

Spenborough & District Athletic Club

Ivan Stringer Memorial Medals Meeting

21st September 2019

Field Events start 10:30 AM

Break between

12:45 PM 1:30 PM

Throws

10:30 AM	F1	U17W	Discus Final
10:30 AM	F2	SW	Discus Final
11:10 AM	F6	U20M	Discus Final
11:10 AM	F7	SM	Discus Final
12:15 PM	F17	U13G	Discus Final
12:15 PM	F18	U15G	Discus Final

Vertical Jumps

12:15 PM	F12	U13B	High Jump Final
12:15 PM	F13	U15B	High Jump Final
12:15 PM	F14	U20M	High Jump Final
1:30 PM	F24	U13G	High Jump Final
1:30 PM	F25	U15G	High Jump Final

1:30 PM	F19	U13B	Discus Final
1:30 PM	F20	U15B	Discus Final
1:30 PM	F21	U17M	Discus Final
2:30 PM	F28	U13B	Javelin Final
3:20 PM	F36	U13G	Javelin Final
3:20 PM	F37	U15G	Javelin Final
3:20 PM	F38	U17W	Javelin Final
3:20 PM	F39	SW	Javelin Final
4:20 PM	F41	U15B	Javelin Final
4:20 PM	F42	U17M	Javelin Final
4:20 PM	F43	U20M	Javelin Final
4:20 PM	F44	SM	Javelin Final

Please note that the Officials will endeavour to keep to the timetable. Any changes will be announced on the day. Ensure that you arrive early enough to collect your numbers and warm up for the event.

Shot Put

10:30 AM	F3	U13B	Shot Final
11:30 AM	F11	U11B	Shot Final
12:15 PM	F15	U15B	Shot Final
12:15 PM	F16	U17M	Shot Final

1:30 PM	F22	U20M	Shot Final
1:30 PM	F23	SM	Shot Final
2:10 PM	F26	U11G	Shot Final
2:10 PM	F27	U13G	Shot Final
2:50 PM	F33	U15G	Shot Final
2:50 PM	F34	U17W	Shot Final
2:50 PM	F35	SW	Shot Final

Long Jump

10:30 AM	F4	U11G	Long Jump Final
10:30 AM	F5	U13G	Long Jump Final
11:30 AM	F8	U15G	Long Jump Final
11:30 AM	F9	U17W	Long Jump Final
11:30 AM	F10	SW	Long Jump Final

2:30 PM	F29	U15B	Long Jump Final
2:30 PM	F30	U17M	Long Jump Final
2:30 PM	F31	U20M	Long Jump Final
2:30 PM	F32	SM	Long Jump Final
3:20 PM	F40	U11B	Long Jump Final
4:20 PM	F45	U13B	Long Jump Final