



# HEAD INJURY REPORT

Dear Parent / Carer,

Name of Child .....

Date and time of Injury .....

Nature of Injury .....

Kidderminster Lions FC follows the FA guidance concerning any head injuries. This form is to make you aware that your son/daughter sustained a head injury at today's training session/match.

A pitch side first aid assessment was given by an appropriately qualified first aider, however it is well recognised that the symptoms and signs of any head injury can be delayed in onset. Please monitor him/her for the next 24 hours and if he/she shows any of the symptoms detailed below, please take him/her to hospital for an urgent assessment at the Accident and Emergency Department.

- Headache that gets worse or still present over six hours after the injury
- Dizziness / light-headedness / dazed expression
- Confusion and disorientation
- Difficulty in staying awake or sleepy several hours after the incident.
- Memory disturbance / loss
- Delayed response to verbal commands
- Slurring of speech
- Blurred / double vision / seeing 'stars' / flashing lights
- Unsteady on feet / loss of balance / uncoordinated movement
- Nausea and or vomiting
- A fit / 'convulsion' (arms and legs jerking uncontrollably)
- Unconsciousness or pale yellow fluid or watery blood, coming from the ears or nose (this suggests a skull fracture); Bleeding from the scalp that cannot be quickly stopped; Not being able to use part of the body, such as weakness in an arm or leg.

Signed .....

Name and Position .....

Date .....

**Copy to Parent / Carer and copy retained in club records.**



**@KIDDYLIONSFC**

