your astro's if you use it to warm up, particularly when it is wet and muddy. Our pitch is very new and we want to keep it looking nice and in the best possible condition to ensure its longevity is maximised.

Pitch Entrance

- Please do not enter the pitch while a match is in play - wait until the teams have vacated
- Please check your astro's before entering and use the brush provided to remove any mud and debris.
- Hand sanitiser is provided should you have forgotten to bring your own.

Dugouts

Located along the back of the pitch.

Away team - nearest the wooded area

Home team - nearest the red bricked house behind the goal

Spectators

Spectators are not allowed on to the pitch at any time, regardless of the COVID situation. Seating is provided around the pitch and spectators are welcome to bring their own chairs to help them ensure they can maintain social distancing in groups of no more than 6.

Only players, umpires, coaches/managers and any necessary club members (e.g. match day delegates, physios, first aid) are permitted to remain on the pitch when a match is in play.

Rubbish

We'd be grateful if you could take this away with you after the match. Bins are provided.

Post Match Refreshments

During COVID and like many clubs, we will not be able to make provision for these at this time.

There is a drinks vending machine in the Sports Hall reception but we cannot guarantee it will be operating.

COVID-19 Officer

Club Officer: Sarah Skelton

Email: garstanghockeyclub@gmail.com

Mobile: 07815 018309

AS WITH EVERY OTHER CLUB IN THE LAND, PLEASE OBSERVE AND FOLLOW ENGLAND HOCKEY'S STEP 4/5 GUIDELINES AT ALL TIMES. THIS INCLUDES:

- Self check before leaving home
- Following the advice when travelling together
- Maintaining social distancing when the ball is not in play
- Not picking the match day ball up

If a member of your travelling team displays symptoms or tests positive within 14 days of the match, please contact our COVID Officer.

Enjoy your day and when you do come to leave, have a safe trip home.

Stay safe

Updated: 22/9/20