



# Llay Welfare Football Club Presents



**START**

## The Flat Tyre 60 Cycle Sportive

Start and Finish : LLAY WELFARE

**Finish**

1st July  
Doors Open 7:30am to Register  
Ride Starts 9a  
60 Miles £20  
40 Miles £15

Then Pasta Meal Back  
At Llay Welfare

The Route Will be  
Marshalled and  
Sign Posted on  
The day, Maps  
will be issued on  
the Day also,



There will be  
Showers and  
Changing Rooms  
Available on the  
Day

There will be a  
Recovery Vehicle  
on hand on the day

To Reserve your Place (pay on the day)  
Phone or email Keiron Fox, Llay Welfare FC  
Chairman  
On: 07912363333 or  
[Keiron@keironfox.wanadoo.co.uk](mailto:Keiron@keironfox.wanadoo.co.uk)

There are some Challenging  
Climbs on the route to Ruthin,  
Corwen, Llangollen Horse-  
shoe, Then back to Llay.

Feed Stations at Half way  
Point at Ruthin Football  
Club