

Spent 20 Miles 24 March 2024

No	Name	Club	M/F	Time
1	43 Jed Bartlett	Hallamshire	M	1.50.48
2	7 George Ravenhall	Airecentre	M	1.55.24
3	182 Lee Athersmith	Wharfedale	M40	1.55.41
4	190 Simon Courtney	Stadium	M40	1.59.49
5	116 Leo Timmins	Stadium	M40	2.00.58
6	115 Tom Jagger	Stadium	M45	2.01.37
7	118 Andrew Bowett	Stadium	M45	2.02.13
8	3 Steven Scott	Abbey	M50	2.08.39
9	74 Stephen Maddison	Pocklington	M50	2.09.19
10	177 Andrew Bennett	Valley Striders	M40	2.10.38
11	61 Simon Wells	Kirkstall	M	2.11.27
12	50 Hussein Sulaiman	Hyde Park	M50	2.11.37
13	100 Dominic Oddy	Roundhay	M	2.11.54
14	127 Andy Ford	Todmorden	M40	2.12.09
15	25 Kevin Davies	Clayton Le Moors	M60	2.12.18
16	131 James Beevers	U/A	M	2.13.01
17	112 Cairn Morrison	St Theresa's	M45	2.13.36
18	22 Laura Hesketh	Clayton	F40	2.14.13
19	92 James Carvello	Roundhay	M45	2.15.53
20	153 Aaron Davis	U/A	M	2.16.05
21	81 Rob Tate	R Wootton Bassett	M	2.16.11
22	10 Lee Kaznowski	Baildon	M40	2.16.47
23	20 Liam Riley	Chapel Allerton	M	2.17.14
24	19 Jacob Goodwin	Chapel Allerton	M	2.17.52
25	54 Sally Armitage	Ilkley	F45	2.18.06
26	73 Michael Richmond	Pickering	M45	2.18.25
27	29 Tim Dean	Dewsbury	M45	2.18.33
28	117 Michael Cottam	Stadium	M	2.20.27
29	171 Simon Lambert	U/A	M40	2.20.44
30	2 Michael Abrams-Cohen	Abbey	M	2.20.46
31	72 Kelly Richmond	Pickering	F	2.20.49
32	14 Vic Walsh	Belle Vue	M45	2.21.13
33	124 Jamie Westwood	Stainland	M50	2.23.25
34	160 Carlton Brock	U/A	M	2.24.12
35	129 Nicholas Brown	Trafford	M40	2.25.49
35	39 Sarah Cumber	Halifax	F50	2.25.59
37	107 Richard Harrison	Selby	M50	2.26.20
38	46 Neil Robins	Holmfirth	M50	2.27.20

39	41 Tom Paget	Halifax	M40	2.27.30
40	130 Simon Lewis	Trawden	M	2.28.11
41	156 Thomas Fletcher	U/A	M	2.28.25
42	42 James O'Rourke	Halifax	M50	2.28.51
43	93 Stefan Rose	Roundhay	M40	2.29.14
44	170 Alex Pagdin	U/A	M	2.29.25
45	91 Julia Say	Roundhay	F50	2.29.37
46	122 Kieran O'Prey	Stadium	M	2.30.12
47	146 Tim Darlison	U/A	M40	2.30.44
48	140 David Middleton	U/A	M40	2.30.49
49	51 Draisey Ruth	Hyde Park	F35	2.31.39
50	186 Luke Osborn	York Knavesmire	M	2.31.57
51	187 Ian Anderson	York Knavesmire	M50	2.32.30
52	169 Philip Wrench	U/A	M50	2.32.38
53	37 Nicky Jackson	Goole	M	2.33.00
54	40 Simon Johnson	Halifax	M55	2.33.07
55	80 Wasim Hussain	Queensbury	M40	2.33.38
56	63 Theresa Oldroyd	Nidd Valley	F55	2.34.03
57	13 Simon Roberts	Barnsley	M55	2.34.58
58	183 Kelvin Dickinson	Wirral	M50	2.36.37
59	180 Amanda Spencer	Valley Striders	F55	2.36.47
60	189 Kevin Ogden	Spenn	M50	2.36.59
61	119 Mark Davies	Stadium	M65	2.37.09
62	162 Callum Parton	U/A	M	2.37.59
63	120 Mark Barraclough	Stadium	M	2.38.33
64	174 Ian Sanderson	Valley Striders	M50	2.38.35
65	114 Rob Hoult	Stadium	M50	2.40.01
66	4 Jennifer Knowles	Ackworth	F	2.41.57
67	102 Barry Greaves	Royton	M65	2.42.18
68	165 Phil Cottrill	U/A	M	2.42.45
69	88 Mark Ayre	Roundhay	M55	2.42.49
70	154 John Clayton	U/A	M	2.43.14
71	36 Suzanne Gregory	Freck & Warton	F55	2.43.54
72	178 Adam Parton	Valley Striders	M50	2.44.25
73	35 Lynsey Freear	Fordy Runners	F40	2.44.25
74	168 Ellie Radley	U/A	F	2.44.51
75	53 Darran Furness	Ilkeston	M45	2.45.39
76	27 Samuel Spratt	Derwent Valley	M	2.46.21
77	68 Danny Marsh	Northowram	M	2.46.54
78	149 Craig Johnson	U/A	M	2.47.26
79	26 Neil Yewman	Clowne	M50	2.49.51

80	38 David Ingle	Halifax	M60	2.50.03
81	59 Katrina Denholm	Kirkstall	F	2.50.14
82	128 Emma Kerwin	Todmorden	F	2.50.21
83	64 Lisa Rudkin	North Leeds Fell	F50	2.50.50
84	175 Jon Jackson	Valley Striders	M50	2.51.32
85	9 Graham driver	Baildon	M50	2.52.23
86	176 James Slater	Valley Striders	M50	2.52.52
87	110 James Khan	Spennithorne	M	2.53.04
88	71 Andrew Webster	Otley	M50	2.53.21
89	121 Martin Wright	Stadium	M55	2.53.57
90	148 Chris Wainman	U/A	M45	2.55.07
91	60 Susie Robertson	Kirkstall	F	2.55.33
92	15 John Crellin	Blackburn	M40	2.56.43
93	161 Rosie Cadwallader	U/A	F40	2.56.45
94	66 Jonathan Brearley	Northowram	M50	2.56.54
95	76 Christine McCarthy	Pontefract	F60	2.57.02
96	77 Faye Banks	Pontefract	F40	2.57.03
97	18 Bekki Wheatley	Chapel Allerton	F40	2.57.34
98	184 Caroline Hall	Wirral	F50	2.58.03
99	157 Tom Ormondroyd	U/A	M	2.59.22
100	158 James Tucker	U/A	M	2.59.23
101	78 Sarah Passmore	Pontyclun	F40	2.59.24
102	82 Emer Dudley	Roberttown	F60	2.59.32
103	98 Colm O'Hara	Roundhay	M50	3.00.00
104	172 David Bastow	U/A	M50	3.01.33
105	163 Lise Jones	U/A	F40	3.02.28
106	159 Rob Barker	U/A	M40	3.02.34
107	58 Therese Sheehan	Kirkstall	F35	3.03.56
108	167 Amy Poole	U/A	F	3.05.04
109	173 Stuart Blackmore	U/A	M45	3.06.06
110	75 Mrs J Dowson	Pocklington	F60	3.06.33
111	34 Phil Wilkins	Drighlington	M40	3.06.53
112	95 Ann Chivers	Roundhay	F45	3.08.03
113	126 Rhianna Fulford	Stocksbridge	F	3.08.49
114	55 Steve Carter	Keighley & Craven	M70	3.09.05
115	21 Lora Forster	Chapel Allerton	F40	3.09.31
116	99 Maria Paliuc	Roundhay	F	3.10.52
117	188 Angela Clarke	Halifax	F50	3.11.28
118	166 Lee Geary	U/A	M40	3.14.05
119	155 Sophie Edwards	U/A	F	3.22.50
120	47 Heidi O'Shea	Holmfirth	F45	3.26.08

121	142 Helen McGrath	U/A	F40	3.26.55
122	113 Michelle Smale	St Theresa's	F60	3.28.18
123	164 Charlotte Ward	U/A	F45	3.32.19
124	139 Charlene Tyreman	U/A	F40	3.32.46
125	179 Ruth Warren	Valley Striders	F65	3.32.57
126	123 Helen Ahmad	Stadium	F45	3.41.49
127	33 Mark Jolly	Dragons	M	3.55.43
128	70 Matt Langdon	Otley	M40	3.55.43
129	31 Heather Mitchell	Dewsbury	F70	4.02.44
130	84 Anna Walsh	Roberttown	F45	4.16.00