Code of Conduct for Players

At Ipswich RFC players are expected:

- To attend regularly for training and matches.
- To arrive in good time for each session.
- To inform their coach if they have to leave before the end of a session.
- To pay attention and participate fully in all activities.
- To arrive with the appropriate kit for training and matches.
- At matches to remain in team group when not on the field.
- To generally behave in a manner which brings credit to Ipswich RFC.
- Play because you want to do so, not to please coaches or parents.
- Remember that teamwork, respect, enjoyment, discipline and sportsmanship are the key concepts.
- Be attentive at all training and coaching sessions.
- Work equally hard for yourself and your team both will then benefit.
- Recognise good play by all players on your team and by your opponents.
- Be a sportsman win or lose.
- Play to the Laws of the Game and accept, without question, all referees' decisions.
- Control your emotions. Verbal or physical abuse of team mates, opponents, or match officials is not acceptable.
- Treat all players, as you would like to be treated. Do not interfere with, bully or take advantage of any player.

Code of Conduct for Parents/ Guardians and supporters

At Ipswich RFC Parents/Guardians (and any others who attend with them) are expected:

- To ensure players arrive in good time.
- To maintain communication with coaches about schedules and fixtures.
- To show respect for officials and other players.
- To encourage in your support.
- To be courteous to all.
- To applaud good play.
- To verbally support in a proactive manner.
- To remember that children are playing for their own enjoyment.
- To enjoy the day and transmit that enthusiasm to the players.
- Not to force your child to play.
- Not to stray onto the pitch at any time.
- Not to verbally abuse match officials, remember they are volunteers.
- Not to verbally abuse players or other spectators.
- Not to use bad language.
- Not to threaten or intimidate.
- Not to become involved in physical aggression.
- Not to do anything which is likely to offend by way of insult, humiliation, or discrimination.
- To behave in a manner which brings credit to Ipswich RFC, and to ensure players do likewise.
- Stay, watch and support the youngsters on a Sunday morning. We are not a babysitting service so please don't drop your child off and leave unless you have informed one of the coaches in advance.

Code of Conduct for Coaches and Officials

At Ipswich RFC Coaches and Officials are expected:

- To arrive on good time to ensure they are ready to carry out activities on schedule.
- To be supportive of all Club policies.
- To meet their commitment to the Club and make suitable arrangements for any absences.
- To prepare adequately for the activities they run.
- To promote a disciplined sporting attitude showing due respect within their activities.
- To be open to discussion and resolution of problems or concerns of any player or parent.
- To support and help with the organization of the Club.
- To submit a CRIB application promptly when requested.
- To promote the wellbeing and safety of participants before the development of performance.
- To develop an appropriate working relationship with player based on mutual respect and trust.
- To ensure all activities are appropriate to the age, experience and ability of participants.
- Promote the positive aspects of rugby and fair play.
- To display consistently high standards of behaviour and appearance.
- To follow all guidelines laid down by the RFU.
- To attain the appropriate qualification for the activities.
- Never to exert undue influence over players for personal benefit or reward.
- Never to condone rule violations or rough play.
- To behave in a manner which brings credit to lpswich RFC, and to ensure players and parents/guardians do likewise.