



# LICHFIELD

## v STOKE-ON-TRENT

SATURDAY 18TH MARCH | 3PM



@LichfieldRugby



LRUFC  
MAIN CLUB  
SPONSOR

Downes  
&  
Daughters  
BASIC GROUP



# **WELCOME** **FROM THE PRESIDENT**

Welcome to all officials, players and supporters from all teams at Cooke Fields today – enjoy the competition and the camaraderie which is special to the sport of Rugby Football. Welcome also to my guests from Whittington Heath Golf Club, all the VP's plus, Steve Allen and friends.

Interesting times in Rugby at present, and who knows what the future will bring!! Head knocks and tackle height issues are the dominant discussions at present, but who knows what the RFU will throw at us next?

As we head towards the end of a very disjointed season, I hope we can gain a few more wins to reward all those who have trained and played hard for their teammates and our great club. Just like England against Scotland we need to win two halves of rugby, as too often this year we have only been ahead over one half of a rugby match. Elsewhere on the field, the Ladies set up with Leicester Tigers has proven very successful so far – long may this continue. If only 'rugby for all' in schools could become a development strategy to ensure others who don't access our brilliant Mini Junior section, can try the skills and game of Rugby Football – 200 years old celebrations began last Sunday at Rugby School!

Off the field the support has been tremendous. Thank you to those who have travelled around the Midlands [or even abroad!] to support any of our teams. Thank you to those of you who frequent the pre-match meals and always create such a 'buzz' in the clubhouse. Thank you to all members of our Executive Committee for the hours and hours spent on Lichfield Rugby Club matters/issues and without whom a club cannot function successfully. I will remain involved for one last season next year as we head towards commemorating our 150th year in 2024.

When the season will finish is still unsure – as we still await news from the RFU about the Papa John Cup competition, but we do now know the Kenilworth game has been rescheduled for April 1st [no joke!!]

**Barry Broad – Club President**

## **KEY CONTACTS**

President – Barry Broad: [barryj.broad@hotmail.co.uk](mailto:barryj.broad@hotmail.co.uk), 07866 482 539

Chairman – Paul Massey: [paul.massey58@outlook.com](mailto:paul.massey58@outlook.com), 07764 157 889

Director of Rugby – Dan Hemingway: [hemingwaydph@msn.com](mailto:hemingwaydph@msn.com), 07894 866 548

Commercial & Sponsorship – Dorian Tranter: [commercial@lichfieldrugby.co.uk](mailto:commercial@lichfieldrugby.co.uk), 07701 308 661

Facilities – Dan Bourne: [daniel@masonryrsolutions.co.uk](mailto:daniel@masonryrsolutions.co.uk), 07967 076 797

Mini Rugby Chairman – Luke Trueman: [luke.trueman@hotmail.com](mailto:luke.trueman@hotmail.com), 07841 126 834

Junior Rugby Chairman – Dave Clark: [lrufc2009.10@gmail.com](mailto:lrufc2009.10@gmail.com), 07810 206 207

Head of Ladies Rugby – Molly Sanghera: [manjit\\_88@hotmail.com](mailto:manjit_88@hotmail.com), 07709 411 455

Hon. Treasurer – Iain Eadie: [iaineadie@outlook.com](mailto:iaineadie@outlook.com), 07916 139 803

# A FEW WORDS FROM THE CHAIRMAN



Welcome to Cooke Fields – the home of Lichfield Rugby Club. I really hope you enjoy the game and get to see some exciting and entertaining rugby.

As we turn the year and enter the second half of the season, it's an appropriate time to take stock of where the club is at.

A very brief summary is that we're in a good place in pretty much all aspects of our activity – except possibly the adults men's rugby – where playing numbers and to some extent results are not where we would like them to be.

Moving back up to Level 5 for the Men's 1s was always going to be a tough step, and indeed that has proven to be the case – although not so much in being able to match the necessary standard in terms of fitness and skill levels, but to be able to field teams strong enough to do so consistently. Here's hoping that post-Christmas we can get a lot of the 'walking wounded' back in action and put together a string of positive performances.

But what's more worrying than current playing results though is the ever reducing numbers of fixtures and players for the Men's second and third teams. Generally there seems to be less and less people wanting to play adult men's rugby. This is not a new problem and certainly not unique to us, but the worrying trends from previous seasons have certainly continued into this one. We are always on the look-out for creative ways to address this issue (and the RFU are supposed to be helping too) but if you know anyone who may be looking to 'dust off' their boots (however infrequently), please point them in our direction.

Much more encouragingly, across both the Mini-Junior and the Ladies sections, playing numbers this season are generally on the increase, and results too continue to be very positive.

In our first season after 'losing' a significant number of our more senior female players to the newly founded Leicester Tigers Women's team, results for both of our teams have been very good. The coaching support and the development pathway that the partnership with Tigers was intended to provide certainly seems to be delivering the goods. Long may this continue.

There are of course always different challenges to be faced – on and off the field – but our primary focus will always remain on attracting and enabling as many players as possible to participate and enjoy the game. We are immensely proud of all our playing successes, but our real pride comes from seeing the numbers and the skills of the players and the fact that the vast majority of them have developed those skills through the junior sections of our club. And then very importantly that we proudly remain a community amateur club, and that players are playing here because they enjoy the challenge, the camaraderie and the resources and experiences that we can provide. And not because of any financial incentives they have been offered or could enjoy elsewhere. If you like what you see and would like to get involved in playing here (at whatever standard), please visit our club website ([www.lichfieldrugby.co.uk](http://www.lichfieldrugby.co.uk)), or pop into the clubhouse and ask for more details.

The role for myself and the others involved in the management of the club is 'simply' to provide the facilities and the environment to attract and support the players and coaches and in doing so, also provide an asset to the local community that many other people can enjoy. I'm also glad to report that after a very challenging few years for us all, and ever increasing external pressure from the wider economy, the club is still in a good place and aiming to continue our development – both on and off the field.

So, in conclusion, many thanks to those of you who help us do this. In particular to our generous sponsors who support us in providing and developing these facilities, and our members and volunteers who all contribute to make our club such a success.

**Paul Massey – Club Chairman 2022-23**



# REGION

## SEPTEMBER

Saturday, 3 September  
Saturday, 10 September  
Saturday, 17 September  
Saturday, 24 September

Lichfield v Derby  
Dudley Kingswinford v Lichfield  
Lichfield v Kenilworth  
Lichfield v Syston

## OCTOBER

Saturday, 1 October  
Saturday, 15 October  
Saturday, 22 October  
Saturday, 29 October

Nuneaton v Lichfield  
Lichfield v Oundle  
Stoke on Trent v Lichfield  
Lichfield v Bridgnorth

## NOVEMBER

Saturday, 5 November  
Saturday, 12 November  
Saturday, 26 November

Broadstreet v Lichfield  
Lichfield v Bromsgrove  
Burton v Lichfield

# NAL 1 MIDLANDS

## DECEMBER

Saturday, 3 December  
Saturday, 10 December  
Saturday, 17 December

Lichfield v Dudley Kingswinford  
Kenilworth v Lichfield  
Syston v Lichfield

## JANUARY

Saturday, 7 January  
Saturday, 14 January  
Saturday, 21 January  
Saturday, 28 January

Lichfield v Nuneaton  
Oundle v Lichfield  
Lichfield v Stoke on Trent  
Bridgnorth v Lichfield

## FEBRUARY

Saturday, 11 February  
Saturday, 18 February

Lichfield v Broadstreet  
Bromsgrove v Lichfield

## MARCH

Saturday, 4 March  
Saturday, 11 March

Lichfield v Burton  
Derby v Lichfield





# MATCH PREVIEW

This rearranged game against Stoke is the last home league fixture of the 22/23 campaign and there is still much for us to play for today and away at Kenilworth on 1 April. Both sides come into the match in reasonable form – Stoke have had three consecutive victories (all at home) and we have won three out of the last four (two of them away). We lost at Stoke in October by 45-15 with an abject display. This gave them a first success for the season, which they then backed up the following week at Nuneaton. Since then they have not been successful on the road.

We can report on consecutive league wins for the 1st XV for the first time this season, against Burton and Derby. On both occasions, we have had to come from behind at half time with a mixture of good continuity, sound discipline and patience in attacking areas, which has translated into tries scored in greater numbers than we were managing previously. Hence success, it's that easy!! We have just passed the 500 points scored mark, which compares to Stoke's 573; however, our record for conceding points remains the most "generous" by some margin in this league.

The 2s are due to finish their league season with Wolverhampton 2s expected here today, however, both their and the 3s' seasons are finishing like a damp squib with lots of lower tier games not taking place at numerous clubs. So, we welcome everyone from Stoke and Wolverhampton to Cooke Fields, along with all our lunch guests and spectators. Thank you for all your support home and away.

The mini/junior sides have been heavily involved in "manning" the gate since September (much appreciated) and with providing ball boys/girls and today it is the U8s, with Joseph Fisher and Arla Collins as mascots.

Tomorrow's rugby pans out as follows: the women's Green team (2s) are at home to Tamworth in their league at 2pm, we remain 2nd with the key away game against the leaders, Old Leamingtonians, on 16 April. The colts play Stafford at home in the county cup semi final, which also starts at 2pm. In the morning, the U14s are at home to Barkers Butts from Coventry, which is where the 16s and 15s are in action.

A fortnight ago, both our women's teams were at an advanced stage of the national cup competitions. Unfortunately, both lost but in very tight games. The Red team came up against Cheltenham at Cooke Fields (quarter final of the

Intermediate cup) and the visitors were victorious by 26-22 and the Green team made the incredibly long trek to Workington, including a Saturday night stay over, for the semi final of the Plate and came up just short (15-10).

Last Sunday, the U14s became County Champions against Wolverhampton at Burton, winning 29-19, congratulations to all involved in this playing group. This success is in addition to the U16s, who achieved the same against Longton, whilst the U15s were beaten in a closely fought semi final by a very efficient Telford unit. The U15 squad went on a mini tour last weekend to Gloucester and were involved in the Guard of Honour before the Gloucester v Leicester Tigers Premiership league game, which was also supporting the 4Ed charity (Ed Slater has contracted MND), to which we contributed £7.5k previously. The 15 group also played Old Cryptians and drew 20 all in a friendly.

The Papa Johns Community Cup competitions are now due to start on 1 April and an announcement was made last Monday with the draw and the dates of the rounds through to the final. As we still have league commitments on the above date, we have opted to fulfill those rather enter. Stoke are in a group with Ilkley, Kendal and Wirral.

Finally, the Lichfield club and committee would like to record its thanks to all its many sponsors and benefactors, starting with the main sponsor Downes & Daughters, for their ongoing support, without which the club would not be able to function so effectively for the benefit of the large number of players, members and spectators using our impressive facilities.

#	Team	P	W	D	L	PF	PA	+/-	TD	LB	Pts
1	Dudley Kingswinford	20	16	0	4	613	338	275	12	4	80
2	Bromsgrove	22	13	1	8	666	480	186	14	7	75
3	Syston	21	15	0	6	716	395	321	12	2	74
4	Bridgnorth	20	14	0	6	557	447	110	11	5	72
5	Kenilworth	20	13	0	7	529	441	88	9	4	65
6	Burton	21	9	0	12	541	550	-9	12	7	55
7	Derby	22	10	1	11	562	691	-129	9	2	53
8	Oundle	21	8	0	13	469	611	-142	12	6	50
9	Broadstreet	21	8	0	13	499	657	-158	9	5	46
10	Stoke on Trent	21	7	0	14	573	677	-104	12	6	46
11	Lichfield	20	6	0	14	501	745	-244	10	3	37
12	Nuneaton	21	5	0	16	479	673	-194	8	6	34





# COACH'S CORNER

## DAN HEMINGWAY



**DAN  
HEMINGWAY**



**JON  
PERKS**



**HUW  
MARSDEN**

Welcome to Cooke Fields for the final home game of the 2022/23 season.

It has been a somewhat turbulent year, at times a far cry from the successes of the last two seasons. Injury, unavailability, performance and at times luck have contributed to us occupying the bottom part of the league throughout the season. However, in the last few weeks, we have found out a lot about ourselves and this group of players. We have found out how hard they are willing to work, how good they can be, and most importantly how much they care about this club. Through their determination we are still in the fight, just, and can take it down the final weekend with a win today.

Regardless of the outcome, I think it is fair to say the players have proved themselves to be a group we can be immensely proud of and one that we can support, encourage and give our full backing to going into next season. It promises to be a special year as we look forward to celebrating our 150th year as a club, a fantastic achievement for a community rugby club like ours, built on home grown talent and the efforts of people who bleed Myrtle Green.

Thank you to the players, the executive committee, to the sponsors, the bar staff, the pitch team, the mini and junior players and coaches, the ladies section and all involved with Lichfield RUFC this season. We have an amazing club and none of it could happen without the efforts of so many.

Thank you all for your support this season, it hasn't been an easy one! Get behind the boys today and I promise you they will give it their all for this club.

Hemo



# REGIONAL 1 MIDLANDS

## SATURDAY 18TH MARCH | 3PM

### LICHFIELD

V

### STOKE-ON-TRENT

Jack Dace	1	J Salt
Owen Boxall	2	M Yorke
Cal Hagyard	3	C Williams
Rory Davis	4	J Bailey
Jake Turley	5	J Binns
Freddie Wilson	6	T Gibson
Kieran Reynolds	7	L Rawlings
Richard Burton	8	J Grimshaw
Sam Benson	9	W Sant
Adam Spinner	10	C Shone
Ben Ashmore	11	N Oxley
Cal Shields	12	J Maskrey
Paul Maxwell-Keys	13	J Loska
Kai Lucas-Dumolo	14	S Talbot
Ollie Green	15	S Clarke
Ben Pogson	16	T Dodd
Charlie Milner	17	L Wood
Tom Day	18	J Wagg

The referee today is Rory Fisher, from the Warwickshire Refereeing Society.  
We wish him an enjoyable time at Lichfield RUFC.

Mascots: Joseph Fisher & Arla Collins (U8s)

# TRY THE PLOUGH

## —AT SHENSTONE—

PROUD TO SPONSOR LRFC 'MAN OF THE MATCH'

Follow us on



[www.theploughatshenstone.co.uk](http://www.theploughatshenstone.co.uk) Tel: 01543 481800

# JAMES LAD ART



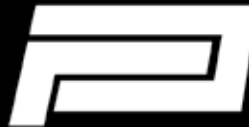
Designed the Tiger mandala for  
Leicester Tigers 2021/22 season.

Proud to sponsor Charlotte Gauja  
for Lichfield Ladies 2022/23

Insta: Jimlad0116.art

Email: jameslad1983@googlemail.com

**LICHFIELD  
X KAPPA**



**PRINTABLE PROMOTIONS**  
TEAMWEAR | WORKWEAR | MERCHANDISE

Proud to support Lichfield RUFC



Established in 1993, Printable Promotions are one of the UK's leading suppliers of Teamwear, Workwear & Merchandise. Working with a number of well-loved brands, we're able to tailor the perfect solution for your club, company or event.

[sales@printablepromotions.co.uk](mailto:sales@printablepromotions.co.uk)



[@ppteamwear](https://www.instagram.com/ppteamwear)



**GRAY-NICOLLS**





# SHOPPER

Lloyd Morgan Group

## Branded Uniforms, Workwear, PPE & Transport Products



✓ Price Match Promise     Express Shipping    £ No Minimum Order

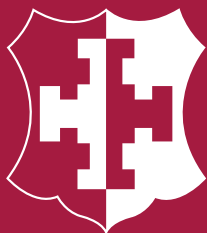
To Discuss Your Bespoke Workplace Needs,  
Please Contact Us On:

T - 01543 897505

E - [workwear@lloydmorgangroup.co.uk](mailto:workwear@lloydmorgangroup.co.uk)

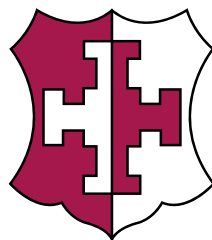
[www.lmgshopper.co.uk](http://www.lmgshopper.co.uk)





## DENSTONE COLLEGE

An coeducational day & boarding school for ages  
4 - 18



## THE PREP *at* DENSTONE COLLEGE

[DenstoneCollege.org](http://DenstoneCollege.org)

# LICHFIELD WINDOWS LTD



[www.lichfieldwindows.com](http://www.lichfieldwindows.com)

01543 676269



REQUEST YOUR APPOINTMENT AT [WWW.COTONHOUSEFARM.COM](http://WWW.COTONHOUSEFARM.COM)



*Exclusive use Wedding Barn venue*  
BASED IN THE BEAUTIFUL LICHFIELD COUNTRYSIDE

Tel: 01543 432429 / 07402 712143 / Email: [events@cotonhousefarm.com](mailto:events@cotonhousefarm.com)

[www.cotonhousefarm.com](http://www.cotonhousefarm.com)

Coton House Farm, Vicarage Lane, Whittington, Lichfield, Staffordshire, WS14 9LQ



Coton House Farm Wedding Venue



**get FASTER**  
Fitness, Assessment, Sports Therapy  
& Exercise Rehabilitation

**Ian Turner** Dip MSI, IIST, REP's, JSRI  
**Tel : 07753 571287**  
**Email : [get\\_faster1@sky.com](mailto:get_faster1@sky.com)**

**Sports Injury Therapy Including:**

Injury Assessment  
Acute and Chronic Injuries Treated  
Sports Massage  
Manipulation  
Bio-Mechanical Analysis  
Pre and Post Operative Exercise Rehabilitation  
GP Referral  
Personal Training  
Sport Specific Exercise Prescription  
Weight Management  
Nutritional Guidance



Ian Turner is a Health and Fitness Professional with over 25 years experience as an Army Physical Training Corps Instructor and Rehabilitation Specialist. A Sports Therapist with Lichfield RUFC and the England Women's Rugby team. Ian has also worked with other sports men and women in Athletics, Running, Cycling, Hockey, Football, Cricket, Water Skiing and the Britains Strongest Man Circuit

For an assessment, treatment, exercise programme or even a chat about your fitness  
Call Ian on 07753 571287

**SPORTS INJURY THERAPIST AND PERSONAL TRAINER**



Register  
of  
Exercise  
Professionals

[WWW.BRICKABILITYGROUPPLC.COM](http://WWW.BRICKABILITYGROUPPLC.COM)



**Brickability**  
GROUP PLC





# LICHFIELD

## U7s – U12s

FIXTURES: 2022-2023



**OCT 02** BURTON – H

**OCT 16** BROMSGROVE – A

**NOV 13** SUTTON COLDFIELD – H

**DEC 04** BARKERS BUTTS – A

**JAN 08** OLD LEAMINGTONIANS – A

**FEB 05** NUNEATON – A

**MAR 05** LICHFIELD MJ FESTIVAL: U7s – U9s

**MAR 26** TRENTHAM – A

**APR 16** LICHFIELD MJ FESTIVAL: U10s – U12s

**APR 30** NEWPORT SALOP – H



## CLUB SPONSORS



# Downes & Daughters

ESTATE AGENCY



The Downes family have been building and selling homes throughout Staffordshire for generations. Having grown up in the area and now living and raising our own young family in Whittington, our local knowledge is based on real, firsthand experience.

We are a family business with family values and strive to deliver an unrivalled level of customer service. We aim to treat you how we would like to be treated ourselves.

Our shop is attached to the family home and we pride ourselves on its warm, welcoming feel. We wanted to create a place where vendors and buyers alike can relax in an unhurried environment to properly discuss their property requirements. We believe in conducting business in a friendly manner and will always approach even the most difficult of transactions with a sense of humour and understanding you simply would not receive from a national chain.

We are totally independent and offer clear, concise and honest advice on all aspects of property sales.

Please feel free to call in or get in touch to find out more.

**t: 01543 432099 w: [www.downesanddaughters.co.uk](http://www.downesanddaughters.co.uk)**



**5 Main Street, Whittington, Staffs WS14 9JU**