



LICHFIELD

v BROMSGROVE

SATURDAY 12TH NOVEMBER | 2.15PM



@LichfieldRugby



LRUFC
MAIN CLUB
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WELCOME **FROM THE PRESIDENT**

WELCOME to the players, officials and supporters of both sides today. I hope we witness a game played in the true spirit of Rugby Football. We welcome back to Cooke Fields to the sides we played at Level 5 a couple of years ago and we look forward to renewing old rugby friendships as well as meeting new opponents Oundle. It is important that we all, from both sides, respect the referee please – without them we do not get a game!!

We also welcome any new players and hope they enjoy being part of the Lichfield 'family'. Those who have moved from the Colts to Senior Rugby for this season have helped boost numbers in a very competitive squad. Good luck to all our teams and I hope the great progress made by the 1st XV last season is continued.

There are games on a Sunday for the Ladies this season and it is always a day full of action, along with Didi rugby, Rugger Rats, minis, juniors and colts all either training or playing fixtures/tournaments. Come down and watch if able and watch the future players/stars of the club. As a club we put on many really good social events and when Autumn Internationals or Six Nations matches take place we show them on our big screen. So please support any or all of these with friends and family – to enjoy the atmosphere in the Lichfield Rugby Club.

Thank you to all who have supported me as President of the club which has been a great honour over the years. Particularly to those, past and present, who give up so much of their spare time to ensure Lichfield Rugby functions and develops so well – THANK YOU.

Enjoy your time at Cooke Fields and safe journey to you all. See you in the bar to review the game and share memories for the future

Barry Broad – Club President

KEY CONTACTS

President – Barry Broad: barryj.broad@hotmail.co.uk, 07866 482 539

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Junior Rugby Chairman – Dave Clark: lrufc2009.10@gmail.com, 07810 206 207

Head of Ladies Rugby – Molly Sanghera: manjit_88@hotmail.com, 07709 411 455

Hon. Treasurer – Iain Eadie: iaineadie@outlook.com, 07916 139 803

A FEW WORDS FROM THE CHAIRMAN



Welcome to Cooke Fields – the home of Lichfield Rugby Club. I really hope you enjoy the game and get to see some exciting and entertaining rugby.

We started last season, after a long period of inactivity, not really knowing what to expect, and it's fair to say that we were very pleasantly surprised by how all of our teams resumed playing with a great deal of style and a lot of success. A great credit to all of the coaching teams and the commitment of the players who kept the fitness and skill levels going throughout all of the lockdowns.

This time around things are a bit more 'normal' and we certainly know a bit more about what to expect for the Men's First team – as we step up to resume competition with many of the teams we battled with a few years ago. A much bigger challenge for sure, but one which the squad are eagerly anticipating.

Across our other senior Men's teams, the new season is harder to predict. One of the very few disappointments from last season was the much lower number of games that the 2s and the 3s had. This was largely through no fault of their own as we had fixtures agreed, and teams ready and very keen to play. But opposition cry-offs (and at times referee shortages), meant far too many games didn't happen, and as a result, very disjointed seasons for both teams. This underlying shortage of adult men now playing rugby regularly is a problem everywhere and is creating a major challenge for all clubs – both in maintaining playing standards and remaining financially viable. Let's hope the new season sees an improvement for everyone.

On the Ladies side, whilst playing numbers generally are on the increase, we now face our first season after 'losing' a significant number of our more senior players to the newly founded Leicester Tigers Women's team. This was always factored into our plans as part of the partnership with Tigers, and we now have a new second team entered into NC2 Midlands (West), but nevertheless (and for different reasons to the men) early season playing numbers may still be challenge.

There are always different challenges, but our focus remains on enabling as many players as possible to participate and enjoy the game. Obviously, we are immensely proud of our playing successes, but our pride really comes from seeing the numbers and the skills of the players on view and the fact that most of them have developed those skills through the junior sections of our club. And then very importantly that we proudly remain a community amateur club, and that players are playing here because they enjoy the challenge, the camaraderie and the resources and experiences that we can provide. And not because of any financial incentives they have been offered or could enjoy elsewhere. If you like what you see and would like to get involved in playing here (at whatever standard), please visit our club website (www.lichfieldrugby.co.uk), or pop into the clubhouse and ask for more details.

The role for myself and the others involved in the management of the club is 'simply' to provide the facilities and the environment to attract and support the players and coaches and in doing so, also provide an asset to the local community that many other people can enjoy. I'm glad to report that after a very challenging few years for us all, the club is still extremely buoyant, and well-placed to continue our development – both on and off the field.

So, in conclusion, many thanks to those of you who help us do this. In particular to our generous sponsors who support us in providing these facilities, and our members and volunteers who all contribute to make our club such a success.

Paul Massey – Club Chairman 2022-23

REGION

SEPTEMBER

Saturday, 3 September
Saturday, 10 September
Saturday, 17 September
Saturday, 24 September

Lichfield v Derby
Dudley Kingswinford v Lichfield
Lichfield v Kenilworth
Lichfield v Syston

OCTOBER

Saturday, 1 October
Saturday, 15 October
Saturday, 22 October
Saturday, 29 October

Nuneaton v Lichfield
Lichfield v Oundle
Stoke on Trent v Lichfield
Lichfield v Bridgnorth

NOVEMBER

Saturday, 5 November
Saturday, 12 November
Saturday, 26 November

Broadstreet v Lichfield
Lichfield v Bromsgrove
Burton v Lichfield

NAL 1 MIDLANDS

DECEMBER

Saturday, 3 December
Saturday, 10 December
Saturday, 17 December

Lichfield v Dudley Kingswinford
Kenilworth v Lichfield
Syston v Lichfield

JANUARY

Saturday, 7 January
Saturday, 14 January
Saturday, 21 January
Saturday, 28 January

Lichfield v Nuneaton
Oundle v Lichfield
Lichfield v Stoke on Trent
Bridgnorth v Lichfield

FEBRUARY

Saturday, 11 February
Saturday, 18 February

Lichfield v Broadstreet
Bromsgrove v Lichfield

MARCH

Saturday, 4 March
Saturday, 11 March

Lichfield v Burton
Derby v Lichfield





MATCH PREVIEW

Today's round 10 game involves the visit of Bromsgrove and we welcome all their officials, players and supporters to Cooke Fields. In addition, the 2s are playing Bournville at home in their league merit table match – second v our third position in the table.

Results in this league are becoming harder to predict, it seems, based on the last couple of weeks. Since week 1, Dudley K are the only side showing real consistency, however, they were beaten at home two weeks ago by today's visitors (16-11) and Bromsgrove then defeated Kenilworth 31-19 last Saturday to move up to fifth position. They now have a won 5, lost 4 record; they share with Burton the lead for the most bonus points, having earned a losing bonus point on all four occasions they have lost.

There have been definite improvements in our last two outings. Last week's game at Broad Street was not for the purist, but we dug deep to win with the last play when Joe Bourne scored his second try to break the deadlock at 17 each (four point win). Ben Ashmore also took his tally to two tries in his first two games for our senior side. Good for the confidence levels, we hope. Despite conceding 50 points to Bridgnorth, who then lost to bottom side Nuneaton last week, we have played worse this season. The Shropshire side grabbed most of the opportunities, which came their way, and the ball did seem to bounce their way rather than ours – you make your own luck, they do say. No excuses, however. The U9s provide the mascots and they are Fred Nichols, Ted Burton, Gethin Smith & Isaac Wilkins – enjoy it lads.

No men's games next week, we visit Burton in a fortnight, their new ground is at Branston Road, Tattenhill, DE14 3EZ.

The men's 2s have w3, l3 record. A fortnight ago, we narrowly lost at Birmingham Medics in a very early kick off and last Saturday we had a walk over against Stafford. They did manage a game of sorts, which the RFU are encouraging (see their quarterly online video magazine, The Clubhouse, on YouTube), where the teams can amend the rules to make the game fit the numbers and ability of the players. The 3s are struggling to get going this season, to date any postponed fixtures are being rearranged to make the merit league table have meaning.

The women continue to see the benefits of the amalgamation with Leicester Tigers, who remain unbeaten. Both the Red and Green Lichfield sides lie in second spot in their respective leagues with one defeat each. In the cup competition two weeks ago, the Red team had a walk over versus Cannock,

whilst the Green team went to Winnington Park in Cheshire and won 66-0. They also "nilled" Bournville in last week's league match. The Red team are at Sutton tomorrow and are home to Hitchin next week, whilst the Green team are at Telford tomorrow.

The colts have had nine of their squad selected for the county colts training group, which is a wonderful achievement – plus one in the Warwickshire side. Well done to Dave Butler and his coaching staff. They have a league game at home tomorrow against Newport at 2pm and then next Sunday they face Stourbridge in the 3rd round of the national cup. They have already beaten "Stour" in the league, but by one point. All support would be welcome. The results from our junior sides remain successful overall.

There are still tickets for the Christmas lunch taking place on Saturday 3 December, starting at 12:00 with a tasty three course lunch on offer from Barry Gwilt, contact Barry Broad to reserve your place(s), it is not members only. The mini/junior Christmas party is on Sunday 18 December, this is always a special event for all the many mini/junior players we have in the club. Full details of these events are also available on our website and on our social media.

201 Club prizes: October £100 Dave Richards, £50 Jan Young, £25 Laura Pontin AND September: £100 Paul Massey, £50 Steve Riley, £25 Bill Kendrick. Entry to the draw is £5 per month, contact Laura Pontin, further details are on the website under "Information".

#	Team	P	W	D	L	PF	PA	+/-	TB	LB	Pts
1	Dudley Kingswinford	9	7	0	2	278	135	143	6	2	36
2	Derby	9	7	0	2	266	241	25	2	1	31
3	Bridgnorth	9	6	0	3	231	212	19	4	2	30
4	Syston	9	6	0	3	252	163	89	4	1	29
5	Bromsgrove	9	5	0	4	264	200	64	5	4	29
6	Burton	9	5	0	4	238	235	3	7	2	29
7	Kensilworth	9	4	0	5	207	213	-6	4	3	23
8	Oundle	9	4	0	5	184	242	-58	5	2	23
9	Broadstreet	9	3	0	6	223	277	-54	4	3	19
10	Lichfield	9	3	0	6	227	330	-103	4	2	18
11	Stoke on Trent	9	2	0	7	263	310	-47	6	2	16
12	Nuneaton	9	2	0	7	216	291	-75	3	3	14



COACH'S CORNER

DAN HEMINGWAY



**DAN
HEMINGWAY**



**JON
PERKS**



**HUW
MARSDEN**

Thank you to all those who travelled across to Ivor Preece Field last week, and thankfully your support was rewarded with a good team performance and a win. The group that took the field showed the resilience we have lacked at times this year and made themselves tough to beat, ultimately giving us the chance to win the game. It was definitely a try that was worthy of winning the game from Joe Bourne.

The trick this week will be to build on last week's performance, working hard defensively and being efficient at the set piece so we have a platform to attack from.

Bromsgrove will be a strong opposition and we look forward to the challenge. Welcome to all players, coaches and supporters from Bromsgrove.

Hemo

REGIONAL 1 MIDLANDS

SATURDAY 12TH NOVEMBER | 2.15PM

LICHFIELD

V

BROMSGROVE

Jack Dace	1	Kieran Haynes
Kieran Reynolds	2	James Gunther
Rory Davis	3	Finn Haynes
Tom Gibbs	4	Russ Brown
Cal Turner	5	Lewis Arnold
Jack Hurst	6	Rich Hance
Freddie Wilson	7	Cam McCann
Rich Burton	8	Drew Harper
Ollie Green	9	Will Harris
Adam Spinner	10	Harvey Causer
Ben Meads	11	Josh Holt
Charlie Milner (c)	12	George Amphlett
David Mott	13	Callum Megram
Joe Bourne	14	Tom Sadler
Kai Lucas-Dumolo	15	Ed Spalding
Fraser Goatcher	16	Bobby Green
Jake Turley	17	Nathan Fisher
Tom Day	18	Ross Attwood

The referee today is Rory Fisher, from the Warwickshire Refereeing Society.
We wish him an enjoyable time at Lichfield RUFC.

Masoots for today's match are Fred Nichols, Ted Burton, Gethin Smith and Isaac Wilkins.

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— AT SHENSTONE —

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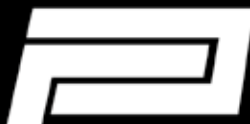
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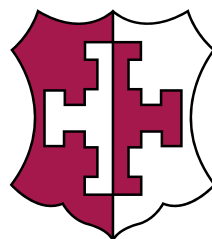
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Ian Turner is a Health and Fitness Professional with over 25 years experience as an Army Physical Training Corps Instructor and Rehabilitation Specialist. A Sports Therapist with Lichfield RUFC and the England Women's Rugby team. Ian has also worked with other sports men and women in Athletics, Running, Cycling, Hockey, Football, Cricket, Water Skiing and the Britains Strongest Man Circuit

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LICHFIELD

U7s – U12s

FIXTURES: 2022-2023



OCT 02 BURTON – H

OCT 16 BROMSGROVE – A

NOV 13 SUTTON COLDFIELD – H

DEC 04 BARKERS BUTTS – A

JAN 08 OLD LEAMINGTONIANS – A

FEB 05 NUNEATON – A

MAR 05 LICHFIELD MJ FESTIVAL: U7s – U9s

MAR 26 TRENTHAM – A

APR 16 LICHFIELD MJ FESTIVAL: U10s – U12s

APR 30 NEWPORT SALOP – H



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