

## **Use of Changing Rooms and Showering Facilities Policy**

This Policy applies to the arrangements to be made for adults, and children, using changing facilities. Clubs should make arrangements so that children and adults do not use the same changing facilities at the same time.

## Principles to be adopted, wherever possible, are as follows:

- 1. Adults must not change, or shower, at the same time using the same facility as children if the same changing room is used then they must have staggered changing times.
- 2. Team Manager and Captains are responsible for ensuring both the home and away changing rooms are left in an acceptable clean and tidy condition.
- 3. Players must not leave any playing kit in the changing rooms as the facilities are in constant use.
- 4. Mixed gender teams must have access to separate changing facilities.
- 5. Due to the risks of inappropriate photography or filming, mobile phones must not be used in changing rooms.
- 6. If children are uncomfortable changing or showering at the club, no pressure should be placed on them to do so. Suggest instead that they may change and shower at home.
- 7. Junior coaches to conduct team talks and match de-briefs on outfield and not in the changing rooms unless two adults/coaches are present.
- 8. Under no circumstances must the changing rooms be used for sleeping overnight by any players or members.
- 9. All items are left at owners' risk, key codes locks are fitted to home, away and umpires' rooms ensure doors are closed and locked when not in use.
- 10. Key for changing rooms can be signed out from bar but must be signed back in at the end of the day.