



COVID-19: STAGE E COACHING RISK ASSESSMENT

RISK: Spread of Covid-19

WHO CAN BE AFFECTED:

- Coaches, Players, club members and visitors to your club.
- Vulnerable groups – elderly, pregnant workers, those with existing underlying health conditions.
- Anyone else who physically comes in contact with training groups/individuals

CLUB NAME:

ELLINGHAM & RINGWOOD RFC

COMPLETED BY:

MARK JOHNSON

DATE COMPLETED:

2ND DECEMBER 2020

Managing, preventing and controlling risk

The HSE requires businesses, including sports clubs and venues, to identify management responsibilities with regard to managing risks and to put contingency plans in place.

If the club has direct employees then someone competent should be appointed to help meet health and safety duties and take responsibility for controlling any identified risks. This person could be inside or outside of the club or venue. For all clubs, we recommend that someone takes responsibility for coordinating the management of risk and keeps records of the steps taken to mitigate these (businesses with five or more employees are required to keep records of any significant risk and this is good practice for all businesses).

Go to https://www.englandrugby.com/dxdam/78/788f6506-2041-4b1c-b064-a1c663280119/STAGE%20E_GuideAdaptedToContact.pdf for a detailed guide.

Action to be considered	Action taken (to be completed by the club)
Hand washing facilities with soap and water in place	SOAP AND WATER AVAILABLE IN THE PLAYERS' TOILETS (CLUB TOILETS CLOSED AT TRAINING)
Stringent hand washing taking place	PLAYERS ADVISED TO WASH HANDS REGULARLY AND THOROUGHLY
Gel sanitiser readily available and used regularly	SANITISER STATIONS PLACED ON THE ENTRANCE TO AND EXIT FROM THE PITCH
Equipment cleaned and disinfected before and after use	A BUCKET OF SOAPY WATER IS USED TO REGULARLY CLEAN BALLS (EVERY 15 MINS) TACKLE SHIELDS ARE CLEANED WITH SOAPY WATER OR ANTI-BACTERIAL SPRAY BETWEEN USE
Minimise sharing of kit / equipment	SHIELDS ARE LIKELY TO SEE MORE USE IN STAGE E – COACHES MUST ENSURE PADS AND OTHER CONTACT EQUIPMENT IS WASHED OR SPRAYED DOWN BETWEEN EACH USE
Equipment stored securely	ALL EQUIPMENT IS STORED IN A LOCKED SHED

No sharing of water bottles	PLAYERS ARE INFORMED TO ONLY USE OWN WATER BOTTLES
Physical contact limited	NO SCRUMS, NO MAULS. PERMITTED CONTACT IS LIMITED TO 2 X 10 MINUTE BLOCKS IN TRAINING
No hand shaking	✓
No huddles	✓
Coach / Player ratio (recommended)	U7 1:6 / U8 1:8 / U9 – U18 1:10 / ADULT 1:15
If space allows, increase social distancing between players during heavy exertion	MAXIMUM OF 30 PLAYERS IN ANY ONE GAME. PLAYERS TO BE ENCOURAGED TO KEEP TO A MINIMUM OF 1M. PREFERABLY 2M DURING BREAKS, BRIEFINGS AND ANALYSIS
Is there an effective action plan in place to deal with someone with suspected symptoms, should it be necessary?	CLUB RETAINS RECORDS OF ALL ATTENDEES AT TRAINING
Is there a test & trace system in place?	PLAYERS (OR PARENTS) MUST SELF CERTIFY USING THE ONLINE FORM. THE INFORMATION IS MANAGED BY EACH SECTION OF THE CLUB
Ensure guidance signage is clearly visible	THERE IS EXTENSIVE SIGNAGE AT THE CLUB
Inter-club fixtures from 18 th December	POLICIES ON PLAYER INTERACTION AND USE OF CHANGING FACILITIES TO FOLLOW