

**PHASE THREE (U12'S +) - RISK ASSESSMENT FORM**

Assessed by:

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Risks Assessed:

26/03/2021

1

Training Ground

THIS RA INCLUDES Stages 1 - 5 as in FAW 'Safer Return to Play Protocols Phase 3 (Effective 5/10/20) document (Stage 5 included from Page 6 table) and including the few alterations in 27.03.21 Return to Play Protocol.



**BTM United FC**

2

COVID-19 Risks - Including Training Sessions, Intra-Club & Inter-Club Matches

3

Review Due Date: 26/09/2021

DATE REVIEW ACTIONED? >

[Enter Date Here]

Risk Calculation Rationale Table and Risk Levels are:

1 - 6 = Low Risk

7 - 12 = Medium Risk

13 - 25 = High Risk

Likelihood

Severity = Multiply the Likelihood by the Severity to determine overall Risk Level

Carry On With Training/Game

Injury / Disease (3 Days)

CV19 (14 Day Isolation)

Major Injury / Long Term Absence

Death

Extremely Unlikely

1

2

3

4

5

Unlikely

2

4

6

8

10

Likely

3

6

9

12

15

Very Likely

4

8

12

16

20

Almost Certain

5

10

15

20

25

HAZARDS

WHERE

WHO MIGHT BE HARMED

Likelihood

Severity

Injury / COVID-19

Training Ground

Players / Coaches / Spectators of Junior & Senior Level and Members of the Public

- 1. Extremely Unlikely
- 2. Unlikely
- 3. Likely
- 4. Very Likely
- 5. Almost certain to happen

- 1. Carry on with Training / Game
- 2. Injury/disease up to 3 days lost
- 3. COVID-19- 14 Day isolation
- 4. Major Injury/Long term absence
- 5. Death

Have you already taken precautions against the risk from the hazards listed e.g.

Provided adequate information

What more could you reasonably do for those risks which are not controlled.

Give priority to high index risks or those which effect a large number of people.

LIST HAZARDS HERE:

LOCATION OF HAZARD?

WHO IS AFFECTED?

ENTER LIKELIHOOD HERE

ENTER SEVERITY HERE

RISK CATEGORY

ACTION REQUIRED WITHIN

CONTROLS

FURTHER ACTION NECESSARY

General state of the pitch - Uneven ground - Presence of holes - Presence of foreign objects

The Pitch

Coaches / Players / Spectators

3

4

MEDIUM

Yes

Managers / training staff to check the playing surface for uneven areas, holes and remove ANY objects from the playing surface

Regular checks by training staff throughout the sessions, to ensure the surface remains clear of risk

Weather Conditions

Training Ground

Coaches / Players / Spectators

4

3

MEDIUM

Yes

Coaches to assess the weather conditions prior to training and determine IF the conditions to be playable.

For Mini / Junior sides, the risk is higher and therefore Coaches are encouraged to ensure they enact a **Duty of Care** to the players and those attending

Goalposts / Nets

Training Ground

Coaches / Players / Spectators

2

4

MEDIUM

Yes

Goalposts both Permanent and Temporary are to be installed by trained staff **ONLY**, ensuring they are secure and that any pegs are safely secured to the floor and do not pose a hazard to anyone that trips or falls on them. Nets **ARE** to also be secure to ensure minimal risk when players come into contact

Purchase **ONLY** FAW recommended goals and Nets and install according to the Guidelines

Footwear / Shin pads - Inappropriate footwear & protection for conditions (danger of slipping / risk of injury) - Sharp studs

Training Ground

Players

1

4

LOW

Yes

Players are to be informed of the appropriate footwear for the specific surface they are training on. **NO** player must be allowed to train if this is not adhered to. **No** player allowed to training if they do not have shinpads

Coaches to check **ALL** footwear/shin pads prior to the start of training

<b>Balls - Too hard - Tatty state (sharp peeling leather)</b>	Training Ground	Players	1	1	Low	Yes	ALL balls to be checked prior to training and pumped to the correct pressure. Correct size balls to be used for different age groups. Balls that are <b>NOT</b> suitable, or in poor condition are to be <b>removed and replaced</b>	Coaches to check <b>ALL</b> balls prior to training
<b>Jewellery</b>	Training Ground	Players	1	1	LOW	Yes	ALL Jewellery is to be removed prior to the session beginning	Coaches to ask <b>ALL</b> players to remove any Jewellery that they may have on, and parents to store safely until end of session
<b>Conduct of players - Dangerous play / Physical violence</b>	Training Ground	Players	2	4	MEDIUM	Yes	Players are issued with the Clubs players code of conduct and <b>MUST</b> adhere to the strict rules under this policy, failure to do so will see the player <b>removed</b> from the session and potentially the Club	Coaches to monitor <b>ANY</b> situations that may arise and deal with each issue on merit and discipline the player according to the assessment made either on or off the field
<b>Physical injuries from normal play</b>	Training Ground	Players	2	4	MEDIUM	Yes	Players should <b>WARM UP</b> and <b>WARM DOWN</b> properly before matches and training. <b>1)</b> A first aid kit is taken to <b>EACH</b> match (and restocked regularly). <b>2)</b> Players with injuries or medical complaints should let these be <b>KNOWN</b> to their manager. <b>3)</b> A first aid officer is appointed <b>ANUALLY</b> to oversee first aid matters per age group. <b>4)</b> Coverage by club injury insurance, and Welsh FA public liability insurance. <b>5) In the case of a serious accident, club protocol is to phone 999 and advise immediately club secretary and safe guarding officer</b>	Coaches are to be <b>FULLY TRAINED</b> to run a warm up session and ensure players are ready to train. The First Aid officer is <b>RESPONSIBLE</b> for the supply of the First Aid kit and understand the Clubs Emergency Procedure. The Clubs Secretary is able to provide details of the clubs FAW insurance policies if <b>required</b> . First aiders to be made aware that <b>NO rescue breaths</b> are to be performed for CPR, Chest Compressions <b>ONLY</b> as per Club notice <b>30/7/20</b>
<b>Dehydration / Exhaustion</b>	Training Ground	Players	2	4	MEDIUM	Yes	Water bottles to be provided by individuals and should be <b>CLEARLY MARKED</b> with players name, and sharing of water bottles <b>PROHIBITED</b> to meet Covid recommendations	Coaches and First Aid Officer to monitor and to request that parents provide fluids in bottles <b>CLEARLY MARKED</b> with the childs name on <b>ARRIVAL</b>

COVID-19	Training Ground	Coaches / Players / Spectators / General Public	3	5	HIGH	Yes	<p>1. Players / Parents / Admin / Coaches to be advised <b>PRIOR</b> to <b>ATTENDING</b> training to confirm to their <b>COACH IMMEDIATELY</b> if they <b>HAVE</b> or are <b>SHOWING ANY</b> symptoms, similar to COVID-19; including <b>NEW Persistent Dry Cough, High Temperature or Loss of Taste / Smell. YOU MUST ALSO NOT ATTEND TRAINING / MATCHES IF</b> a member of <b>YOUR</b> household has had symptoms of COVID-19 or has tested positive for COVID-19 in the last 14 days, <b>OR</b> you have been contacted by a contact tracer from the Test, Trace and Protect Programme and told to isolate in the last 14 days as a contact of someone with confirmed COVID-19, <b>OR, YOU</b> have returned from a country outside of the UK currently on the exempt list</p>	Those who have had a <b>POSITIVE</b> test for COVID-19, or <b>ONSET</b> of symptoms <b>in the last 10-days</b> but have <b>NO</b> remaining symptoms (Individuals who have completed their period of isolation (10 days) and have no remaining symptoms (other than a dry cough or loss of taste or smell which can last for some time) <b>MAY</b> return to normal activities)
							<p>2. On arrival at the training ground coaches are to set up and ensure that the training area is suitable to be able to minimise the risk to the General Public and that anyone associated with the training session, is <b>NOT</b> to come in contact with anyone <b>OUTSIDE</b> the training area</p>	<p><b>Coaches and First Aid Officer TO BE PRESENT DURING ALL SESSIONS</b> and follow the strict government and FAW guidelines on the return to training. Coaches to ensure that Players Welfare <b>IS MONITORED</b> and that <b>ALL</b> required H&amp;S measures <b>ARE</b> in place. Parents / Players / Admins and Coaches <b>TO BE</b> issued with club protocol confirming that <b>UNDER NO CIRCUMSTANCES</b> should they attend any club event such as training, etc, <b>if symptoms are showing or they are unwell.</b> Coaches <b>TO BE</b> provided with Antibacterial Wipes and Handsanitiser and Parents <b>TO BE ADVISED</b> in advance of the use of antibacterial products and to make their Coaches aware <b>IMMEDIATELY</b> of <b>ANY</b> allergy concerns, and where possible they should provide their child with their <b>OWN CLEARLY MARKED BOTTLE</b> of antibacterial wash for regular use during the session. Parents to be advised in advance via the Club's <b>COVID-19 Protocol Notice</b>, that <b>NO SPECTATORS ARE ALLOWED ONTO THE PITCH (during training or matches)</b>, however, they <b>MUST BE AVAILABLE</b> at the car park <b>AT ALL TIMES</b> in case of emergencies. Masks <b>TO BE</b> provided as part of first aid kits, however, under <b>ALL OTHER</b> circumstances the 2m social distancing <b>MUST BE ADHERED TO. ALL COVID-19 PPE MUST BE REMOVED</b> from the pitch prior to leaving <b>ANY SESSION</b> and <b>DISPOSED</b> of <b>RESPONSIBLY AND CORRECTLY.</b></p>
							<p>3. Coaches must <b>PRIOR</b> to the players arriving, set up an <b>ISOLATED AREA</b> to assess the players and a <b>FULL REGISTER OF ATTENDING PLAYERS TAKEN</b>. In addition, <b>ALL</b> training equipment is to be <b>DISINFECTED PRIOR</b> to the <b>START</b> of <b>ANY</b> sessions and that hand sanitiser <b>IS</b> provided to Players / Coaches on <b>ARRIVAL</b> and <b>DURING</b> sessions. Goalkeepers <b>MUST</b> provide their <b>OWN</b> gloves which <b>MUST</b> be washed <b>BEFORE USE.</b></p>	
							<p>4. On <b>ARRIVAL</b> at the training ground, players are to be assessed to ensure that they <b>ARE</b> fit to train and sign a form to confirm that they have <b>NO</b> high temperatures or <b>OTHER</b> COVID-19 symptoms. Covid Lead to register players at school gates, walk all children the the astroturf together and return them for parents to pick them up from the school gates. <b>NO PARENT IS PERMITTED ON SCHOOL PREMISES</b> (except in emergency).</p>	

<p>5. Parents / Coaches to be advised that there should be <b><u>NO SHARING</u></b> of transport, <b><u>TO and FROM</u></b> the venue <b><u>OTHER THAN FROM WITHIN THEIR OWN FAMILIES HOUSEHOLD!</u></b></p>	
<p>6. Training sessions are restricted to groups of 35 <b><u>PLAYERS Including COACH</u></b> with a <b><u>MAXIMUM of 70 PER FULL PITCH AREA</u></b> under the <b><u>PHASE 3</u></b> return to training Guidelines set out by the Welsh FAW. Breaks <b><u>MUST BE GIVEN AT REGULAR INTERVALS</u></b> and Balls / Hand sanitising conducted <b><u>where possible</u></b>. <b><u>Players MUST remain SOCIALLY DISTANCED BEFORE training, DURING BREAKS and AFTER training.</u></b></p>	
<p>7. Once training sessions are completed, players are <b><u>REQUIRED TO</u></b> Hand Sanitise and <b><u>NOT GATHER IN GROUPS</u></b>, whilst returning home as quickly as possible. Coaches <b><u>MUST</u></b> then <b><u>DISINFECT</u></b> and <b><u>REMOVE ALL</u></b> training equipment from the ground, and finally check over the playing surface</p>	

Intra Club Training Matches	Training Ground	Coaches/Officials/Players	3	5	HIGH	Yes	<p>1. Players / Parents / Admin / Coaches to be advised <b>PRIOR</b> to <b>ATTENDING</b> training to confirm to their <b>COACH IMMEDIATELY</b> if they <b>HAVE</b> or are <b>SHOWING ANY</b> symptoms, similar to COVID-19; including <b>NEW Persistent Dry Cough, High Temperature or Loss of Taste / Smell. YOU MUST ALSO NOT ATTEND TRAINING / MATCHES</b> if a member of <b>YOUR</b> household has had symptoms of COVID-19 or has tested positive for COVID-19 in the last 14 days, <b>OR</b> you have been contacted by a contact tracer from the Test, Trace and Protect Programme and told to isolate in the last 14 days as a contact of someone with confirmed COVID-19, <b>OR, YOU</b> have returned from a country outside of the UK currently on the exempt list</p>	<p>Those who have had a <b>POSITIVE</b> test for COVID-19, or <b>ONSET</b> of symptoms <b>in the last 10-days</b> but have <b>NO</b> remaining symptoms (Individuals who have completed their period of isolation (10 days) and have no remaining symptoms (other than a dry cough or loss of taste or smell which can last for some time) <b>MAY</b> return to normal activities)</p>
							<p><b>2. ALL ABOVE PROTOCOLS FOR TRAINING MATCHES MUST BE ADHERED TO AS USUAL FIRST &amp; FOREMOST, before, during and after ANY Intra Club Training Matches</b></p>	
							<p>3. Each player/coach/official <b>to register with their respective age groups Covid Lead on arrival</b>. Providing assurance they have completed the self-assessment Covid-19 check list.</p>	<p>Entry should be <b>REFUSED</b> to anyone who is unable to provide assurance that they have done so and that to the best of their knowledge it is safe for them to take part. Anyone refused entry on this basis <b>MUST BE INSTRUCTED TO IMMEDIATELY SELF-ISOLATE</b></p>
							<p>4. Teams can play against teams <b>1</b> age group <b>older or younger</b> within their own club <b>ONLY</b></p>	<p>Managed expectation and understanding of both sides, that it is helpful to their development to play above / below a year but there is possible increase of injury risk from doing so.</p>
							<p>5. Should be played under the format of the <b>youngest age group team</b> i.e. if an u10 team plays against an u9 team the match should reflect an u9 playing format</p>	
							<p>6. Match formats should be as flexible as possible with use of <b>7v7</b> and <b>9v9</b> formats encouraged given that player availability may be impacted by local lockdown and self-isolation</p>	
							<p>7. minimum size of the training or playing area <b>MUST</b> be 45x45m (half a full-size football pitch) if working with 35 players incl coaches</p>	
							<p>8. <b>NO</b> spectators permitted.</p>	<p>If there is just reason for a parent to remain, they must remain <b>BEHIND THE PITCH EDGING BARRIERS</b> at the car park end, and remain 2 mtr social distanced from others at <b>ALL TIMES!</b></p>
							<p>9. Water bottles <b>MUST NOT</b> be shared. Each player/coach/official <b>MUST</b> bring their own refreshment clearly labelled with their name.</p>	<p>Each player / coaches drinks bottles and hand sanitiser <b>MUST</b> be kept apart at a sensible distance. The coach / COVID-Officer is responsible for</p>
							<p>10. The ball <b>MUST</b> be sanitised every time it goes out of play.</p>	<p>disinfecting each ball when it goes out of play. We would encourage 'pass-ins' to replace 'throw-ins' where possible.</p>
							<p>11. Teams <b>MUST</b> follow relevant FAW guideline formats</p>	<p>Please also see <b>'BTM UTD FC COVID-19 - Phase 3 - Coaches U12+ Rules'</b> Document, downloadable from the website</p>
							<p>12. If ANY participant subsequently tests POSITIVE for COVID-19?</p>	<p>If an individual who has participated in a match (either a player, coach, first aider, team helper or COVID-19 Officer) subsequently tests positive for COVID-19, the club concerned <b>has a duty to inform the opposing clubs (from within the last 14 days)</b> regarding the positive case</p>

Inter Club 'Friendly' Match	Training Ground	Coaches/Officials/Players	3	5	HIGH	Yes	1. Players / Parents / Admin / Coaches to be advised <b>PRIOR</b> to <b>ATTENDING</b> training to confirm to their <b>COACH IMMEDIATELY</b> if they <b>HAVE</b> or are <b>SHOWING ANY</b> symptoms, similar to COVID-19; including <b>NEW Persistent Dry Cough, High Temperature or Loss of Taste / Smell. YOU MUST ALSO NOT ATTEND TRAINING / MATCHES IF</b> a member of <b>YOUR</b> household has had symptoms of COVID-19 or has tested positive for COVID-19 in the last 14 days, <b>OR</b> you have been contacted by a contact tracer from the Test, Trace and Protect Programme and told to isolate in the last 14 days as a contact of someone with confirmed COVID-19, <b>OR, YOU</b> have returned from a country outside of the UK currently on the exempt list	Those who have had a <b>POSITIVE</b> test for COVID-19, or <b>ONSET</b> of symptoms <b>in the last 10-days</b> but have <b>NO</b> remaining symptoms (Individuals who have completed their period of isolation (10 days) and have no remaining symptoms (other than a dry cough or loss of taste or smell which can last for some time) <b>MAY</b> return to normal activities)
							2. Separate arrival times! Home team to arrive 15 minutes before Away team. Players to arrive ready to warm-up.	Club coaches/officials/players to be made aware (given a copy) of club match rules. There must be a coach and first aider present at all times. The Home teams Covid Lead must be present at all times to ensure both teams are following match rules, to include social distancing when not partaking in the match.
							3. <b>Home team to provide marked out designated team areas on opposite sides of the pitch</b> for each team to house players, their socially distanced drinks bottles and hand sanitiser - <b>MAX 20 people per squad, including players, coaches, referees, covid leads.</b> Numbers within the max 30 may differ dependant upon each age group, please see Coaches Rules document for further info.	
							4. Home and Away team to provide Covid Lead with a list of players/coaches/officials prior to attendance.	
							5. Each player/coach/official <b>to register with the Home Covid Lead on arrival.</b> Providing assurance they have completed the self-assessment Covid-19 check list.	Entry should be <b>REFUSED</b> to anyone who is unable to provide assurance that they have done so and that to the best of their knowledge it is safe for them to take part. Anyone refused entry on this basis <b>MUST BE INSTRUCTED TO IMMEDIATELY SELF-ISOLATE</b>
							6. minimum size of the training or playing area <b>MUST</b> be 45x45m (half a full-size football pitch) with Groups of <b>NO</b> more than 20 (including coach) <b>PER SQUAD</b>	1) All participants must remain socially distanced during breaks in play with spaced areas for equipment and refreshment storage for each individual including officials and substitutes. Coaching staff and substitutes, must, for example, spread out and avoid sharing a dug out or bench if social distancing cannot be observed. 2) 2 designated areas should be marked pitch-side at least 2m away – these should be used to house home and away team players, coaches and first-aiders during match-play
							7. <b>NO</b> spectators permitted.	If there is just reason for a parent to remain, they must remain <b>BEHIND THE PITCH EDGING BARRIERS</b> at the car park end, and remain 2 mtr social distanced from others at <b>ALL TIMES!</b>
							8. Water bottles <b>MUST NOT</b> be shared. Each player/coach/official <b>MUST</b> bring their own refreshment clearly labelled with their name.	Each player / coaches drinks bottles and hand sanitiser <b>MUST</b> be kept apart at a sensible distance. The coach / COVID-Officer is responsible for disinfecting each ball when it goes out of play. We would encourage 'pass-ins' to replace 'throw-ins' where possible.
							9. The ball <b>MUST</b> be sanitised <b>EVERY</b> time it goes out of play.	

