



Changing Room Usage

Deal and Betteshanger Rugby Club recognises that children (17 and under) and adults (18 and over) do not use the same changing facilities at the same time.

To make sure that we observe this principle, the subsequent rules must be followed at all times:

- Adults must not change, or shower, at the same time using the same facility as children - if the same changing room is used then they must have different times
- If adults and children need to share a changing facility, they must do so at different times.
- Mixed gender teams must have access to separate male and female changing rooms
- If children are uncomfortable changing or showering at the club, no pressure should be placed on them to do so.
- Parents are only to be in attendance within the changing rooms if a coach is present.
- Separate guidance regarding the playing of mixed teams of adults and U18 players is available.

Due to the risks of inappropriate photography or filming, mobile phones must not be used in changing rooms; either by players, coaches or parents.

The rugby club will provide lockable storage for mobile devices and this will be kept behind the bar or locked away during the training session or game.

The club follows the guidance provided by the NSPCC in the following document. NSPCC Child Protection in Sport Unit- Safe Use of Changing Facilities 2022.

If there are any concerns over this guidance or you have any further questions, then please see

Kirsty Francis - Club Safeguarding Officer

Matt Curd - Club Chairman