Phase 3 U12+ Players / Parents

These rules are taken from the FAW



COVID-19 RULES

COVID-19 Return to Play Protocol (27.03.21)

Players Rules

- You MUST NOT come to training if you are unwell, where your parents can determine if you attend training, from the list here →
- NO ball handling (except GK with gloves on)
- NO spitting or will be asked to leave!
- Ensure you bring your OWN clearly labelled water bottles
- NO throw ins. Corners and Free Kicks CAN RESUME
- Good hand hygiene utilised BEFORE, DURING and AFTER training
- GK MUST wear their OWN gloves
- ALL players must arrive with their OWN kit
- Take responsibility for my OWN bib given to me by my coach
- Players must agree to LISTEN to coaches AT ALL TIMES or YOU may be asked to leave the session
- If YOU are unsure of anything during a training session, DO ASK your coach for a chat.

Parents Rules

- Ensure child is familiar with ALL rules required to recommence training and reinforce these rules
- Your child should NOT attend training if they exhibit any of the named symptoms;
 HAVE been in contact, or exposed to someone, with COVID-19 or a SUSPECTED COVID-19 case in the last 14 days · HAVE been asked to ISOLATE by a Test, Trace and Protect service · HAVE a NEW continuous cough · HAVE a high temperature · HAVE a loss of or CHANGE to your normal sense of smell or taste (anosmia)
- Players should shower BEFORE and AFTER EACH training session
- Players advised to have strict hygiene measures and bring and use their **OWN** hand sanitiser/wipes (although we will also have some bottles of sanitiser available)
- Advise coaches immediately if you have ANY allergy concerns for your child with sanitiser
- Players must bring their OWN CLEARLY LABELLED water bottles
- All players MUST arrive with their OWN equipment
- You are NOT able to stay on site at the training venue. However, we <u>DO ASK that you stay at the carpark in case of emergency</u>, abiding by WG 2m social distancing rules AT ALL TIMES
- Ensure YOU keep an eye on the latest government rules. Should your child or a member of the immediate family demonstrate COVID-19 symptoms, YOU/THEY MUST refrain from attending training for 10 days and notify their head coach
- Ensure YOU and YOUR child adhere to social distancing rules and stay 2m apart from others
- Ensure YOUR child's kit and bib are washed BEFORE and AFTER EACH training sessions

** Player / Team & Parent PPE Discarding Rules:

These are EXPLICITLY Required by ALL attending Training Sessions, Under ANY Phase of Return!

For any items of PPE that requires discarding, <u>YOU MUST ALL</u> please take <u>YOUR OWN</u> respective PPE home with you to discard safely, and responsibly. We simply **HAVE TO PROTECT** local residents of the surrounding area of our Training facility(s) and this means that we can't have the locals finding **ANYTHING** on the field, or in the **CAR PARK <u>AT ANY TIME</u>**, if we wish to fit back into the community and get the kids back playing football. There are <u>NO</u> exceptions. Thanks for your cooperation and understanding.