



GET FIT GET SOCIAL. PLAY O₂ TOUCH

Easy to learn, easy to play, touch rugby is non-contact, fast paced and perfect for both men and women at any level.



DATE: Every **FRIDAY** from 7th April until November

TIME: 18.30 – 20.00
Bar open from 4pm 'Happy Hour'

VENUE: Kettering Rugby Football Club
Waverley Road, Kettering. NN15 6NT
CONTACT: Doug Bridgeman
bridgemandoug@googlemail.com

Sign up: www.rfu.com/o2touch