

Club	Lincoln United Football Club	Activity	Training & Fixtures	Date:	03/04/2021
Location 1	Lincoln United Football Club	Address	Ashby Avenue, Lincoln, LN6 0DY	GPS Co-ordinate	38.178 N, 59.253 W
Location 2	Priory City of Lincoln Academy	Address	Skellingthorpe Road, Lincoln, LN6 0EP	GPS Co-ordinate	46.436 N, 25.989 W
Air Ambulance Landing Stations	Lincoln United Football Club – Hartsholme Cricket Club behind the football club. Priory City of Lincoln Academy – School playing field.				
Assessor	Chris Funnell (Director of Football) and Andy Mead (Club Secretary)			Ref No:	LUFC Risk Assessment
				Rev:	Version 4.0
Club Lead Name Role & Contact Number	Lee Griffin Chairman 07795 152650	Designated Safeguarding Person's Name & Contact Number	Gemma Bell 07525 775374	Venue Lead Contact Name & Contact Number	Lincoln United as per. Priory City of Lincoln Academy – Adam Fish 07709 619912
Teams Covered	Lincoln United FC – Men's 1 st team, men's development team, women's 1 st team, U18's, U17's, U16's U15's, U14's, U13's, U13 Whites, U13 Reds, U13 Girls, U12's, U12 Girls, U11's, U11 Whites, U11 Girls, U10's, U10 Whites, U10 Girls, U9 Girls, U8's, U8 Girls, Wildcats, Mini-Whites.				

Before Activity

HAZARDS	PERSONS AFFECTED	RISK			CONTROL MEASURES (List control measures that are provided and those required)	RISK		
		L	S	R		L	S	R
Social Distancing – 1m plus distancing from 05/08/2020 Risk of spreading COVID-19 between participants	Players, Managers, Coaches, Club Officials, Parents and Spectators	3	4	12	<ul style="list-style-type: none"> Managers are to plan sessions to promote distancing within training sessions where possible and keep players at a minimum of 1m distancing where allows and 2m distancing wherever possible. Sessions numbers are limited in accordance with the FA guidelines which are currently 30 individuals including the coaching team 	1	4	4

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					<ul style="list-style-type: none"> During sessions the handling of equipment should be kept to a minimum Only parents of U18 players should be spectating, they should be within sight of the session but should remain distant to keep separation of groups and, socially distanced of 2m from other U18 parent spectators. 			
Setting up before a session. Risk of spreading COVID-19 through contact with other groups and contaminated equipment	Players, Managers, Coaches	3	4	12	<ul style="list-style-type: none"> Managers to ensure their training areas are at least three meters away from another team within the area. Managers/coaches should ensure that all equipment is sanitized before a session using disinfectant wipes or sprays Managers/coaches should ensure they wear protective gloves when setting up the session or utilise provided hand sanitiser after touching equipment. 	1	4	4
Self-Screening by all participants. Risk of a participant turning up and spreading COVID-19	Players, Managers, Coaches, Parents & Spectators	3	4	12	<ul style="list-style-type: none"> Managers, club officials, players and U18 parents have been advised to stay away and self-isolate following government guidance should anyone have symptoms. Managers, club officials, players and U18 parents have been requested to inform the relevant club personnel if an individual test is positive for COVID-19. Managers and coaches to keep attendance records of each training session and fixture so a club led track and trace system can be implemented. Visiting teams will be required to ensure that anyone with symptoms, a positive test result does not travel to any fixture. Visiting teams will be required to complete a track and trace form for all attending visitors (club officials, management and players) prior to any fixture taking place All attendance (track and trace) documents shall be kept secure 	1	4	4

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					online for 21 days after each training session/fixture.			
During Training & Fixtures								
Match Officials Area within the ground	All Match Officials and FA Observers	3	4	12	<ul style="list-style-type: none"> Before the game, the match official will be taken to their changing room if available, after the game welcome to join for food in the social club if appropriate during Covid19. Pre match, half time and post-match drinks will be provided Toilet facilities are within the match officials changing room and should be only used by match officials which has toilet roll, soap and water and hand sanitizer supplied Changing rooms are cleaned after every match as well as every Monday The club will provide two / three cleaned match balls to the match officials prior to the game. Payment – can be done via BACS transfer or cash which will be agreed with the match official before match days 	2	2	4
Players and Parents Area Risk of contracting COVID-19 from surrounding areas.	Players, Club Officials, Coaches, Parents and Spectators	3	4	12	<ul style="list-style-type: none"> Players should bring their own drinks bottle which should be named if possible. U18's parents/spectators are to remain in a designated viewing area and are to remain 2m apart which will be communicated with the guidance sent out. The use of toilet facilities is overseen by the Priory City of Lincoln Academy and participants and spectators are to follow the facilities operations. 	2	2	4
Training equipment Risk of spreading COVID-19 through handling of	Players, Managers, Coaches, Club Officials, Parents and Spectators	2	4	8	<ul style="list-style-type: none"> Managers should ensure that all equipment is sanitized before and after a session using disinfectant wipes or spray. Use of bibs must be kept to a minimum and only used when they are able to be washed between sessions. All goals are to be wiped down prior to use. 	1	4	4

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equipment.					<ul style="list-style-type: none"> Players should be encouraged not to pick the balls up to minimize hand contact – goalkeepers may pick the ball up with gloves on but will be encouraged after the session not to wear the same pair of gloves for 48 hours after the session. 			
<p>Players</p> <p>Risk of contracting or spreading COVID-19 through behaviors of the players</p>	Players, Managers, Coaches, Club Officials, Parents and Spectators	3	4	12	<ul style="list-style-type: none"> Players are encouraged to bring their own hand sanitizer, sun cream and medication. Players should be encouraged not to pick the balls up to minimize hand contact – goalkeepers may pick the ball up with gloves on but will be encouraged after the session not to wear the same pair of gloves for 48 hours after the session. Wear the appropriate footwear Players should wear shin pads at training sessions and fixtures, senior players that choose not to train with shin pads do so at their own risk. Players should not touch equipment wherever possible. If they do touch equipment, they should sanitize their hands straight after. Promote social distancing wherever possible. If a club member (official, management, player or parent) or member of the said 'club members' family shows symptoms including a continuous cough, high fever or a loss of sense of taste and smell please stay away from the club and follow government guidance. If a coach suspects a player is showing signs and symptoms, they may send a said 'player' and family away from the session. Spitting and handshakes are not permitted. 	1	3	4
<p>First Aid</p> <p>Risk of spreading or contracting COVID-19 whilst</p>	Players, Managers, Club Officials, Parents and Spectators	3	4	12	<ul style="list-style-type: none"> All managers are first aid trained First aid kits disposable masks, sanitizer gloves (if not already included), plastic glasses or goggles and disposable aprons. First Aid update for Covid precautions to be provided to managers and first aiders. 	1	4	4

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administrating First Aid.					<ul style="list-style-type: none"> Senior teams club physios need to wear disposable masks and gloves, as a minimum, at all times during contact with an injured player. Senior players are only permitted to have contact with the physio if they have a genuine injury concern. 			
Facilities Risk of spreading or contracting COVID-19 through the facilities we use.	Players, Managers, Coaches, Club Officials, Parents and Spectators	3	4	12	<ul style="list-style-type: none"> Training facilities and junior fixture facilities are owned by Priory City of Lincoln Academy and as such Lincoln United Football Club will follow the guidance and precautions implemented. Lincoln United Football Club to receive a copy of Priory City of Lincoln's COVID-19 action plan the facilities. Lincoln United Football Club will encourage minimal use of the facilities other than toilet facilities which should only be used by one person at a time. Senior teams when playing at Ashby Avenue will have spectators in-line with FA and government guidance. Senior teams when playing at Ashby Avenue will be restricted to a maximum of 6 players and 2 management staff in the changing room at any one time providing social distancing can remain in place but remain closed during stage 1 of the return to football FA/DCMS roadmap. Senior teams when playing at Ashby Avenue will be restricted to three players in the showers at any one time, players will be encouraged to shower once they have been withdrawn from the field of play but remain closed during stage 1 of the return to football FA/DCMS roadmap. Senior teams when playing at Ashby Avenue will be encouraged to complete their match-day team-talk outside of the changing room environment. Hand sanitizer, soap, toilet roll and other requirements will be 	1	4	4

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					<p>provided in each changing room and around the facilities (boardroom, etc).</p> <ul style="list-style-type: none"> Ashby Avenue's boardroom will be restricted to 6 members at any one time but can increase to 8 with the use of the secretary's office and in the kitchen. 			
Facilities Risk of spreading or contracting COVID-19 through the facilities we use (Marquee)	Players, Managers, Club Officials, Parents and Spectators	3	4	12	<ul style="list-style-type: none"> Players to use the marquee which has removable sides for the flow of fresh air. Numbers will be limited at any one time but a maximum of 6 at the same time. Marquee will be sanitised before and after use. 	1	4	4
Arrival Risk of spreading or contracting COVID-19.	Players, Managers, Coaches, Club Officials, Parents and Spectators	4	4	16	<ul style="list-style-type: none"> All teams (home and away) to complete a team and club official register and retain the information for a minimum of 21 days. If any club member (player, manager, etc) have any signs or symptoms the must stay away from either venue and follow government guidance. Parents should wait/spectate in the designated area at Priory City of Lincoln Academy (training venue and junior fixtures). Spectators will be eligible to watch the senior teams at Ashby Avenue in line with government and FA guidance. U18's parents to sign a consent form for first aid and will be briefed on our procedures. Copy of FA Affiliation, Liability Insurance and Risk Assessment with Safeguarding policy available for all club members to view. 	1	4	4
Sessions Risk of spreading or contracting	Players, Managers, Coaches, Club Officials, Parents and Spectators	3	4	12	<ul style="list-style-type: none"> Players should undertake training and listen to the strict instructions given to them during sessions by their coach. Everyone should continually promote social distancing where possible, especially outside of physical practices. 	1	4	4

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COVID-19.					<ul style="list-style-type: none"> Coaches to supply hand sanitizer at the beginning and after the session. Coaches will always promote good hygiene and hand sanitizing measures. 			
Breaks Risk of spreading or contracting COVID-19.	Players, Managers, Coaches, Club Officials, Parents and Spectators	2	4	8	<ul style="list-style-type: none"> Players should bring their own drinks bottle which should be named if possible. Players are still to social distance on breaks. Whilst on a break, U18's parents should still keep their distance from the players A designated breaks area should be identified. 	1	4	4
After Activity								
Leaving Risk of spreading or contracting COVID-19.	Players, Managers, Coaches, Club Officials, Parents and Spectators	3	4	12	<ul style="list-style-type: none"> Players will return to their "safe area" collect their belongings and sanitiser their hands Club members/coaches will manage the leaving procedure in-line with the respective facilities guidance and one-way systems. 	1	4	4
Post Session Risk of spreading or contracting COVID-19.	Players, Managers, Coaches, Club Officials, Parents and Spectators	2	4	8	<ul style="list-style-type: none"> All equipment should be sanitized using disinfectant wipes or sprays 	1	4	4
Pitch Area Risk of spreading or contracting COVID-19.	Players, Managers, Coaches, Club Officials, Parents and Spectators	2	3	3	<ul style="list-style-type: none"> Ensure all litter is cleared away using gloves to remove any litter. Ensure each respective facility maintains their pitches in good condition suitable for youth football. 	1	3	3
Equipment Risk of spreading or contracting COVID-19.	Players, Managers, Coaches, Club Officials, Parents and Spectators	2	3	6	<ul style="list-style-type: none"> All equipment should be sanitised before and after training using disinfectant wipes or sprays. Equipment should be checked for any signs of damage or sharp edges. If not suitable the equipment should be disposed of. To be secured at all times checked by a coach and/or official 	1	3	3

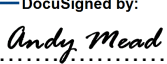
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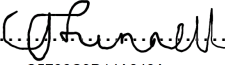
					<ul style="list-style-type: none"> To be pumped up and left in equipment area only - nowhere else. 			
Collision Injuries including Bruising Breaks Fractures Loss of consciousness	Players, Managers, Coaches, Club Officials, Parents and Spectators	4	3	12	<ul style="list-style-type: none"> Clear areas where players will play football. First aid qualifications up to date for staff members. First aid update information sheet to be issued to all first aiders within the club Accident report sheet to be completed 	3	2	6
Contact Injuries including Bruising Twists Breaks Fractures	Players, Managers, Coaches, Club Officials, Parents and Spectators	3	3	9	<ul style="list-style-type: none"> Clear areas where players will play football. First aid qualifications up to date for staff members. First aid update information sheet to be issued to all first aiders within the club Accident Report Sheet to be completed 	3	2	6
Physical Assault including Punching Kicking Spitting	Players, Managers, Coaches, Club Officials, Parents and Spectators	2	2	4	<ul style="list-style-type: none"> Coaches to be trained for these situations Ban offenders from participation/watching Any incidents must be reported at the earliest opportunity to the welfare officer All Players made aware that spitting is not permitted. 	2	2	4
Physical Injuries including Muscles Tears Muscle Pull Twists Sprains Breaks Fractures	Players, Managers, Coaches, Club Officials, Parents and Spectators	3	3	9	<ul style="list-style-type: none"> Appropriate warm up to take place by a training staff member with social distancing in place. First aid qualifications up to date for staff members Suitable first aid kit equipment available First aid update information sheet to be issued to all first aiders within the club Accident Report Form to be completed 	3	2	6
Verbal Assault including Bullying Rumors and Insults	Players, Managers, Coaches, Club Officials, Parents and Spectators	3	2	6	<ul style="list-style-type: none"> Coaches and staff are trained in controlling and working with spectators/players to educate and reduce foul play Any incidents must be reported at the earliest opportunity to the welfare officer 	2	2	4
Safeguarding	Players, Managers, Coaches, Club	3	3	9	<ul style="list-style-type: none"> Any incidents must be reported at the earliest opportunity to the 	3	2	6

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	<p>Officials, Parents and Spectators</p>				<p>welfare officer</p> <ul style="list-style-type: none"> • Ratios identified by the FA should be adhered to at all times. • Managers are to note that these are exceptional circumstances and they could be the first contact the players have had for a long time and as such should be extra vigilant in noticing welfare issues and continually check in on the players. • Managers should talk to and explain to the children rules and what is required and try to relax the children before the initial training sessions as they may be nervous/anxious about a return to training. • Welfare officer should be used if anyone is unsure or any issues arise. • All manager/coach/committee member DBS are in date and accepted by The FA • All manager/coach/committee member Safeguarding Training is up to date. • Contact information of the Club Welfare Officer and information of how to report concerns is distributed to all members of the club. 		
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The above control measures have been implemented

Lincoln United FC Secretary  Date 4/5/2021
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Lincoln United FC DoF  Date 4/5/2021
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LOW RISK (Score 1-6)	May be acceptable, however, review task to see if risk can be reduced further
MEDIUM RISK (Score 8-10)	Task should only proceed with appropriate consultation with specialist personnel and HS&E team. Where possible the task should be refined to take account of the hazards involved or the risks should be reduced further prior to task commencement
HIGH RISK (Score 12-25)	Task must not proceed. It should be redefined further control measures put in place to reduce risk. The controls should be re-assessed for adequacy prior to work commencement.

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RISK RATING = Likelihood (L) x Severity (S)		HAZARD SEVERITY (S)				
		1	2	3	4	5
		Negligible Negligible injury, no absence from work	Slight Minor injury requiring first aid treatment	Moderate Injury leading to a lost time accident	High Involving a single persons serious injury/death	Very High Multiple serious injuries/death
1	Very Unlikely A freak combination of factors would be required for an incident / accident to result	LOW	LOW	LOW	LOW	LOW
2	Unlikely A rare combination of factors would be required for an incident /accident to result	LOW	LOW	LOW	MEDIUM	MEDIUM
3	Possible Could happen when accidental factors are present but otherwise unlikely	LOW	LOW	MEDIUM	HIGH	HIGH
4	Likely Not certain to happen but an additional factor may result in an incident/accident	LOW	MEDIUM	HIGH	HIGH	HIGH
5	Very Likely Almost inevitable that an incident / accident would result	LOW	MEDIUM	HIGH	HIGH	HIGH

Likelihood

How often could the hazard occur? Consider the task, frequency, duration, method of work, employees involved.

Severity

How serious would the hazard's effects be if realised? Consider the type of hazard, biological, ergonomic, physical and chemical.

Risk = Likelihood x Severity

E.g. Likelihood (4) X Severity (3) = 12 **HIGH RISK**

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