

SPENBOROUGH & DISTRICT ATHLETIC CLUB

(Founded 1965)

Princess Mary Athletic Stadium, Bradford Road, Liversedge. WF15 6LW



www.spenac.co.uk

Code of Conduct

**For The Return to Training at Princess Mary Athletics Stadium
Restricted Period Commencing 29th March 2021 until further notice**

In order to use the Princess Mary Athletics Stadium, athletes (or parents of athletes under 18 years old) are required to read this form which has been compiled within guidelines stipulated by England Athletics & Kirklees Local Authority, in accordance with the Government's current restrictions.

I agree to comply with all the rules for the use of Princess Mary Athletics Stadium given on the Spen AC website (which may be updated from time to time) and will adhere to all the following **Code of Conduct**.

1) To start with:

- a) My membership fees for 2020 have been paid so that I am covered by relevant insurance policies to train at the track.
- b) I will book my training session via my coach or the Membership Secretary.
- c) I will not travel to my training session from outside of the West Yorkshire area.

2) Before I train:

- a) I will bring my own phone or be accompanied by someone or have some way to call for help from a family member or someone else in the event of an emergency.
- b) I note that first aid kits from the clubhouse may only be retrieved by Club Personnel for my use and limited first aid will be in attendance during my training session.
- c) I will bring my own refreshments and not use the pavilion.
- d) I will assess myself for COVID-19 symptoms and my general health.

3) On arrival at the track:

- a) I will not enter the premises if I have symptoms of Covid-19 or if I am self-isolating.
- b) I will not use or attempt to use the facilities outside of my pre-booked session.
- c) I will follow all guidance shown on the signage, including the one-way entry and exit system.
- d) I understand that the clubhouse facilities will **not** be available to me during my training session, but public toilets are available.
- e) I will sanitise my hands after entering by the designated entry gate.

4) During my session:

- a) I will observe social distancing as per current Government guidelines.
- b) **In the interests of health, safety and hygiene, I will refrain from spitting.**
- c) For the safety of all athletes, I will keep to the training area that has been designated for my session and will not enter another athlete's training area.
- d) I will not use any equipment at the Club that has not been allocated to me.
- e) I will not share any water bottles or other refreshment containers during breaks in training.
- f) Any parent/carer accompanying a young athlete will not be permitted to enter the training area, unless called upon to assist a young athlete who is hurt or in distress.
- g) Any parent/carer may spectate behind the designated barriers and must be socially distanced from people not from their household and not congregate in groups of more than 6.

This form is intended to be used during the COVID 19 epidemic and whilst England Athletics require restrictions to the use of the track. This form will be destroyed once required restrictions are lifted and normal training is able to resume.

5) **As my session finishes:**

- a) I will remove all personal items and rubbish from the track at the end of my training session. I understand that any items left at the track will be disposed of and are unlikely to be returned to me.
- b) I will report any issues immediately to the coach with whom I booked my session.
- c) I will sanitise my hands before exiting by the designated exit gate.

Reminder – Hands. Face. Space

- *wash your hands regularly,*
- *use a face covering when social distancing is not possible and*
- *try to keep your distance from those not in your household.*

IMPORTANT:

If you are showing symptoms of the virus or have been in contact with someone displaying symptoms within the last two weeks, then you **must stay at home** until an NHS practitioner advises you that you no longer need to remain in isolation. Read more [here](#).

In order to train at Princess Mary Athletics Stadium I acknowledge and agree to the Code of Conduct and that the risks of injury and illness (specifically including COVID-19) from the activities involved in entering this stadium could be significantly higher than normal, and that while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist. I understand that should any of the other attendees at my session test positive for COVID-19 and there is a risk that the virus has been passed to me I may be contacted and instructed to self-isolate for a specified time.