

## **Deal and Betteshanger Rugby Football Club**

### **JUNIOR SECTION FIRST AID POLICY**

Deal and Betteshanger RFC will ensure adequate First Aid provision is available during training and on match days.

- A full First Aid kit is located in the clubhouse.
- There will be at least one First Aid trained individual present during training.
- Each age group will be issued with comprehensive First Aid Kit containing appropriate contents for the type of rugby played by that group.
- Incidents requiring First Aid treatment will be referred to the Age group's appropriately trained individual who will carry out an assessment of the injury and call the Ambulance Service if needed.
- All treatment will be carried out in the presence of the appropriate adult, carer or parent. Refusal to accept Ambulance treatment if suggested by the First Aider will be noted and will be wholly the responsibility of that carer/parent.

Deal and Betteshanger RFC will NOT take responsibility for players playing with undisclosed injuries. ALL injuries will be declared to the Team coach prior to any training session or match either by the player or their parent/carers. The coach will make the final decision whether it is safe for that individual to play.

If any player has an injury or permanent disability but still wishes to play rugby at Deal and Betteshanger RFC then the club will require a letter from a medical practitioner certifying that it is safe for them to do so.

#### **ADVICE:**

*Deal and Betteshanger RFC strongly advises all parents & carers of young people to obtain independent sports injury insurance to cover their child whilst participating in Rugby.*