## **UCC GIRLS & LADIES CRICKET**



MORE THAN 160 GIRLS & LADIES TAKING PART

TRAINING ACROSS 3
NIGHTS A WEEK

COMPETITIONS

COMPETITIVE & FRIENDLY MATCHES TAKING PLACE
DESIGNATED FEMALE COACHES



There are over 150 women and girls at Upminster Cricket Club enjoying the game. With reception and years 1-3 training on a Friday night, year 4-6 on a Monday night and year 7+ and ladies training on a Tuesday night, led by level 2 qualified female coaches.

Whilst our U9 girls have started the season with friendlies, competitions and leagues we have entered for the older girls and ladies include:

**U9 Central Softball** - A mixed softball league with the girls playing two years down (U11 girls), 8 aside, 20 overs, terriers format.

**U9 Havering League** - A mixed league with the girls playing two years down (U11 girls), 10 aside, 20 overs, terriers format.

U10 and U12 Central Softball League - Girls only softball league, 10 aside, 20 overs, terriers format.

**U11 Havering League** - A mixed league with the girls playing two years down (U13 girls). 10 aside, 20 overs, terriers format.

**U13 Central Hardball League** - A great introduction for girls wanting to play hardball cricket in a girls only league, generally played 8 aside, 20 overs, terriers format.

**U13 Havering League** - A mixed league with the girls playing two years down (U15 girls) and an introduction to the standard format of cricket, 11 aside, 20 overs.

**U13 and U15 Essex League** - County competition with the winner of each group playing in the final to progress to the Sunrisers finals against a club side from Middlesex, the winner of which feeds into Sunrisers regional final. 9 aside, 16 overs.

ECB U13 and U15 National T20 Cup - A national knockout cup competition, 8 aside, 20 overs.

**UCC Windmill Whack – Women's Edition** - An interclub softball competition comprising of 5 franchises, 10 aside, 20 overs, terriers format.

**Essex Softball Series III** - After topping the league in 2021 and playing in the finals at the County ground in 2022, the ladies softball team are back for their third year in this Essex competition. Played on a round robin basis with each of the 4 clubs in each group staging one round of games. 6 aside, 9x4 ball overs, terriers format.

**Essex Women's Premier League (EWPL) division 2** - Established this year the second division of the EWPL is designed to be a pathway for ladies teams in their infancy to take a step into longer format fixtures. 9 aside. 30 overs.

We are always on the look out for new members and welcome all abilities from complete beginners to experienced players. Please do get in touch if you would like to come along to training for a trial session or two before making your mind up as to whether to join this fun and social cricket club.

For more details please contact age group managers listed below:

Reception & Year 4 – Vicky Waters (07764 491781

Year 1&2 - Anna O'Dell (07834 689917)

Year 3 – Keziah Dewar (07801 818921)

Year 5 - Sinead Taylor (07957 541710)

Year 6 - Tinus Stander (07786 077080)

Year 7 - Katy Barrett (07795 057011)

Year 8+ & ladies - Angela Green (07958 325290)