

Rugby Physiotherapy Covid-19 Policy

- Consultations are now by appointment ONLY.
- Please be aware that availability is very limited so please only request a consultation if you have a genuine need.
- Access to the physiotherapy clinic is only available to those who have paid subs.
- If you require a physiotherapy consultation you must fill in and submit the online pre assessment form, confirming that you have no symptoms / not isolating and giving a brief description of your problem. If you would prefer a phone consultation, please state this with your phone number.
- You will then be invited to book a clinic date and will be contacted by the physio team with an allocated appointment time.
- Please wait in your car / outside until your appointment time.
- Your temperature will be checked on arrival and you will be asked to use hand sanitiser.
- The physiotherapist will be wearing PPE (mask, apron and gloves).
- You are asked to wear a mask or face covering.
- Please attend alone (unless under 16, in which case your accompanying adult will also need to complete the online screening form).
- Please avoid touching anything unless you have to.
- The toilet facilities are open but please advise the physiotherapist if you use them so that they can be cleaned afterwards.
- Appointment times are staggered to reduce contact and allow time for cleaning in between each attendance.
- You will be expected to maintain social distancing where possible whilst on the club premises.
- **On the day of your appointment if you or a member of your household has any symptoms please cancel the appointment, the physiotherapist will do the same.**

These guidelines are subject to change in line with government and RFU advice.