

## Spen 20    March 15th 2020

<i>Pos</i>	<i>Number</i>	<i>Name</i>	<i>Club</i>	<i>M/F</i>	<i>Time</i>	
1	223	Andrew Grant	Harrogate	M45	01:53:46	Y'shire
2	226	Gary Briscoe	Penistone	M	01:54:16	Y'shire
3	233	Tom Owens	Shettleston Harriers	M	01:58:05	
4	224	Neal Emmerson	Radcliffe	M	02:00:21	Y'shire
5	208	Jamie Brannan	Stadium	M	02:02:35	
6	190	Tom Jagger	Stadium	M40	02:02:42	
7	40	Shane Grace	St Therasas	M40	02:02:54	
8	1	Leo Timmins	Stadium	M	02:03:59	
9	132	Andrew Bennett	Valley Striders	M	02:07:42	
10	207	Liam Jenkins	Abbey	M	02:08:34	
11	67	Matthew Blackburn	U/A	M	02:09:14	
12	113	James Carvello	Rounday	M40	02:09:26	
13	158	Andrew Hebden	Morpeth	M40	02:10:54	
14	202	Edward Revell	Spenborough	M40	02:10:58	
15	159	Glen Johnson	St Therasas	M45	02:11:04	
16	231	Philip Wilson	U/A	M	02:11:32	
17	183	Kim Brown	Ripon	M45	02:13:59	
18	64	John Lloyd	Salford	M40	02:14:07	
19	33	Mike Gallagher	Hyde Park	M	02:14:08	
20	20	Greg Weatherhead	St Therasas	M	02:14:58	
21	89	Harry Webster	Hyde Park	M	02:15:34	
22	15	Cairn Morrison	U/A	M40	02:16:15	
23	176	Daniel Mann	Kippax	M	02:18:14	
24	205	Ginger Flyer	U/A	M40	02:18:29	
25	235	Craig Thompson	Spenborough	M	02:18:44	
26	32	Chris Jones	Wharfedale	M50	02:21:36	
27	188	Henry Eglin	Baildon	M	02:22:41	
28	177	Robin Tuddenham	Todmorden	M50	02:23:45	
29	194	Martin Firth	Queensbury	M60	02:24:25	
30	179	Ian Maudsley	St Therasas	M	02:25:16	
31	148	Simon Partridge	York Postal	M40	02:25:47	
32	193	Adam Parton	Valley Striders	M45	02:26:28	
33	141	Stephen Tether	Goole	M45	02:27:12	
34	229	Ian Sanderson	Valley Striders	M45	02:29:16	
35	71	Alan Squire	Horsforth	M50	02:29:48	
36	168	Matt Renshaw	Dewsbury	M	02:30:47	
37	45	Niamh Jackson	Rounday	F40	02:31:01	Y'shire
38	115	Julia Say	Rounday	F45	02:31:30	Y'shire
39	128	Stuart Little	Horsforth	M	02:31:35	
40	165	Martin Hall	Spenborough	M55	02:32:00	
41	58	Rachel McCusker	Dewsbury	F	02:32:17	Y'shire
42	178	Emma Moore	York Acorn	F35	02:32:17	
43	140	Karen Bowman	U/A	F40	02:34:45	
44	206	Dominic Samways	Chapel Allerton	M	02:36:25	
45	135	Steven Pilling	Dewsbury	M50	02:36:31	
46	49	Nick Greenwood	Stadium	M	02:37:13	
47	192	Chris Jones	Saltaire	M	02:37:23	

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48	167	Barry Greaves	Royton	M60	02:37:58
49	199	Damian Cameron	U/A	M45	02:38:03
50	201	Andrew Birkinshaw	Pudsey & Bramley	M50	02:38:24
51	160	Angela Hall	Spensorough	F40	02:40:49
52	74	Jeremy Gibbins	Goole	M40	02:43:06
53	116	Chris Garnett	U/A	M	02:43:11
54	9	Emily Follows	Kippax	F40	02:43:51
55	8	Alan Davy	Kippax	M40	02:43:51
56	10	Andy Hill	Kippax	M45	02:43:51
57	42	Rob Athey	Harrogate	M45	02:44:02
58	127	Ruth Draisey	U/A	F	02:44:17
59	25	Mark Johns	Goole	M55	02:44:21
60	53	Will Walker	Ackworth	M40	02:44:22
61	184	Paul Brewer	Goole	M	02:44:32
62	227	Gerard Skippins	Spensorough	M45	02:44:36
63	171	Steph Wilson	Pudsey & Bramley	F40	02:45:11
64	197	Louise Williams	Otley	F40	02:46:10
65	129	Jason Albrecht	St Therasas	M	02:46:18
66	93	Olivia Neal	Rotherham	F	02:46:58
67	237	Karl Chamberlain	U/A	M45	02:47:02
68	94	Lewis Atherton	U/A	M	02:47:32
69	59	Lorne Mcneill	Baildon	M45	02:48:47
70	11	James Stables	Meltham	M40	02:49:17
71	169	Paul Stockdale	Brighouse Bumble	M45	02:49:20
72	236	Sarah Morley	St Therasas	F40	02:49:32
73	136	Dinesh Kaulgud	Valley Striders	M45	02:49:40
74	3	Stephen Mort	Preston	M45	02:49:57
75	107	Jan Bentley	Spensorough	M45	02:50:39
76	147	Nathan Vaughan	U/A	M50	02:51:08
77	38	Tim Mosedale	Saltaire	M	02:51:45
78	216	Lee Troughton	Ramsbottom	M45	02:52:00
79	200	Andrew Norman	Ramsbottom	M40	02:52:00
80	214	Dean Corrie	Ramsbottom	M	02:52:00
81	79	Robin Moran	St Therasas	M40	02:52:52
82	170	Alan Hutchinson	Valley Striders	M60	02:53:11
83	23	Paul Lawrence	Ackworth	M40	02:53:49
84	6	Louise O'Brien	Horsforth Fellandale	F45	02:53:59
85	131	Alexadra Whapples	Vocalink	F50	02:54:03
86	17	David Parry	U/A	M50	02:54:31
87	16	Charlotte Smith	Ackworth	F35	02:54:31
88	182	David Booth	Farsley	M55	02:54:43
89	37	Samantha Jackson	St Therasas	F35	02:55:00
90	39	Richard Howarth	St Therasas	M45	02:55:04
91	189	Harrison Medley	U/A	M	02:55:19
92	111	Angela Clarke	Halifax	F45	02:55:59
93	220	Stephen Wilson	Ramsbottom	M60	02:56:44
94	105	Doug Scott	Kingstone	M55	02:56:52

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95	123	David Halladay	Knaresborough	M55	02:57:00
96	204	Gary Colley	Rodillian	M50	02:57:45
97	35	Mark Doyle	Farsley	M40	02:59:12
98	70	Geoff Halliday	U/A	M45	02:59:29
99	234	Flora Skidmore	Dewsbury Road Runners	F60	02:59:44
100	186	Heidi Stoll	U/A	F45	03:00:21
101	56	Jane Stirling	Holmfirth	F50	03:01:41
102	76	Amy Oatway	Stadium	F	03:01:50
103	196	Andrew Webster	Otley	M45	03:03:23
104	48	Craig Storah	U/A	M40	03:03:30
105	95	Kirsty Laing	Doncaster	F	03:04:40
106	19	Mark Webster	Doncaster	M45	03:04:40
107	14	Bobby Skelding	U/A	M40	03:05:49
108	26	Stephen Pratt	Selby	M45	03:05:57
109	83	Tom Wanklyn	Brighouse Bumble	M	03:05:59
110	24	Sue Francis	Ackworth	F55	03:08:38
111	13	Martin Athey	Dewsbury	M40	03:09:02
112	77	James Mangeolles	Horsforth	M	03:09:05
113	92	Gillian Neal	Rotherham	F55	03:09:30
114	228	Liz Bottomley	Spensorough	F55	03:10:29
115	222	Tony Coyne	Belle Vue	M45	03:11:06
116	85	Robert Ward	Kippax	M50	03:11:28
117	7	Emma Longfellow	St Therasas	F40	03:12:27
118	172	Michael Brennand	Central Lancs	M50	03:12:39
119	203	Matt Lloyd	Rodillian	M	03:12:50
120	110	Simon Clarke	U/A	M45	03:13:13
121	187	Georgina Haigh	U/A	F40	03:14:13
122	162	Kate Siddall	U/A	F40	03:15:06
123	161	Katy Potts	U/A	F35	03:15:06
124	173	Alan Johnson	U/A	M65	03:15:31
125	82	Madeleine Stansfield	Dewsbury	F65	03:15:48
126	156	Gareth Tucker	U/A	M	03:16:37
127	210	Sam Lockett	U/A	M	03:17:05
128	119	Amelia Gill	U/A	F	03:17:15
129	108	Katie Jones	Lonely Goats	F35	03:17:21
130	143	Jamie Hill	Lonely Goats	M	03:17:21
131	215	Richard Freer	Selby	M55	03:19:20
132	230	Jackie Carter	Spensorough	F55	03:19:22
133	75	Tony Newborn	St Therasas	M45	03:19:44
134	86	Joanne Loftus	St Therasas	F45	03:19:47
135	87	Shaun Loftus	St Therasas	M50	03:19:47
136	126	Wendy Higgins	St Therasas	F50	03:19:48
137	139	Phil Bradley	U/A	M45	03:20:52
138	212	David Sully	U/A	M	03:21:12

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139	211	Karl Barbaro	U/A	M	03:21:13
140	63	Simon Donovan	U/A	M45	03:21:45
141	175	Victoria Brides	Horsforth	F	03:25:24
142	22	Michaela Pritchard	Selby	F40	03:25:33
143	209	Richard Cooke	Lonely Goats	M45	03:26:01
144	221	Sacha Cooper	Ramsbottom	F45	03:26:43
145	101	Murtaza Abbas	U/A	M	03:26:50
146	57	Louise O'Marr	Ackworth	F40	03:27:55
147	30	Paul Needham	Dewsbury	M55	03:29:40
148	149	Teresa Fitzgerald	U/A	F40	03:40:59
149	164	Nicky Shepherd	U/A	M	03:41:00
150	12	Phil Hammond	Hyde Park	M55	03:41:00
151	65	Ronnie Dowse	Crossgates	M45	03:54:30