



SOUTHAMPTON HOCKEY



Come and play Junior Hockey on Sunday mornings with training from 4th September through to 30th April 2023, from 9.00am to 10.30am. Junior Home matches will be played at Southampton Sports Centre (SO16 7AY), between 10.45am and 12 noon.

Sessions will be run by SHC experienced coaches for players aged from 5 years to 16 years from 9.00am to 10.30am. Boys and girls of all abilities are welcome.

Academy training is available for experienced 9 years to 13 years on Wednesday evenings 6.00pm to 7.30pm (Invitation only).

Men (13+) who want to play Saturdays train on Wednesday evenings from 7.00pm to 8.30pm.

Ladies (13+) who want to play Saturdays train on Wednesday evenings from 7.30pm to 9.00pm.

Back to Hockey for Adults runs from 6pm to 7.30pm every Tuesday in April, everyone is welcome even if you have never played before.

We can supply:

- ✓ sticks and balls (gum shield and shin guards are recommended)
- ✓ first three weeks of free hockey coaching on Sunday mornings
- ✓ the opportunity to join a family Hockey Club



Please contact Sue Merry (☎ 07889296649) or ✉ juniors@southamptonhc.org)



www.southamptonhc.org

Find us on  facebook.com/southamptonhc



@southamptonhc