HEATHFIELD & WALDRON RUGBY FOOTBALL CLUB



Guidelines for dealing with a First Aid incident/accident

- Stay calm but act swiftly and observe the situation. Is there a 1. danger of further injuries?
- Listen to what the injured person is saying. 2.
- Alert the First Aider who should take appropriate action for minor 3. injuries.
- In the event of an injury requiring specialist treatment, call the 4. emergency services:
 - Give all details as requested by Ambulance Control
 - Specify location of incident (including precise pitch location)
 - Send additional person to meet and direct ambulance from entrance.
- Deal with the rest of the players and ensure that they are 5. adequately supervised and reassure them that the casualty is safe and being cared for.
- Do not attempt to move someone with major injuries. Wait for the 6. emergency services.
- Contact the injured person's parent/carer (details with Team 7. Manager/Coach).
- Complete and incident/accident report form (Folder behind bar in 8. the clubhouse).