



## RA.001 – TFC Risk Assessment

Document Name: TFC Senior Training Risk Assessment

Date Created: 21.10.2020

Next review date: 21.11.2020

6 Inevitable	6	12	18	24	30	36				
5 Frequent	5	10	15	20	25	30				
4 Occurs Monthly	4	8	12	16	20	24				
3 Occasional	3	6	9	12	15	18				
2 Very rare	2	4	6	8	10	12				
1 Unlikely	1	2	3	4	5	6				
<b>Likelihood/severity</b>	1 Nuisance	2 Minor	3 Assistance required	4 Hospitalised	5 Fatality	6 Multiple Fatality				
<b>High Risk</b>	Intolerable		Medium Risk		Tolerable- look to reduce	Low Risk	Tolerable- Monitor for change			
<b>Effected persons</b>	<b>Employees</b>	<b>X</b>	<b>Visitors</b>		<b>Contractors</b>	<b>X</b>	<b>Public</b>	<b>X</b>	<b>Other</b>	

Subject Area Hazards- Any item, substance or condition with the potential to cause harm	Effect	To Whom	Severity rating x likelihood = primary risk based on no controls SxL=R			Existing control Measures	Severity rating x likelihood = Risk with existing control measures SxL=R			Action required where risks are not adequately controlled/Further comments
Supervision	Risk of poor practice and injuries	Athletes	3	2	6	Coach is suitably qualified to lead training session.  Coach to check all athletes/players are fit to train/compete within a training environment.  Coach to ensure suitable warm up session is conducted	2	2	4	Ongoing athlete management via coach to ensure athlete has access to appropriate resources to minimise injury risk

						Coach to adapt training session if necessary for athlete limitations				
Environment: Run Off Space	Trip hazard	Athletes/coaches	3	2	6	Coach to ensure personal belongings are away from the side-lines of the court to give as much runoff space as possible.	2	2	4	Remove any unnecessary items that might be taking up room.
Environment: Playing Surface	Trip or slip hazard which could lead to injuries	Athletes and coaches	2	3	6	Coach to do visual assessment of activity area prior to session. Check for any uneven surfaces (branding) and any water or hazardous material.	2	2	4	If it begins to rain during session, stop and ensure surface is still safe. New building so limited risk of leaks.
Environment: Posts	Risk of injury if contact is made with post	Athletes	2	2	4	Post protectors secured to posts to provide padding and decrease the severity of impact associated with a collision.	2	1	2	
First Aid	Athletes, coaches, volunteers and spectators	All	5	2	10	First Aid supplies included in equipment bag and regularly checked to ensure regularly items are restocked.	3	2	6	
Environment: Training clothing	Risk of injury if inappropriate clothing and footwear is worn	Athletes	2	2	4	Athletes are responsible for wearing suitable and appropriate training kit and maintaining personal equipment.  Coach to do visual assessment of athletes/players and request removal of inappropriate footwear/kit.	2	1	2	.

COVID-19	Risk of COVID-19 transmission and infection	Athletes, Coaches, volunteers and other users.	5	4	20	<p>All club members who wish to attend any sessions must be made aware of and sent the Risk Mitigation plan and Risk Assessment for TFC Netball Club prior to attending any training sessions.</p> <p>Avoid facility if presenting with any COVID-19 symptoms. Avoid facility if any household members have COVID-19 symptoms</p> <p>Players and staff to travel to sessions and enter facility alone or with household members only.</p> <p>All club members must sign into the online Track and Trace system via the Pitchero app.</p>	4	1	4	<p>TFC Management Group and Covid Leads to verbally remind attendees about behavioural requirements during health check at venue prior to training and during the training session</p> <p>Notify the designated Covid lead and do not travel to training. Immediately start self-isolation.</p> <p>Coach and Covid Lead to ensure session does not commence until all attendees have signed into Pitchero</p>
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					<p>Temperature checks at venue entrance on arrival. Athletes are to complete the Covid-19 Health Declaration questionnaire prior to travelling.</p> <p>Face coverings must be worn at all time until physical activity starts in the sports hall.</p> <p>Social distancing of at least 2m between individuals of different households</p> <p>If an individual presents with Covid symptoms during training they are to vacate the building and return home to self-isolate immediately</p>			<p>Health check and temperature check process in place. Data kept on file for 21 days for track and trace purposes.</p> <p>Stop all activity and isolate. A designated isolation space (outside the venue exit) is available for anyone presenting with Covid symptoms during the training process if unable to vacate the venue immediately.</p>
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					<p>Venue ventilation must be 20l/S/P. CO2 gun to be provided for ventilation monitoring.</p> <p>Players to use isolated and distanced space marked out courtside for storing personal belongings. Contain clothing/drinks bottles or any other item which may spread the virus in a safe and secure place away from other users.</p> <p>Athletes to bring filled water bottles which are not to be shared.</p> <p>Follow guidelines from NGB England Netball for all training and gameplay environments.</p> <p>Athletes must be grouped into training bubbles of six athletes.</p>			<p>Covid Lead to ensure ventilation test is carried out prior to the commencement of each training session.</p> <p>Monitor this through-out the training session and coaches are to ensure modified rules are adhered to.</p>
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					<p>Regular hand washing and anti bacterial gels available.</p> <p>Where possible, disinfect items being brought into the facility. If equipment is shared, it should be disinfected between different users.</p> <p>Ensure items being touched are disinfected before and after use, e.g. balls, cones, pads, spots etc.</p> <p>Any area where human contact occurs should be disinfected, or notice should be given to facility staff to disinfect after use</p> <p>Changing rooms will not be open for use. Club members can only use the designated toilets and must adhere to the one in, one out rule.</p>			<p>Activity to stop every 15 minutes as per NGB guidelines to allow for hand sanitization and cleaning of equipment.</p> <p>Equipment will be cleaned every 15 minutes and there will be no cross over of equipment that absorbs body fluids (ie. bibs)</p>
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						Adhere to all operating procedures and keep informed of any updates or changes				Covid Officer to relay any updated communication from England Netball to club members to ensure the latest guidelines are being followed.
Coach/session lead to be familiar with risk assessments and control measures for the venue.										Covid Officer to ensure Risk Assessment and Risk Mitigation Plan is updated accordingly and that club members are sent the latest copy.

**Ongoing Review of Risk Assessment**

Signature	Position	Date
Vicky Crosby	Covid Officer	21 <sup>st</sup> October 2020


**Hazard and effect Reference**

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|---------------------------|--|
| 1. Cuts/Abrasions         | 2. Broken/Dislocated Bones   |
| 3. Sprains/Strains        | 4. Unconsciousness   |
| 5. Electrocution          | 6. Burns/Scalds  |
| 7. Flying/Falling Objects | 8. Contagious Diseases   |
| 9. Crushing/Trapping      | 10. Drowning   |
| 11. Spinal Injuries       | 12. Personal Health – situations possibly leading to illness (e.g. thermal shock causing a heart attack, or working conditions leading to epilepsy). |
| 13. Asphyxia              | 14. Absorbing harmful substances (e.g. through the skin, orifices, lesions, swallowing)  |
| 15. Noise Injuries        |  |

All risk assessments must be review on an annual basis as a minimum requirement. The risk assessment must also be reviewed in the event of the following.

- Following and accident / incident
- Change in equipment or equipment layout
- Change in the environment i.e. room layout, lighting, temperature
- Change in staffing i.e. young persons, disabilities, expectant mothers

Anytime the risk assessment is reviewed or amended the document must signed and dated in the box above.

If you are unsure or have any questions relating to risk assessments please contact a member of TFC Netball Club’s management group.