



West Lothian Youth Foundation
wlyf.org.uk

BUILDING YOUR FOUNDATION

A series of specialist courses concentrating
on perfecting your field positions

1

DOMINANT DEFENDERS

Learn vital skills to stifle opposition attacks, be composed on the ball and transition your team from defence to attack

2

MIDFIELD MAESTROS

Master a range of passing techniques and increase your awareness as you look to be the conductor for the team mates around you

3

SUPERSTAR STRIKERS

Increase your goal scoring opportunities by practicing the movements, anticipation, technique and composure needed to take the chances that come your way

To apply, simply complete the Application Form overleaf
For further details please contact West Lothian Youth Foundation
on 01506 417000 or email info@wlyf.org.uk

Supported by
Foundation Partners

XCITE



west lothian
college

West Lothian
Council

Current 'Building your Foundation' classes for 2004s, 2005s, 2006s, 2007's:

All sessions to begin week beginning 10th September 2018
and will run for 14 weeks, until week beginning 10th December 2018

Livingston 3G		Xcite Broxburn	
Dominant Defenders	Tuesdays 5pm-6pm	Dominant Defenders	Thursdays 5pm-6pm
Midfield Maestros	Tuesdays 6pm-7pm	Midfield Maestros	Fridays 5pm-6pm
Superstar Strikers	Thursdays 6pm-7pm	Superstar Strikers	Fridays 6pm-7pm

Sessions cost **£3 per person per session**
14 week block payment can be made for £36 (getting 2 sessions for free)

Application Form

Please print clearly in black ink

Name	<input type="text"/>		
Address	<input type="text"/>		
	Post Code	<input type="text"/>	
Contact Tel No 1	<input type="text"/>		
Contact Tel No 2	<input type="text"/>		
Email Address	<input type="text"/>		
Age	Date of Birth	<input type="text"/>	
Club (if any)	<input type="text"/>		
Medical Conditions (including dietary requirements)	<input type="text"/>		

* If you would like to be contacted regarding upcoming events and updates from the WLYF please tick this box

* If you are happy for your data to be securely stored by WLYF tick this box - we won't share your data

* To give permission for your child to be photographed or filmed for WLYF promotional purposes, please tick

Course/s and Date/s	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Course/s and Date/s	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Signed	<input type="text"/>			

* For information on our GDPR Policy, please go to www.wlyf.org.uk/data-protection

Payment Methods

Block Bookings payments can be by cheque, made payable to **West Lothian Youth Foundation**, or via Bank Transfer made payable to: **West Lothian Youth Foundation | Sort Code - 09-01-28 | Account No – 20158803**. Cash for Block Bookings can only be accepted in special circumstances. Weekly payments can be paid in cash.



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Working with West Lothian's young people

c/o Livingston Football Club, Tony Macaroni Arena, Alderstone Road,
Livingston EH54 7DN | Tel 01506 417000 | info@wlyf.org.uk | www.wlyf.org.uk



West Lothian Youth Foundation is a Charity Registered in Scotland No. SC042721