



**Cobham Avorians Cricket Club**  
Founded 1928

## **CHANGING ROOMS and SHOWERING POLICY**

**(The word 'children' should be taken to mean all persons under the age of 18)**

- Adults must not change or shower at the same time using the same facility as children.
- Adults should try to change at separate times to children during matches i.e. when padding up.
- If adults and children need to share a changing room facility, the Club must have consent from the parents/carers that their child(ren) can share a changing room with adults in the Club.
- If children play for adult teams, they and their parents/carers must be informed of the Club's policy on changing room arrangements.
- Mixed gender teams must have access to both the male and female changing rooms.
- Mobile phones **must not** be used in the changing rooms.

**N.B.** If children are uncomfortable changing or showering with others at the Club, no pressure should be placed on them to do so. Encourage them to do this at home.