

## **Training schedule for 2023/24**

**Please note that Winter Training at Westfield Academy and Meriden Community Centre starts on 12/13th September**

**Winter Training at Powerleague starts on 26th September**

**Until those dates, please read Summer Training**

### **Cubs (reception & Yr.1) with Izzy Annal and Dave Annal**

Summer Training: Saturday 10:00-11:00 at The Met Club

Winter Training: Saturday 10:00-11:00 at The Met Club until December

### **U7 Lions (Yr.2) with Laura Goff**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:00 at Powerleague

### **U8 Tigers (Yr.3) with Daisy Culaj and Bekim Culaj**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:00 at Powerleague

### **U8 Panthers (Yr.3) with Rosie Money Penny**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:00 at Powerleague

### **U9 Pumas (Yr.4) with Nikesh Patel, Puna Raval and Dean McGuinness**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:00 at Powerleague

### **U10 Panthers (Yr.5) with Fabio Antunes and Mark Henaghan**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:00 at Powerleague

### **U11 Leopards (Yr.6) with Stuart Smith and Ed Preston**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:30 at Westfield Academy

### **U11 Tigers (Yr.6) with Stuart Lawless and Chad McIntosh**

Summer Training: Tuesday 18:30-20:00 at The Met

Winter Training: Tuesday 18:00-19:30 at Westfield Academy

### **U12 Jaguars (Yr.7) with Glen Perera and Glen Baxter**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:30 at Westfield Academy

### **U12 Lions (Yr.7) with Marlon Silvain and Ricky Webber**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:30 at Westfield Academy

### **U12 Pumas (Yr.7) with Ben Price and Jay Ahluwalia**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:30 at Westfield Academy

**U13 Wildcats (Yr.8) with Jade Roberts and Leah Crocket**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:30 at Meriden Community Centre

**U13 Tigers (Yr.8) with Carl Curtis and Matt Gates**

Summer Training: Wednesday 18:00-19:00 at The Met

Winter Training: Wednesday 18:00-19:30 at Meriden Community Centre

**U14 Pumas (Yr.9) with Dave Law and Leigh Parr**

Summer Training: Wednesday 19:00-20:00 at The Met

Winter Training: Wednesday 19:30-21:00 at Westfield Academy

**U14 Lions (Yr.9) with Dave Barnard**

Summer Training: Tuesday 18:30-20:00 at The Met

Winter Training: Tuesday 18:00-19:30 at Westfield Academy

**U16 Pumas (Yr.11) with Paul Orkin and Neil Dobson**

Summer Training: Wednesday 19:00-20:00 at The Met

Winter Training: Wednesday 19:30-21:00 at Westfield Academy

**U16 Jaguars (Yr.11) with David Hester and Jay Greenaway**

Summer Training: Wednesday 19:00-20:00 at The Met

Winter Training: Wednesday 19:30-21:00 at Westfield Academy

**U18 Pumas (Yrs.12&13) with Andy Cullinane and Rich Bennet**

Summer Training: Tuesday 18:30-20:00 at The Met

Winter Training: Tuesday 18:30-20:00 at Westfield Academy

**The Mets (Age 16+) with Mike Webster and Leigh Edmunds**

Summer Training: Tuesday 18:30-20:00 at The Met

Winter Training: Tuesday 19:30-21:00 at Westfield Academy

**First Team (Age 16+) with Colin Sills and Mark Murphy**

Summer Training: Wednesday 19:30-21:00 at Westfield Academy

Winter Training: Tuesday 19:30-21:00 at Westfield Academy