

Southern Lions Rugby Union Football Club

26th Annual Senior Presentation Dinner

SOUTHERN LIONS



UNDER SEVENS 2010

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CLUB SPONSORS	
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PROGRAMME OF EVENTS	
MC – Jeff Astfalck	
Arrival	1815hrs
President's Welcome	1830hrs
Food	Starters / Mains 1830hrs
Presentations	from 1845hrs 1. U16s 2. U18s 3. Womens 4. 2nd XV 5. 1st XV
Food	Dessert 2100hrs
Presentations	Club Awards, Special Presentations & Thank You's from 2115hrs
After	Music - DJ

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CLUB AWARDS	
Champion Club Player 2013:	Isaiah Pedersen
Club Member of the Year:	Wendy and Chris Johanson
Best Player On and Off the Field:	Tanya Leituala
Most Promising Club Player:	Teegan Minkley
Most Promising Junior:	Eli Greaves
Most Consistent Club Member:	Samantha Holt
President's Service Award:	Jamie Dickson
Hard Man Award	Norton Beech



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CLUB AWARDS	
Membership Awards	
<u>15 Years:</u>	Luke Napier
<u>10 Years:</u>	Mark Carmichael Jake Wood
<u>5 Years:</u>	Ronan O'Shea Jason Caruana Isaiah Pedersen Kurt Delome Declan Pegum

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REPRESENTATIVE PLAYERS	
National Indigenous U18s:	Thomas Ashworth
State Ladies:	Jess Nei Ngarotata Day Olivia Arahanga Kim Thornton
State Schoolboys U18s:	Isaiah Pedersen
U16 South:	Walt Ungerer Eli Greaves Chris Jordan

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TEAM AWARDS			
Award	First XV	Second XV	Under 18's
Best and Fairest	Cody Walker	Hayden Smith	Leon "L2" Terblanche
Most Consistent	Dawid van Sittert	Michael Cairns	Henry Kay
Player's Player	Cody Walker	Tom Warner	Teegan Teegs" Minkley
Most Improved	Bronson Hokai	Tom Warner	Liam Eastwood
Most Points	Irwin Swinny	Mark Carmichael	Teegan Teegs" Minkley
Best Defender	N/A	N/A	Viliami "Will" Tuipulotu

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TEAM AWARDS		
Awards	Women's XV	Under 16 XV
Best and Fairest	Lita Atutolu	Isaiah Kuru
Most Consistent	Fa'afetai Viane	Walt Ungerer
Player's Player	Kim Thornton & Jessica Ngarotata	Michael McGann
Most Improved	Tanya Leituala	Oliver Cox
Most Points	Cheyenne Campbell	
Most Committed	N/A	Cameron Scoles

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TEAM AWARDS	
Awards	Silver Lions
Best and Fairest	Nehmiah Melson
Man of the Year	Jamie Dickson
The Double Hard Bastard Award	Sean Bence



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2013 COACHES AND MANAGERS AND CLUB PHYSIO	
Team / Position	Name
U6 Coach	Sam Nunn
U6 Manager	Steve Pilton
U7 Coach	Andrew Van Der Merwe
U7 Manager	Lisa Van Der Merwe
U8 Coach	Wayne Jessop Nigel Battams
U8 Manager	Jenny Jessop
U9 Coach	Richie Bassett
U9 Manager	Julie Ashby
U10 Coach	Ronald Atkin
U10 Manager	Kylie Atkin
U11 Coach	Cody Walker
U11 Manager	Rhonda Walker
U12 Coach	Gus Oosthuizen
U12 Manager	Ken Richardson
U13 Coach	Frank Jennings
U13 Manager	Sam Holt
U14 Coach	Sorel Louw Jaco Fourie

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2013 COACHES AND MANAGERS AND CLUB PHYSIO	
Team / Position	Name
U14 Manager	Natalie Arrindell
U15 Coach	Teri Lamatoa
U15 Manager	Terry Eastwood
U16 Coach	Matt Whaiapu Vincent McGann
U16 Manager	Peter Scoles
U18 Coach	Mike Karatau Myles Pedersen
U18 Manager	Paul Turnbull Karen Eastwood
Ladies Coach	John Leach Trent Thompson Kevin Thornton
Ladies Manager	Tanya Leituala Kelly Taukulis
1 st Grade Coach	Kevin Venning
2 nd Grade Coach	Chris Chapman John Caulfield Pete Mastroeni

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2013 COACHES AND MANAGERS AND CLUB PHYSIO	
Team / Position	Name
Physio	Simon Cummings Kerry Penhaligon

"A HUGE thank you to all the coaches, managers and physios who made the 2013 season run so smoothly. Without the generous donation of your many hours we couldn't have the continued success that we enjoy. Thanks again and here's hoping that you all stay around for 2013".

Mike Penhaligon
(President and RugbyWA Life Member)

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2013 SEASON COMMITTEE	
President	Mike Penhaligon
Vice President (Snr)	Ronan O'Shea
Vice President (Jnr)	Samantha Holt
Secretary	Sharon Cable
Treasurer	Bradley Harwood
Accountant	Bradley Harwood
Registrar (Snr)	Ronan O'Shea
Registrar (Jnr)	Sandy Schultz
Grounds Manager	Ronald Atkin
Club Captain	Irwin Swinny
Sponsorship	Vacant
Equipment Manager (Snr)	Vacant
Equipment Manager (Jnr)	Matt Szydlowski Marius Botha
Junior Liaison Officer	Storme Smith

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2013 SEASON COMMITTEE	
Canteen Manager	Mary / Clara Ward
Media Coordinator	Simon Gie
Club House Coordinator	Wendy Johanson
Merchandising Officer	Samantha Holt
Coaching Coordinator	Terry Eastwood
Silver Lions Coordinator	Jamie Dickson
Social Coordinator	Vacant

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2013 Season Review

In 2013, SLRUFC competed in the 1st Grade Championship, 2nd Grade Championship, U18's Premier, U16's and Women's competitions.

Seniors Review

by Kevin Venning

Often the commentary around teams that are not performing or not getting the right results is described as “going through a rebuilding phase”, before the realists destruct it to be simply an excuse.

We haven't been rebuilding but more of a transition to catch up with the rest of the local competition. A lot of players that have been with the club for many years are moving onto those responsible duties like parenting ... however coming into the club myself as one of the many new ones, those senior players have been invaluable with their knowledge and experience.

The influx of new players from the recruitment drive has been rewarding in that they have brought down their friends, colleagues and family to play and

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support. Some have gone straight into the 1XV, some happy to help out 2XV but all have been committed and competitive.



Results have demonstrated that there's a new coach, many new players and a pretty big delay in the season start training wise. Within the Championship, it's made up of competitive and ambitious clubs and the goal of finals rugby ever present. Couple this with the change in structure of rugby in WA and the hope of getting up towards a Premiership level means our opposition are training hard, playing hard and aiming high, something we have to do next season.

Whilst our results have been disappointing the performances in the second half of the season have

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given squad hope in keeping some of the top sides to scoreless halves, but with a shortage of depth in some key positions and the superior fitness of our opposition some score-lines have blown out due the games being two halves!

The two main objectives I set out with at the beginning of 2013 were to ensure the club was not grouped with the Bunbury/ Swans level at the bottom of the table and secondly to bring much more youth into the club and 1XV.

Well ... Bunbury have dropped a league so we're not grouped in with them now, but on a serious note the youth that are coming through at Southern Lions is fantastic. To utilise some of the U18's in our bench later in the season we managed a backline with an average age of 19 and a whole lot of gas.

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If the same core playing group starts early next season with a constructive pre-season, the future looks a whole lot brighter. The players are used to the coaches and with a greater level of fitness we will be competitive in 2014.

U18s Review

by Myles Pedersen

In the Off-Season we attended two local 7's tournaments with the lads finishing 2nd in both comp's to Kalamunda and Wanneroo. The commitment shown by several club members towards 7's training was 2nd to none and saw 16 year old Isaiah Pedersen compete for the Rugby WA Academy

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in the Margaret River 7's completion, scoring the winning try in the plate final.

This stood the lads in good stead to having strong pre-season hit-outs with all players getting good game time whilst the coaching staff tested combinations.

The boy's hit the ground running come Rd. 1 away against Joondalup with a squad of over 26 which comprised of 16 backs and 10 forwards & only narrowly fell short. The following week the boys had a bye then geared up for competition favourites, Perth Bayswater. Baysie were up 17-13 at the break, the boys then put their bodies on the line scoring 25 unanswered points, running away with the game 38-17.

Then the dreaded injury Curse hit the squad & predominantly in the forward pack then spread into the backs. Coaches had to utilize up to 7 backs in the forward pack over the next five weeks against mostly top teams. The team was there about at most breaks however got into a habit of fading away when trying to close out matches and went 0-5.

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About this same time we had Isaiah Pedersen, Will Tuipulotu, Ivan Wright, Matt Turnbull, Justin Foster and Tom Ashworth all selected in the State School Boys 35 man training Squad and training extremely hard, but all picked up further injuries during state training with the worst being winger Ivan Wright for 10 months.

It wasn't until round 9 when order was restored the boys travelled to Joondalup and scored a very comfortable 26-7 win and were on a high. Next match saw the boys put 21 unanswered point on Kala in the 1st half. Much to coaches and managers surprise Kala may or may not have put 8 U20's on to the pitch for the 2nd spell and the final score was 21-5 which turned out to be a good hit-out in the end.

Rd. 10 saw the high flying Wanneroo come to Success and the boys were ready for battle leading 17 -13 at the break. However it wasn't to be, leaking 3 unanswered tries in the 2nd spell letting the game slip away.

Next game we travelled to Baysie and in a very physical match with our boys conceding at least 15kgs

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per man found space running away 41-13 winner's with our big fleet-footed winger, Will Tuipulotu scoring a hat-trick of tries.

The following three weeks saw little rugby played with Kalamunda forfeiting, then Pally teaching the young Lions a rugby lesson then again Associates forfeiting against us.

The next two games saw the Lions throw away half time leads, giving away an easy try or two in the 2nd spell to loose tight matches against Mandurah away and Wests at home.

The final round robin match (game 18) saw a great game of rugby at home with Lions sharing a 17 all draw with the much fancied Joondalup brothers who had a similar up and down season like the Lions.

The 2013 U18 Lions finished 6th equal in one of the strongest 18's competitions in the history of Western Australian Rugby.

A big thank you to all coaches, managers, medical staff and players for an unforgettable year. From the same

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group a very big thank you to the club for their support.

U16s Review

by Peter Scoles

Season 2013 began with our tour to Kuala Lumpur to attend the Cobra Schools 10s Tournament. We had a touring group of 16 players and many parent supporters. Despite having to adapt to the new 10 aside game and the oppressive heat we finished up creditably as Runners-Up in the Plate Division. A great result and to the credit of the team and the club who left a terrific impression on the organisers for our talent and sportsmanship. Hopefully this tour can become an annual event for future Southern Lions U 16s.

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Following KL our Perth team was fortunate to pick up a further six new players for the season giving us a regular squad of 24. Good numbers really as many clubs are struggling for players in this age group due to a large dropout rate and also the private schools competition.

Our forward pack showed massive potential and through the season seriously challenging all the opposition teams. They bonded as a pack as the season progressed and went from strength to strength.

Our backs were down on numbers all season which made it difficult to maintain a regular settled backline.

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On the occasions when we were able to field our full backline we again had the ability to match the majority of the opposition.

In our matches through the season we lead all the teams involved in this year's finals but unfortunately never maintained this lead and failed to be in front at the final whistle. We finished up in fifth place just outside the finals. On reflection with the size and talent in our squad this probably meant we did not reach our full potential in 2013 but if we can maintain the player group in season 2014 either as a possible U17s team or the U18s format, there are better things ahead.

Well done to all involved and special congratulations to our State and Academy players on your selections.

Big thanks to the new coaching staff Matt and Nathan.

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Women's Review

by John Leach

A special thanks to the club for the awesome support they have given our ladies team, our sponsor and supporters and all the people who helped build this team.

It's been a hard road for our ladies. We have had many new ladies come to the game all with varied work and other commitments. This has made it hard for us to knit as a team, putting a strain on our experience players, who stepped up strongly. It's been an up and down year due to the loss of some key players due to injuries and lack of confidence but the team gathered its wits and contested strongly all year.



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This year was all about learning and enjoying the game, setting a solid base for us to start from next year. We started as individuals, developed into a team and now are a family. The ladies have come a long way from where we started and I know our team committee are very proud of what we have achieved, both individually and as a team. We have developed a good solid base and gained respect from other clubs. We can only go forward from here and be a force to be reckoned with.



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Silver Lions Review

By Jamie Dickson

At the end of last season we only had 5 players left. We were big in spirit but not in numbers.

This year, well what a difference with 28 paid up players. We have raised over \$7,000 in sponsorship and fundraising events to go towards the World Vintage rugby carnival that is being held Perth in 2014.

We have gone from being one of the weakest sides in our league rarely being able to represent ourselves to one of the strongest, if not the strongest team in the league. Not that we take score but we are rarely beaten. The sportsmanship and spirit shown for the game is second to none.

When ever asked to help out or do something there are always plenty of hands, granted it might take a couple of emails gradually getting more arsy but we always come together and enjoy whatever we are doing. The social side of the team is building fast with social days throughout the season.

Unfortunately, we have had some bad injuries this season - from snapped Achilles to separated

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shoulders. You tell these guys that they are not 18 anymore but it falls on deaf ears. For me one of the best signs that we have a strong team is that those injured players still come to the games and support the team. My hat goes off to you.

This year we are starting afresh, with a new team and a new attitude. One of the things we are introducing is our end of season awards. We have opted to have 3 awards, which will be duly given. They are Player of the Year, Man of the Year and Double Hard Bastard of the year - all voted for by the team. Now I just wanted to clear something up, there is rumour in the team that I came up with the Man of the Year Award just so I could get an award. To be honest if you have seen me play you would know I've got no chance of ever getting player of the year and I'll leave the double hard bastard awards for those who still think they are 18 which leaves only one. In all seriousness, I am hoping it will give incentive for others to step up in the future and make our team stronger.

There are several reasons we have grown so fast and so strong,

1. The club, what a great venue we have with grounds and a clubhouse that many a player go away praising.

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2. The committee and there 100% support behind the silver lions, you have made it easy for us to grow.
3. Wendy on the bar and the ladies in the canteen who as well as helping out on our own carnival, work tirelessly to make the club a more welcoming environment.

Two players that need a special mention, Ronald Atkin who supported the change to the team, came up with most of the ridiculous rules we live our rugby lives to, chose the England colours for our team polo's (he obviously recognised we would be 60% pom) and his craftsmanship on the teams most valued of treasures the man of the match lions paw. Thanks also goes to Brett Woodhill aka "Dog Wash" for being the voice of the team, with his calming effects and keeping the team playing in the spirit of the game. Although I am pretty sure I can remember him telling everyone to smash Cottesloe but we all know that they don't count. Finally, thanks to the team as a whole, considering hardly any of us knew each other this time last year we have grown so much. Team spirit built and friendships formed. It's only because of you guys that this has happened. It's an honour and a pleasure to be in the same team as you

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For the Silver Lions and the club there is only one-way from here, onwards and upwards.

I hope I can speak on behalf of the team for this. We are proud to be "The Silver Lions" and we are proud to be a part of the Southern Lions rugby club.

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Thanks to the Organising Committee

Irwin, Tanya, Sam, Ronan, Wendy, Chris, Mike and
Loon

And those who helped

Dan Hutton, Kingsley, Tony Clifton, Bar Staff

*_

SEE YOU ALL AT
COCKBURN ROAR TOUCH
and for **SEASON 2014**

GO THE LIONS
PRIDE OF THE
SOUTH

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Club Song

To the tune of "Oh When the Saints"

All: O' When the Souths,
Come marching in,
O' when the Souths come marching in,
How I want to roar with the Lions!!
(ALL ROAR)
O' when the Souths come marching in,

Captain: O' WHEN THE SOUTHS!

Team: O' WHEN THE SOUTHS!

Captain: COME MARCHING IN!

Team: COME MARCHING IN!

All: O' When the Souths come marching in,
How I want to ROAR with the Lions!!
(ALL ROAR)
O' When the Souths come marching in.