



EAST LONDON RUGBY FOOTBALL CLUB RULES AND REGULATIONS



WELCOME TO EAST LONDON RUGBY FOOTBALL CLUB

Hello and welcome.

At East London Rugby Football Club everyone is assured of a warm welcome either on the pitch, on the touchline, or in our clubhouse.

We pride ourselves on our facilities, which include which has two comfortable bar areas with television screens, three floodlit pitches and a 3G training area. We have Rugby Football Union accreditation.

As you might expect we have a set of rules and policies by which we operate and these are detailed below. Please note that these rules apply to all our members and guests.

CLUB MANAGEMENT

The Club has an elected Management Committee who look after the day-to-day management and operations of the Club while the facilities and bars are managed by East London Community Sports Association/SportsHubE15, who are a separate entity.

We are always looking for people to volunteer and help out. This may be on match days, social events, community and charity events or just helping with the day-to-day running of the Club. Please speak to one of the Committee members if you are interested.

When it comes to local community events, the Club expects its members to put themselves forward to help with such events and take pride in representing the Club off the pitch.

RULES AND REGULATIONS

ZERO TOLERANCE POLICY

A Zero Tolerance Policy applies to any/all forms of behaviour prohibited by law. A total ban from East London Rugby Football Club, the clubhouse and all of its activities will be dispensed to any person(s) not complying with this policy. This may also lead to police involvement. Examples of behaviour covered by the Zero Tolerance Policy include but are not limited to:

- Theft;
- Use of illegal drugs;
- Threatening words and behaviour, or use of violence;
- Bullying (physical and verbal);
- Harassment;
- Discrimination in any form.

Any individual bans will be dispensed at the discretion of the Club and/or East London Community Sports Association/SportsHubE15.

During the outbreak of the coronavirus pandemic, strict rules were in place in order to manage the risk of the spread of the virus. In the event of any recurrence of the virus, or similar health emergencies, anyone deliberately flouting the rules that are in place at the time, will be asked to leave immediately.

CODE OF CONDUCT

East London RFC sets a high standard when it comes to behaviour. The Club's reputation not only resides in the performance of our teams but also with players individually (on and off the pitch), the supporters, volunteers and staff. The Club may ban individuals who breach the code of conduct or interfere with the smooth running of the Club.

Every person who joins as a member of East London RFC is expected to uphold, adhere to, and demonstrate the core values of our sport as promoted by the Rugby Football Union. Those values are: Teamwork, Respect, Enjoyment, Discipline, and Sportsmanship.

The code of conduct applies to all players, spectators, volunteers, Club members and staff.

The Club is committed to the promotion of equal opportunities through the way we manage the organisation and provide services to our members and the community. In order to express this commitment, we develop, promote and maintain policies that will be conducive to the principles of fairness and equality in our operations.

The Club will treat seriously all complaints of unlawful discrimination made by members, coaches, employees, officers or other third parties and will take action where appropriate. All complaints will be investigated by the Club's Disciplinary Committee and the complainant will be informed of the outcome.

PLAYERS AND STAFF MEMBERS

Each and every player is an ambassador for East London RFC on and off the pitch and as such should take pride in that, and help to enforce a positive and correct code of conduct amongst all players.

Setting an example for each other is just as important to the Club as setting an example for our visitors and guests.

Staff and Club Members are equally important to the Club's reputation. Direct contact with visitors and guests plays a huge role in maintaining positive ties with supporters, other clubs, businesses and local residents.

AT THE CLUBHOUSE

- Respect the facilities. Do not leave litter or vandalise any of the facilities. Maintaining a clean, tidy and fully functioning Clubhouse facilitates investment into making further improvements. Take pride in your home ground.
- Boots are not allowed beyond the changing room areas. Keep the common areas (including toilets) clear of mud and dirt.
- No glasses or glass bottles are permitted outside the clubhouse. Recyclable disposable cups will be provided. This is for health and safety reasons, respecting the facilities and complying with the terms of the Club's Premises Licence. No alcohol purchased off site should be consumed in the clubhouse.
- Violent or threatening behaviour will not be tolerated by any persons and those persons involved will be immediately ejected from the site.
- Theft. The Zero Tolerance Policy will be invoked to any persons caught stealing. The result will be a lifetime ban and possible police involvement.
- Drugs are strictly prohibited on site. The Zero Tolerance Policy applies here and the police will be involved if any person(s) is found in possession of drugs on the premises.

- Other banned items include offensive weapons, offensive materials and fireworks.
- Smoking including e-cigarettes is not permitted in any part of the premises. Please use the facilities provided to dispose of cigarette butts.
- The Club accepts no responsibility for the loss of or damage to personal property. You are also advised not to bring valuable or expensive items to the Club.
- Players and members should take pride in their appearance and the Club badge. Please wear club apparel wherever appropriate.

SELECTION POLICY

Team selection is dependent on a number of variables such as ability, fitness, position and availability. However, the two principal factors influencing selection will be player membership status and player attendance at training.

ON THE FIELD

- Discipline. Concentrate and keep in control. A team with great discipline is in front even before kick-off. Penalties and yellow/red cards create more work for you and your team mates. Make the game easy and remain focused.
- All players are required to help organise and transfer training equipment/kit/match day gear. There are no exceptions. Prepare as a team, train as a team and perform as a team.
- Respect each other and avoid negative criticism. A tight team is a strong team.
- Respect referees and their decisions regardless of your opinion. Express your views to your Captain who will liaise with the referee on the team's behalf.
- Respect your Coach. Follow instructions and get it done as a team.
- Punctuality on match days and other commitments is essential. Members should arrive at the allotted times as instructed by their Coach and team Captain. Arrival after this time may incur a financial penalty.

