



## WITTON ALBION FOOTBALL CLUB

## WITTON ALBION ELITE

**WEEKLY SPECIALIST COACHING COURSES (Under 7s - U18s)** 

Small Group and One to One Football Coaching sessions designed to develop quality committed players to the next level in their development. We are offering the following:

- Player Assessment
- High Quality Coaching Sessions
- Will not affect current club commitments
- Tailor made to player's individual needs
- Strengthening and conditioning
- Nutrition and diet advice

- Specialist Goalkeeper Coaching
- Open to players from any football club
- Indoor Interactive football workshops
- > Fitness for football Sessions
- Team tactics and Systems of play
- > Rules of the Game

Player details:

Name:	DOB:
Address:	
Current Club:	