

Sileby Town Cricket Club Est. 1895 Mill Lane, Sileby, Loughborough, Leicestershire LE12 7NF



Changing Room Protocols

Government guidance along with ECB guidance has allowed us to open the changing room for home and away teams from May 17th. This document has been produced so players are clear on the protocols to ensure we can continue in safe manner.

Changing room use is limited at any one time to a **Maximum** of 6 players. A one in, one out system must operate if capacity is reached.

DO's	DONT's
Wear Face Covering at all times in Changing area	Do not enter the changing room if you start to show symptoms of Covid-19.
Use changing room to store bags, during the match only.	Do not use the changing rooms as a social space
Use changing rooms to change into cricket clothing and equipment	Do not use changing rooms to keep warm
Socially distance from the next person	Do not shelter during a rain delay
Ensure area is clear, clean, and tidy during and after use	Do not exceed the maximum number of people
Regularly sanitise hands using the hand sanitizer provided	Do not close doors
Ensure doors remain open to provide as much ventilation as possible in changing rooms	Do not use the Changing area for team talks, this should be done as a whole outside.
Clean shower after each use (1 in 1 out system for showers)	Do not leave kit and bags in changing rooms after matches, allowing the room to be cleaned
Spend minimal time in the dressing room before, during and after the game/training	
Ensure the highest standards of safeguarding in line with the ECB Safe Hands policy which the club has adopted. (all members have agreed to abide by the club's changing and showering policy)	



