

#AUWFC



THE WOMENS FA CUP

ABINGDON UNITED WFC VS LEYTON ORIENT WFC



**SUNDAY 6th
OCTOBER 2019**

2pm Kick off

**THE NORTHCOURT
ABINGDON**

FREE ADMISSION

WELCOME TO THE NORTHCOURT FROM THORPY

Welcome back to The Northcourt for today's FA Cup tie against Leyton Orient WFC and a big welcome to their Players, Staff and Supporters.

We are all really excited for today's match against a strong Leyton Orient side who are rightly favourites in the match but shows how far we have come as a club that we are looking forward to these types of matches and feel we can give a really good account of ourselves.

Since my last notes we have lost narrowly on the road away at AFC Bournemouth, I felt we competed really well against a good side just couldn't get the ball in the net at key times but overall I was very pleased with effort of the players, I really don't see anyone running away with league and think there will be plenty of twists and turns in the league.

I hope to see many of you here today cheering on the team it makes such a difference to both me and the players and know our fantastic support really inspires the girls. We hope to put on an entertaining and hopefully positive performance.

Enjoy the game **Thorpy**





CAPTAINS LOG: ABBIE & NELL

What's your thoughts on Sunday just gone; It's been a tough one to take with the result against Bournemouth last week, however there are many positives to. As you can see from the match stats it was a very even split throughout the 90 minutes. We will be looking forward to playing them at home as we believe we can get a better result. Everyone dug their heels in to get something out of the game but unfortunately it just wasn't our day. We will bounce back stronger than ever ready for the tough fixture against Leyton Orient.

This Sunday in the FA cup:

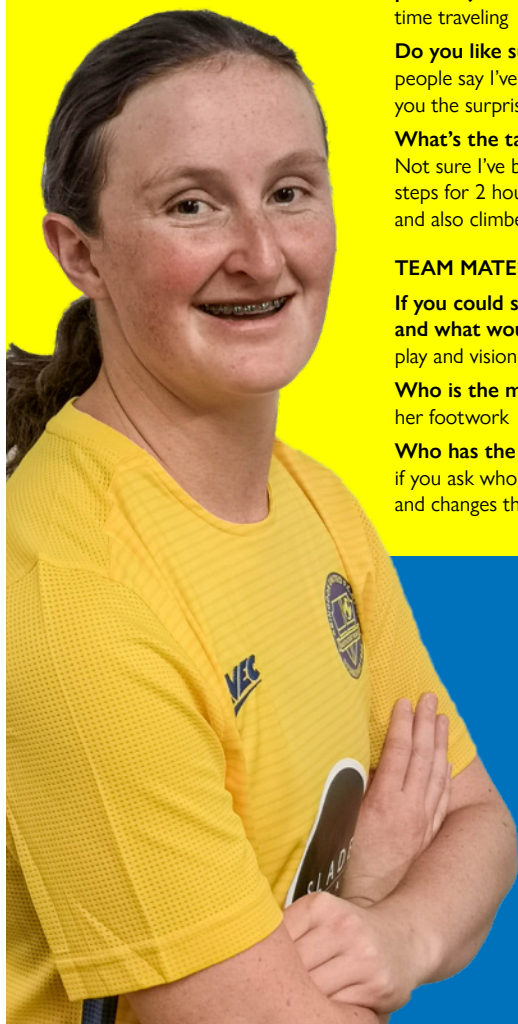
We don't think there is any better way to bounce back than a home fixture in the FA Cup. As a team this is the furthest round we have reached in this competition, so the motivation is stronger than ever to try and progress through and get our name in the hat for the next round. We know Leyton Orient WFC have had a fantastic start to the season so we are well

aware that this is going to be a tough game for us, but occasions like these are the reason that we play football. As a Club, we have worked hard over the past few years to make sure we are challenging ourselves week in week out, and this has been shown in our progression through the leagues to get to where we are now. Challenges like last Sunday are ones that we relish as a team, and as players games like these don't get any more exciting for us!

Our manager James Thorpe shared a stat with us both after the Sunday defeat which we think needs to be called out. Bournemouth was only our 4th defeat in a league game since we became Abingdon United Ladies football club. It just goes to show all the hard work we have put in and will continue to pay off. Myself and Nell would just like to say a big thank you to our wonderful supporters who fill us home and away each week. We will need you more than ever to get through to the next round of the FA cup!



GETTING TO KNOW AMY PIPE IN 10 QUICK QUESTIONS.....



THE FOOTBALL STUFF

Favourite Team? Liverpool

Favourite Player? Steven Gerrard

PERSONAL

If you could share a meal with any 4 individuals, living or dead who would they be? Steven Gerrard, Albert Einstein, Russell Howard and Christopher Nolan

What's your favourite non-English food? Pizza

Would you rather win the lottery or work at the perfect job? And why? Lottery - then I could spend more time traveling

Do you like surprises? I love surprises but I hate it when people say I've got a surprise for you then proceed to tell you the surprise

What's the tallest building you've been to the top in? Not sure I've been up any tall buildings but ive walked up steps for 2 hours to get to the Fushimi Inari shrine in Japan and also climbed Table Mountain in South Africa

TEAM MATES

If you could steal a trait off a squad member who's and what would it be? I would say Chivers, for reading play and vision.

Who is the most technically gifted? I think Rosie with her footwork

Who has the best dress sense? I can't say dress sense but if you ask who has best boots I'd say Kizz as she switches and changes them often.



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UTOPIA DISCO

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LEYTON ORIENT WFC



Leyton Orient WFC was established in the summer of 2015 when Leyton Orient and KIKK United agreed to rebrand KIKK United. KIKK had been founded in 2005 by two Swedes and in their decade in existence had won five promotions to move up to the top tier of the regional leagues, the London and South-East Regional Women's Football League Premier Division (LSERWFL). Leyton Orient had previously had a women's team and a successful girls' Centre of Excellence (with Arsenal and England striker Danielle Carter, a notable graduate) until these were disbanded around the start of the decade. Several current Orient players came through that girls' academy.

Orient WFC's inaugural season in 2015-16 was chronicled by Carrie Dunn in "The Roar of the Lionesses" with Orient third on the back of a strong finish as well as capturing their first

trophy, the Mayor's Cup. In 2016-17, the team started the season with a remarkable sequence of ten wins from their first ten games, all without conceding a goal. That blistering form continued such that Orient were crowned LSERWFL champions with two games in hand and secured promotion to the FA Women's Premier League (now the FA Women's National League) Division 1 South-East. As well as retaining the Mayor's Cup, the Os then defeated Crawley Wasps in the LSERWFL Cup final to make it a memorable treble. In 2017-18, the Os' finished third in their first season at the national league level and in 2018-19, Orient were Isthmian Cup champions. Carrie Dunn's sequel, "The Pride of the Lionesses", to be published on October 7, has the Os' 2018-19 season as one of the narrative strands. The Os' currently lie third – with goals scored the differentiator - in the FA Women's National League Division 1 SE.



LEYTON ORIENT RESULTS



RESULTS

29/09/19	Leyton Orient	3 - 0	AFC Basildon
22/09/19	Actonians	0 - 2	Leyton Orient
15/09/19	Stevenage	1 - 3	Leyton Orient
08/09/19	Leyton Orient	5 - 0	Norwich City
01/09/19	Enfield Town	1 - 1	Leyton Orient
25/08/19	Leyton Orient	4 - 3	(AET) Cambridge United
18/08/19	Leyton Orient	5 - 1	(HT 2-1) Cambridge City



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ABINGDON UNITED WFC

Colours: Yellow and Blue

Sophie Kirby
Heather Young
Bethany Hawtin
Steph Carrick
Touria Koudoua
Kelly Talbot
Sahara Osborne-Ricketts
Abbie Smith
Nell Boxall
Amy Chivers
Rosie McCabe
Charlotte Deeley
Molly Lygo-Jackson
Kiera Isaac
Amy Pipe
Katie Totton
Karima Elouath
Sadie Timbs
Olivia Day
Suzie Maton

Head of Women's Football: Adam Wood
(abingdonunitedwfc@gmail.com)

Manager: James Thorpe

Outfield and Fitness/Rehabilitation Coach:
Gina Ianniello-Phillips

Goalkeeper Coach: Megan Thorpe

Women's Team Treasurer: Steve Watts
(auwftreasurer@gmail.com)

Club Secretary: John Blackmore
(secretaryaucf@virginmedia.com)



LEYTON ORIENT F.C.

Colours: Red and White

1. Naomi OGUNDE (gk)
2. Ria COLLINS
3. Connie MONTIEL
5. Danielle GRIFFITHS (c)
6. Jasmine AUGUSTE
8. Egle TREZZI
10. Hayley BARTON
12. Demi BROWN
14. Lisa HOLMBÄCK
15. LEYRE BASTYR
16. Ellie STENNING
17. Francesca ALI
18. Sophie Le MARCHAND
21. Latoya SMITH (gk)
24. Paige ANDERSON-JAMES
25. Otesha CHARLES
26. Cheryl ANDERSON
29. Lareace THOMAS

Referee: Andrew Bell

Assistant Referees:

Ian Herrington & George Armstrong