



Selby RUFC First Aid Policy

Selby Rugby Union Football Club recognises that in a physical contact sport, such as rugby, injury can occur. The Club will seek to ensure that appropriate first aid resources are available at all games and training sessions.

The Club has adopted the RFU Policy on First Aid (Ref. RFU Managing Rugby) which states:

The RFU recommends that a first aider is present at all matches and training sessions, the club is responsible for checking that the qualifications of those people are up to date and are appropriate for the task(s) they are responsible for.'

To support this policy, we will:-

- Encourage volunteers to achieve basic first aid certification through attendance of club organised training courses.
- Ensure that all First Aiders are DBS checked through the RFU.
- Ensure that a First Aider is in attendance during youth fixtures and training sessions.
- Ensure additional First Aiders are on site for festivals.
- Provide first aid kits for each youth team, in addition to the clubhouse facilities. Each kit will be maintained by the team manager or First Aider who will request stock replenishment when required, from the First Aid Coordinator.
- Ensure that the club maintains a medical treatment room and access for paramedics, when in attendance.
- Ensure that each team manager completes and maintains appropriate records of such incidents and complies with RFU reporting requirements in delivering these to the Safeguarding Officer, in good time.
- Continue to acknowledge that for potentially serious injuries the aim of first aid is to keep a player safe until emergency services or appropriate professional attention is available.