



COVID-19: PRACTICAL COACHING RISK ASSESSMENT

RISK: Spread of Covid-19

WHO CAN BE AFFECTED:

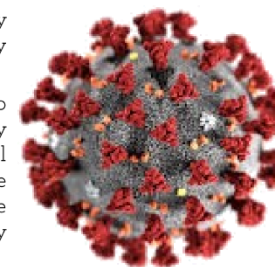
- Coaches, Players, club members and visitors to your club.
- Vulnerable groups – elderly, pregnant workers, those with existing underlying health conditions.
- Anyone else who physically comes in contact with training groups/individuals

CLUB NAME:	Wilmslow RUFC Memorial Ground, Kings Road, Wilmslow SK9 5PZ
COMPLETED BY:	Tony Smith, Junior Chair
DATE COMPLETED:	March 2021

Managing, preventing and controlling risk

The HSE requires businesses, including sports clubs and venues, to identify management responsibilities with regard to managing risks and to put contingency plans in place.

If the club has direct employees then someone competent should be appointed to help meet health and safety duties and take responsibility for controlling any identified risks. This person could be inside or outside of the club or venue. For all clubs, we recommend that someone takes responsibility for coordinating the management of risk and keeps records of the steps taken to mitigate these (businesses with five or more employees are required to keep records of any significant risk and this is good practice for all businesses).



We recommend that all coaches / venues complete a Covid-19 specific risk assessment. Look at how this might apply to your club / coaching sessions, continue by identifying the hazards that are the real priorities in your case and complete the table to suit your environment. This template is to be used as a guide to completing a full risk assessment at your venue in order to safely open up your club. This is not an exhaustive list and we highly recommend that you complete a full risk assessment for your venue and review on a weekly basis.

Covid-19 is a biological hazard, and like any workplace hazard, appropriate control measures will need to be put in place to reduce the risk of someone being infected. Normally, the goal is to eliminate hazards where possible; however, unlike a faulty piece of equipment, the virus cannot simply be removed. Instead, the aim is to introduce suitable and sufficient control measures to reduce the risk of contracting the virus to as low a level as is 'reasonably practicable'. In other words, precautions should be implemented, but the time, cost and effort involved in implementing a control measure should be reasonable, when compared to risk posed by what you are controlling.

If you have any queries visit the RFU Insurance Centre www.englandrugbyinsurance.co.uk. RFU HELPLINE: 0121 698 8001. RFU 24 hour Legal Helpline 0330 3031877.

Things to consider

- You should keep a register of anyone attending a training session to help manage "track and trace" if an infection is reported by someone present.
- Care should be taken with regard to sharing of equipment and other items, such as water bottles. Handling shared items and then touching the face is one way the virus spreads.
- Potentially there is a risk of increased droplet spread when breathing hard during exercise or moving quickly, compared to when people are breathing normally and are stationary or moving slowly. It is sensible wherever possible to maximise the distance between people when doing training.
- Have you considered how COVID-19 affects how you would administer first aid? St John's Ambulance provides advice on what to consider at <https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/>
- Remember your safeguarding policy. It is important that everything you do is aligned with existing policies intended to protect members, coaches and employees.
- Finally, what do you do if someone is not complying with the actions you've taken to manage the risks of COVID-19? It is sensible to have agreed actions to deal with unacceptable behaviour before an incident occurs.

What are the hazards?		Transmission of COVID-19
Who might be harmed?		Facility users, staff, volunteers, visitors and the wider community
No	Controls required	Action Taken by the Club
Facility Capacities		
	Have you determined the safe capacity of your field of play and grounds for both organised rugby activity and off-pitch activities (subject to the Rule of 6 or as a group made up of two households), accounting for social distancing, legal gathering size limits and supervision ratios where applicable?	Pitch capacity determined to hold at least 120 players including all pitches at the club + 3 pitches at Jim Evison Field. Per Stage D coaching activity guidance coaches will manage group size according to coach:player ratios, by age group Club coaching staff briefed.
Organised activities		
	Have you reviewed playing guidance and made suitable adaptation to your approach to practice and matches?	Coaches & managers briefed before 29 th March (coaches) and before matches start (team managers). Coaches have circulated RFU return to rugby guidelines to members & parents (Stage D1 & D2) including reminders of: <ul style="list-style-type: none"> - No sharing of water bottles or food - No huddles - No handshakes - Minimal contact unless explicitly guided by coaches
	Have you reviewed supervision ratios and adapted group sizes for supervised children's activities accordingly? Have you ensured safeguarding procedures are being followed, even under COVID restrictions?	All applicable safeguarding procedures remain in place. DBS checks complete & current. Coach:player ratios remain as per RFU guidance
	Have you assessed and implemented control measures for preventing spectators (with limited exceptions – see guidance)?	No spectating at stage 1b (29 th March). Parents requested to drop & collect only (no spectating) as part of return-to-rugby correspondence from coaches.

People Management and Communication		
	Establish what restrictions are in place for your venue location including restrictions on gathering size limits in line with the UK Government Roadmap and ensure your control measures are appropriate.	Restrictions in place for indoor and outdoor facilities. No spectating is permitted.
	Self-screening of individuals before they arrive at the venue to ensure individuals displaying COVID symptoms or those who should be shielding do not travel or attend.	Club players and opponents to be advised of guidance in advance of any friendly games.
	Ensure that NHS Test and Trace data collection system is in place and that it is compliant with Information Commissioner's Office guidance.	Signs available in multiple locations Attendance lists mandatory before playing in coaching and match settings.
	Ensure that your NHS QR Code poster has been produced and displayed for use by visitors.	QR Code available and visible in multiple places
	An assessment of user numbers, space capacities, venue circulation and layout planning to maintain social distancing.	Pitch capacity evaluated for maximum numbers to be accommodated in Step 1b.
	A plan for where parents and players will sit whilst watching rugby activities.	No spectating permitted in Step 1b.
	Signage and communication so that all participants and visitors (including spectators) are aware of the control measures in place and how to act appropriately to minimise the risk of transmission of COVID-19.	Signage in place
	Staff and volunteer training to support the implementation of the plan, with suitable training records.	Copy of this risk assessment sent after live (zoom) briefing.
Buildings		
	Assess ventilation in your building (natural and mechanical) and take appropriate measures to maximise ventilation and minimise risk of transmission.	n/a – indoor facilities will not be in use except for toilet access. Signage in place to maintain social distancing
	Assess the maximum occupancy of your rooms in order to ensure Social Distancing can be maintained, and establish a suitable circulation system / one-way system. Use signage and floor markings to communicate this.	n/a – indoor facilities will not be in use except for toilet access. Signage in place to maintain social distancing
	Assess the arrangement of seating areas to maintain social distancing and minimise the risk of transmission.	n/a – indoor facilities will not be in use except for toilet access. Signage in place to maintain social distancing
	Consider your wet weather plans and describe what actions you will take to maintain social distancing in wet weather.	n/a – indoor facilities will not be in use. Rugby coaching / matches will be cancelled in the event of severe wet weather
Social and Hospitality Areas		
	Have you ensured your social and hospitality areas will remain closed?	Yes – signs in place
Hygiene and Cleaning		
	Develop an appropriate cleaning plan	Coaches & team managers briefed in line with RFU guidance on live zoom calls. Guidance reinforced to members & parents as part correspondence from coaches.

	Materials, PPE and training that you have provided to your staff for effective cleaning.	Available at the club and at point(s) of exercise
	Provision of hand washing facilities with warm water, soap, disposable towels and bin.	Toilets will remain open with signage in place
	Provision of suitable hand sanitiser in locations around the facility to maintain frequent hand sanitisation.	Available at the club
	Provision of suitable wipes and hand sanitiser on the field for Hygiene Breaks.	Available at the club
	What are the hazards?	Other venue hazards to be considered after temporary closure such as Legionnaire's Disease, fire, electrical safety etc.
	Who might be harmed?	Facility users, staff, volunteers and visitors
	Controls required	Action Taken by the Club
Preparing Your Buildings		
	Consider the risk of Legionnaire's disease and carry out necessary work to make your water supply safe for users. Refer to the specific guidance in the document above.	Risk assessment completed by Club Manager.
	Check that routine maintenance has not been missed and certification is up to date (e.g. Gas safety, Electrical Safety and Portable Appliance Testing, Fire Safety, Lifts and Heating – Ventilation and Air Conditioning).	Risk assessment completed by Club Manager.
	Check that your ground is ready and safe to play. Look at what work is required and how this can be done safely at a social distance.	Risk assessment completed by Club Manager.
	What are the hazards?	Vital first aid equipment is not available when needed. First aiders do not have adequate PPE to carry out first aid when required.
	Who might be harmed?	First aiders, facility users, staff, volunteers and visitors
	Controls required	Action Taken by the Club
First Aid		
	Check that your first aid kits are stocked and accessible during all activity.	Available & checked by Club Manager. Coaches & Team Managers have first aid kits.
	What steps have you taken to improve your first aiders' understanding of first aid provision under COVID?	Covered in pre-coaching briefing (coaches) and pre-match briefing (team managers) https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/
	If you have an AED then check that it is in working order, service is up to date and that it is available during all activity.	n/a
	What are the hazards?	Pitches or outfield are unsafe to play on
	Who might be harmed?	Players, officials, ground staff
	Controls required	Action Taken by the Club
Preparing your grounds		
	Safety checks on machinery, sightscreens and covers.	Check as part of routine maintenance plan

	Check and repair of any damage to pitches and outfields.	Check as part of routine maintenance plan
	Check and repair of any damage to practice facilities	Check as part of routine maintenance plan
	What are the hazards?	Use this space to identify hazards at your venue
	Who might be harmed?	Use this space to identify who might be harmed
	Controls required	Action Taken by the Club
	Identify your own control measures required.	n/a