

Results of Spen 20 10 March 2019

Pos	Number	Name	Club	Age cat	Time
1	127	Lewis Gamble Thompson	New Marske	M	1.56.22
2	159	Jason Cherriman	Leeds	M	1.57.57
3	131	Tim Baldwin	Saltaire	M	2.00.50
4	215	Jamie Brannan	Stadium	M	2.04.22
5	223	Simon Courtney	Stadium	M	2.04.54
6	188	Scott Harrington	Otley	M40	2.05.00
7	206	Jeremy Ladyman	Valley Striders	M40	2.05.13
8	241	Tom Jagger	Stadium	M40	2.06.46
9	45	Stuart Wilson	Barnsley	M	2.07.00
10	72	Andrew Humphries	Airecentre	M	2.07.23
11	157	Jonathan Lane	U/A	M	2.07.30
12	138	Michael Mannings	Oldham & Royton	M	2.10.11
13	176	David Smithers	York Knavesmire	M45	2.10.14
14	254	Michael Smith	Pocklington	M	2.11.00
15	170	Alan Ford	Barnsley	M40	2.11.24
16	44	Liam Jenkins	Abbey	M	2.11.29
17	114	Matthew Pinnock	Pudsey	M	2.11.39
18	210	Alex Hoggard	Selby	M	2.11.49
19	187	Tom Needham	Bingley	M	2.11.55
20	73	James Young	Meltham	M40	2.12.23
21	87	Steven Scott	U/A	M45	2.13.40
22	199	Martin Peck	Spensorborough	M	2.14.38
23	21	Paul Hathaway	U/A	M	2.15.00
24	239	Jamie Westwood	Stainland	M45	2.15.22
25	96	Stephen Berry	Dewsbury	M	2.15.46
26	120	Rebecca Winter	Ackworth	F	2.15.56
27	191	Peter Walker	York Knavesmire	M	2.16.03
28	190	Matt Connell	Steel City	M	2.16.05
29	144	Stephen Maddison	York Knavesmire	M45	2.16.49
30	80	James Mace	Rothwell	M	2.17.12
31	35	Philip Morgan	Killamarsh	M50	2.17.33
32	252	Joe Baker	Stadium	M35	2.18.03
33	242	Tristan Featherby	Pocklington	M	2.18.42
34	203	Becky Penty	York Knavesmire	F	2.19.08
35	86	Joseph Waller	Rosendale	M	2.19.11
36	52	Chris Forbes	Methley	M45	2.19.26
37	75	Ben Parkin	Holmfirth	M	2.19.59
38	38	Stephen Crownshaw	Killamarsh	M45	2.20.14
39	235	John MacPhail	Dewsbury	M40	2.20.20
40	243	Christopher Wray	U/A	M45	2.21.38
41	12	Stephen Tether	Goole	M45	2.23.02
42	92	Amy Young	Hyde Park	F	2.23.22
43	147	Daz Hewitt	Wakefield	M45	2.26.02
44	56	Richard Harrison	Selby	M45	2.26.06
45	207	Neil Jones	Stadium	M40	2.26.24
46	7	Edward Hinton	York Knavesmire	M	2.26.37
47	151	Steve Sadler	Richmond & Zetland	M55	2.27.50
48	19	Andy Dean	Dewsbury	M40	2.27.56
49	18	Tim Dean	Dewsbury	M40	2.27.56
50	230	Andrew Perkinson	Horsforth	M45	2.27.57
51	186	Harry Webster	U/A	M	2.28.06
52	24	Richard Keyworth	Dewsbury	M	2.28.07
53	66	Aoife Burke	York Knavesmire	F35	2.28.46
54	111	Martin Hall	Spensorborough	M55	2.29.18
55	34	Josh Dawson	Hyde Park	M	2.29.42
56	59	Laura Schofield	York Knavesmire	F	2.30.22
57	117	Thomas Howarth	Stadium	M40	2.31.25
58	88	Lee Draper	City of Hull	M45	2.31.49
59	196	David Ingle	Halifax	M55	2.32.00
60	83	Michaela Goodall	Stadium	F35	2.32.22

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Pos	Number	Name	Club	Age cat	Time
61	102	Madeleine Foot	York Knavesmire	F	2.32.46
62	58	Jarrad Englestown	Selby	M40	2.33.02
63	179	Lindsey Clegg	Horsforth	F35	2.34.04
64	216	Simon Roberts	Barnsley	M50	2.34.29
65	218	Clare Rowntree	York Knavesmire	F35	2.34.33
66	248	Chris Grieve	Swinton	M35	2.34.40
67	141	Chris Strutt	Ackworth	M45	2.34.44
68	164	Stuart Nuttall	Spenborough	M	2.34.52
69	110	Mark Davies	Stadium	M60	2.35.22
70	132	Michael Abrams-Cohen	Ilkley	M	2.35.36
71	82	Adam Goodall	Stadium	M40	2.36.20
72	109	Steve Head	Rothwell	M45	2.36.24
73	220	Kevin Hill	U/A	M	2.36.27
74	78	J Thomas	Holmfirth	F40	2.37.53
75	209	Andrew Birkinshaw	Pudsey & Bramley	M50	2.38.06
76	177	Tim Cowham	York Knavesmire	M50	2.38.11
77	205	John Sayles	U/A	M45	2.38.22
78	227	Richard Airey	U/A	M	2.38.25
79	4	Adam Moger	Kirkstall	M40	2.38.44
80	115	Louise Trainor	Quakers	F45	2.38.49
81	40	Elizabeth Nairn	Selby	F	2.38.55
82	231	Shaun Swallow	Barnsley	M45	2.39.08
83	98	Jacob Burns	U/A	M	2.39.25
84	126	James Barlow	U/A	M	2.39.34
85	142	Neil Johnson	Barnsley	M45	2.40.14
86	204	Jonathan Spain	Hyde Park	M	2.40.34
87	133	Paul Grist	Kirkstall	M50	2.40.37
88	89	Alistair Walder	Dewsbury	M50	2.40.50
89	6	Colin Richmond	U/A	M45	2.40.58
90	140	Conor Goold	Hyde Park	M	2.41.03
91	10	Natasha Newton	Bromsgrove	F	2.41.18
92	221	Ian Ogden	Spenborough	M45	2.41.23
93	249	Dave Butler	Spenborough	M50	2.42.10
94	3	Mark Johns	Goole	M50	2.42.15
95	200	Claire Thompson	Spenborough	F40	2.42.19
96	192	Marc Thomas	York Knavesmire	M45	2.42.24
97	1	Mark Doyle	Farsley	M40	2.43.18
98	50	Damien Collier	Methley	M40	2.43.28
99	94	Mark Hoath	Meltham	M40	2.43.36
100	65	Robert Greaves	Pudsey Pacers	M45	2.44.19
101	121	Christine McCarthy	Pontefract	F55	2.44.33
102	208	David Scrivener	Hyde Park	M40	2.44.36
103	178	Della Wilson	York Knavesmire	F35	2.45.02
104	143	Will Walker	Ackworth	M	2.45.55
105	99	Chris Garnett	U/A	M	2.46.08
106	42	Hayley Lawrence	Horsforth	F	2.46.14
107	47	Sophie Cullen	Rothwell	F40	2.46.20
108	81	Mark Leadbeater	Ackworth	M50	2.46.42
109	8	Michael Tinker	U/A	M45	2.47.11
110	298	Alex Steenson	U/A	M	2.47.55
111	253	Derek Brown	City of Hull	M50	2.48.26
112	222	Sharon Hudson	Keighley & Craven	F45	2.49.01
113	180	Jenny Harrison	Horsforth	F	2.49.49
114	232	Ian Dickinson	Saltaire	M55	2.50.02
115	30	Darren Conquest	U/A	M50	2.50.08
116	41	Lorne McNeill	Baildon	M45	2.50.26
117	245	Harun Umarji	Dewsbury	M45	2.50.42
118	171	Richard Sparkes	U/A	M	2.50.46
119	236	Dawn Broom	Penistone Foopath	F55	2.50.53
120	300	Camille Askins	Keighley & Craven	F45	2.51.45

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Pos	Number	Name	Club	Age cat	Time
121	145	Sandy George	Ackworth	F50	2.51.51
122	100	Bridget Hughes	Stadium	F60	2.52.56
123	225	Luct Dockerty	U/A	F	2.53.15
124	175	Rosie Boughton	Wakefield	F35	2.53.29
125	128	Alexandra Whapples	Vocalink	F50	2.53.36
126	16	Dveirel Kovalsky	Pudsey Pacers	F40	2.53.40
127	70	Steph Wilson	Pudsey & Bramley	F40	2.53.45
128	62	Andrew Webster	Otley	M45	2.53.53
129	251	Karl Chamberlain	U/A	M45	2.54.15
130	238	Liane Warren	Ackworth	F45	2.54.26
131	116	Flora Skidmore	Dewsbury	F60	2.55.34
132	26	Matthew Keyworth	Dewsbury	M	2.56.33
133	104	Emma Vincent	Halifax	F40	2.56.46
134	53	Chris Parker	Methley	M	2.57.26
135	76	Paul Lawrence	Ackworth	M40	2.57.33
136	255	Georgia Smith Calvert	Dewsbury	F	2.57.50
137	234	Alan Riley	U/A	M45	2.59.29
138	246	Andrew Taylor	Belle Vue	M40	2.59.37
139	90	Lee East	Saltaire	M40	2.59.39
140	15	Bradley Bannister	Ackworth	M	2.59.41
141	13	Julie Masterman	Goole	F55	3.00.54
142	97	Isobel Webster	Kirkstall	F	3.00.54
143	29	Louise O'Brien	Horsforth Fellandale	F45	3.00.55
144	237	Dean Harding	U/A	M	3.01.00
145	84	Richard Tarren	York Knavesmire	M60	3.04.44
146	201	Alan Lumb	U/A	M	3.05.09
147	150	Martin Athey	Dewsbury	M	3.05.41
148	162	Gail Wrangles	Ackworth	F45	3.06.50
149	107	Graham Turner	Airecentre	M40	3.07.49
150	22	Trish Kaye	Dewsbury	F55	3.08.03
151	130	Suzanne Tait	North Sheilds Poly	F35	3.09.53
152	219	Sharon Goldrick	U/A	F40	3.10.11
153	54	Kevin Chippendale	Ackworth	M60	3.10.12
154	163	Jeremy Gibbins	Goole	M40	3.10.30
155	118	Christopher Birkenshaw	Spenborough	M	3.11.37
156	189	Patricia Bielby	Bridlington	F65	3.11.59
157	202	Lucy Rider	Hyde Park	F35	3.12.34
158	224	Elizabeth Courtney	Stadium	F45	3.13.09
159	228	Jane Morby	York Knavesmire	F55	3.13.12
160	172	Emily Lawrence	U/A	F35	3.14.14
161	23	Madelaine Stansfield	Dewsbury	F65	3.16.12
162	168	Paul Baker	Selby	M	3.16.33
163	119	Mohanlal Mistry	Saltaire	M55	3.16.48
164	113	Sohail Miran	Bradford Airedale	M45	3.18.13
165	181	Samantha Eastwood	Stadium	F45	3.18.17
166	211	Sarah Papadimos	Horsforth	F50	3.19.29
167	198	Sarah Reason	U/A	F	3.20.18
168	229	Subi Mwakasungura	Roundhay	M40	3.20.26
169	256	Malcolm Coles	Valley Striders	M75	3.20.39
170	14	Chris Aldred	U/A	M55	3.21.27
171	123	Sarah Storey	Steel City	F45	3.22.06
172	194	Victoria Brides	Horsforth	F	3.22.13
173	297	Matthew Evans	U/A	M	3.23.05
174	299	Ben Cressey	U/A	M	3.23.29
175	137	Jacqueline Elmer	Kirkstall	F40	3.26.20
176	250	Gail Schofield	Stainland	F45	3.28.28
177	63	Roy Banks	U/A	M	3.33.41
178	161	Nicola Womack	Dewsbury	F40	3.37.25
179	214	Stephanie Ramskill	Methley	F45	3.38.51
180	244	Mark Ramskill	Methley	M45	3.38.51

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Pos	Number	Name	Club	Age cat	Time
181	2	Alistair Watson	Methley	M	3.41.42
182	165	Alexandra Potts	Kirkstall	F	3.46.35
183	158	Emily Potts	Kirkstall	F	3.46.36
184	212	Chris Hudson	Horsforth Fellandale	M45	3.46.36
185	148	Paul Gallagher	U/A	M50	3.46.49
186	77	Leanne Fisher	U/A	F35	3.53.18
187	48	Phil Hammond	Hyde Park	M55	3.57.00