



Bristol Cricket Club Womens' **and Girls' Winter Coaching**

For Women and Girls (Under 13s and over)

Dates - Sun 7 Jan to Sun 24 Mar 2024 (excluding two half term Sundays)

Times - 6.30pm to 7.30pm

Venue – Shine Sports Hall, Brecon Rd, Henleaze, BS9 4DT

Coach – Rob Jones, an experienced Level 2 ECB coach who has played and coached at Bristol CC for 20 years.

Cost - £50 for the 10 sessions

Equipment – all kit, bats, balls, etc will be provided

Contact – Rob Jones at robhino009@live.co.uk or Kevin Blackburn at krblackburn1968@gmail.com if you are interested or have any questions.

You don't have to wear cricket specific kit; please turn up in any sports kit you feel comfortable in.

The emphasis will be on having fun, being active, and being competitive, gradually learning the basic skills of cricket in an enjoyable way.

We will use a mixture of soft balls such as wind balls and hard balls (cricket balls and semi-hard balls) which will be totally dependent on the level of the player and the suitability for them. The emphasis is on learning the basic skills in a fun and competitive environment.