

RugbySafe Lead



Purpose

Player Welfare, and making rugby as safe as possible, is the joint responsibility of all involved in the game. It is important that good practice is embedded across all clubs to support the promotion of a proactive approach to player welfare and safety.

Key aspects of the role

1. First Aid / Immediate Care Pitch-side Provision

Review the club risk assessments and RFU's recommended minimum levels of immediate care (IC) and/or first aid (FA) guidelines to identify what level of first aid/immediate care is needed. Create a plan to ensure that every training session and match is covered by an appropriately qualified First Aider/Immediate Care Practitioner.

2. Training & Equipment

Organise training to ensure all appointed first aiders are trained and up-to-date with an appropriate level of qualification in line with RFU guidelines (e.g. RFU Emergency First aid in Rugby Union course). Manage the stocking and general maintenance of first aid supplies and equipment, making sure the first aid equipment and kits are suitable for the level/amount of activity and those trained to use it.

3. Emergency Action Plan

Along with our key personnel in the club, develop an Emergency Action Plan to ensure there is a clear process in the event of an incident/injury. Develop a process to ensure that these procedures are known and understood amongst appropriate individuals in the club.

4. Reporting

Ensure there is process in place to keep records of player medical conditions, monitor injuries and report incidents/injuries as they happen in line with RFU regulations.

5. RugbySafe

Utilise the RFU's RugbySafe scheme and guidelines (e.g. management of concussion), work with other key personnel (e.g. coach coordinator and safeguarding officer) to support wider best practice and ensure that all club volunteers and parents are aware of how to support player welfare.

Is this the role for you?

If you are practical, organised and have a passion for making sure that rugby is played in a safe and enjoyable environment with player welfare at the heart, this could be the role for you.

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