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TringRugby v Barnes

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CLUB NEWS

THE LATEST FROM COW LANE SPORTS DESK...

RECENT GOINGS ON:

Sandra Dorsett has resigned from her position as Bar and Catering manager. Following a very successful two and half years at the Club, Sandra wants to free up her we here the spend more time with friends and family.

Since Sandra joined she has done a fantastic job with both the bar and category unning numerous successful events, pre-match lunches and keeping the M&J's fed and happy on a Sunday. We look forward to seeing Sandra back at the club in a social capacity very soon and wish her a very happy future. Sandra's last day at the Club will be 9th December 2017.

We are pleased to announce that Claire and Graham Garlick have agreed to replace Sandra as Bar and Catering Managers from 9th December. They bring a wealth of experience in Bar and Catering and we trust will do an equally great job for the Club.

WHAT'S COMING UP?:

Sunday 17 December 2017, 16:00 Saturday 30 December 2017, 14:00 Friday 2 March 2018, 19:00 Saturday 3 March 2018, 13:00 Friday 23 March 2018, 19:30

Sunday 13 May 2018, 13:00

Kids Xmas Party

Binhead v Boniface Annual Match

VP Dinner 2018 at Cow Lane

Ladies Pre-Match Lunch

Mini Rangers Tour Social at TringRug

Mini & Junior Awards



FROM THE DIRECTOR OF RUGBY



Welcome along to Cow Lane and a warm welcome to Barnes who are going well in the league. They currently sit on the same amount of points as Tring and I am sure will be looking for a good performance. Tring will be looking to right the wrongs from last week and get back to winning ways. No panic, not many teams will win every game in this league so I feel confident that the vociferous Tring crowd will spur the lads on to winning ways again today.

The third team are away at Hatfield today in the first round of the Herts Merit table cup. Hatfield are the only team to have beaten the 3s so far this season so we know this will be a tough one. The 3s are high on confidence after another strong win last weekend.

The second team have travelled to Henley and will be facing a tough opposition also. They too will be keen to get back on track after a difficult week last week. With a changed side we managed 6 tries, a loss and no bonus point! Bet that doesn't happened very often. The Colts had an outstanding win against Ealing last week which puts them in good stead for the return of their league.

I would like to extend my gratitude to a few people who are making a real difference so far. The coaches and captains of all teams have put in some outstanding work and time to the club over the last few weeks, with availability being slightly low over the last few weeks due to injuries and internationals. Matt Adams in particular has been a driving force. It is hard to portray how much they all do to ensure we have a game each week, alongside Barry Mowbray. It is also with regret that we say good bye to Sandra, Rob and their team. They have been fantastic for the club in the last couple of season and will be missed behind the bar and by the players on training nights. Thank you for your impact on the club.

Don't forget the Binhead v Boniface match on 30th December. We also have a returning students game on 22nd December. It would be great to get some good support for both. We also have the annual Christmas jumper night booked in for December, I literally cannot wait, although I think we should bring back the original name of "Paul Mullard Jumper Appreciation Night". Speak to me for more information.

Enjoy your afternoon and here is to 3 big wins. **#Bleedblackandgold**.

Dan Boniface

Dan Boniface, Director of Rugby



CLUB SPONSORS

Thank you to all who sponsor our club.



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FROM THE HEAD COACH



Good afternoon everyone and I would like to extend a warm welcome to Barnes to Cow Lane. I have no doubt that they will be coming here filled with confidence from what was clearly a real cracker of a game against Guernsey, where they narrowly missed out. I also welcome my old friend and Director of Rugby, Jamie Turner here today. Having played under Jamie I know that Barnes will be coming here to play a tough, uncompromising game and we must be at our best. This league continues to throw up surprises with it seems anyone able to compete with anyone on their day and this was certainly the case for Tring last week

where we came second to an impressive Shelford side. I'm not in the business on talking about defeats and the areas where we were poor but instead this week we have strived to focus on the positives and put right the areas that we felt we could have done better in. As far as games go this is what we play for. Testing yourself against the best teams when having to bounce back from a hard defeat so let's see how the boys respond today. Thanks must go out to the second team management staff who I know will have once again been chasing really hard to fulfil our commitments. It's that time of year again where injuries are playing their part and making life really difficult for all. Hopefully now that the Autumn internationals are done we will have more to pick from going forward! Also the senior rugby teams would like to say a big thank you to Sandra as she moves on to pastures new. We will all miss her (and her wonderful food after training!). All the best for the future Sandra

Enjoy the day.

Giles Wallis

Giles Wallis, Head Coach



TringRugby 1st TEAM LINE UP



1. Justin Brown



4. Harry Green



7. Harry McCartney



2. Jonathan Morgan



5. Michael March



8. Nick Stevens



3. Jack Flanagan



6. George Hayes



9. Rory Wood





Barnes Line Up: Not available at time of going

to press.



16. Tom Newton



13. Gary Andrews



16. Max Richardson



11. Samuel Barnes



14. Jake Olley



17. lan Jarman



12. Noah Jarvis



15. Ben Criddle



18. Jordan Davies



CAPTION COMPETITION – NOVEMBER WINNER

As you might have noticed on the official Tring Rugby Facebook page, we recently started a caption competition. We try to keep things informative in all our communications, however sometimes we'll also be a little light hearted!

If you're not on the Facebook group, you're missing out. It's free – we'd love to hang out with you! https://www.facebook.com/tringrugby/

Every month, we'll have a caption competition. If you're comment is chosen as winner (as selected by our chairman Steve Hayes) you'll win a bottle of Prosecco. Cheers!

Did you see this picture?

We had some truly standout entries, yet Deric Newman's entry was adjudged to have made the chairman laugh out loud:

"I've checked, and it is still not the right time to wear white boots"

Well done Deric, your bottle of Prosecco is waiting for you at the bar. Congratulations.







SPOTLIGHT ON: DAVID EVANS MBE



Dear Followers of Tring Rugby,

I came to live in Tring 40 years ago so by many standards I am a new boy.

Setting up Grass Roots a few years later many of my business friends in the "smoke" questioned my judgement "out of town and out of touch" they said. Oh how wrong they were! What became a global business head quartered in this little town has enabled me to provide a wide range of support to our community. Support for schools, sports and the arts has given me enormous pleasure and made some contribution to helping our community punch well above its apparent weight.

Having sold the empire I have now embarked on a range of social ventures which are all aimed at spreading the notion that enterprise is far from selfish, indeed entrepreneurs have a big responsibility to help foster good in society.

So in closing, come on you Tring boys!

David Frans MRF

www.tringrugby.com



TRINGRUGBY VALUE VOLUNTEERS IN 'GIVE TO GAIN'

TringRugby volunteers are an incredible bunch of people in their contribution to make all aspects of our amateur rugby club open to our developing community youth, encouraging children of all abilities, boys and girls to take up healthy activity sports through active participation in the clubs youth rugby activities and giving them life skills that will prepare them for their future careers as they mature into society.

TringRugby have opportunities for parents, Mums & Dads, youth and community to get involved in a range of activities and roles which are essential to organising and developing our club.

Volunteering in rugby goes beyond coaches, referees, touch judges, first aid & paramedics. Providing resources function that enable its sustainability through transferring skills and learning new ones. Developing best working practices in child and youth sports safety HSSE and welfare.

Recruiting volunteers is of major significance to TringRugby. Once we have recruited volunteers, it is essential we work together to support, train and encourage our volunteers to make them feel appreciated, building their own self esteem as part of the clubs thriving environment. With this in mind, the club supports 'Give to Gain' principles. These principles apply to the clubs volunteers with the aim of supporting them as volunteers to develop with the club to contribute as we support them in skilled volunteer's development working to England RFU and Sports England qualification.

TringRugby `Give to Gain' Volunteer Principles

- 1. Volunteers know exactly what is expected of them this is achieved through actively using our clear role descriptions with time schedule commitments and inductions.
- 2. Volunteers are valued, developed and supported educational courses, workshops and our recognition awards will move towards this principle in bettering our society and community.
- 3. The mutual benefits of volunteering are clear to everyone emphasizing why volunteers are key to our club, game and the benefits to volunteers such as self development, improved health, confidence, worth, self esteem, employability and will help grow our volunteer workforce.

TringRugby activating these principles, understand people need support to grow further, some at the beginning of the journey and others as part of continuous development. With a clear focus on volunteering and the value they hold in developing the workforce, our clubs Volunteers Coordinator assists in making sure that all volunteers are aware of the opportunities available to them and that they are supported in their role and new volunteers have a clear pathway into the club as they develop while contributing to broader society.





Volunteers really are the heartbeat of our club. We endeavor to make sport appealing, enjoyable and fun with ease of access. TringRugby and England RFU want to support clubs in recruiting and training volunteers. So if you are considering registering as a volunteer coordinator for our club?

Please email contact details to communications@tringrugby.com



Tring Rugby Volunteer Training

TringRugby club take ownership in providing it's volunteers with the necessary tools & skills to perform in their role in the club. Some of the courses below maybe to interest to you:

RFU Match Official & Touch Judge Workshop

For further information on either course, please contact TringRugby communication. (Volunteer Development Coordinator) Email: communications@tringrugby.com

St John Emergency Aid for Rugby - a 3 hour course tailored towards rugby volunteers focusing on injuries commonly seen on the pitch. This course is delivered at the clubhouse and volunteers attain a first aid qualification renewable every three years. Suitable for all volunteers over the age of 12 years or older.

RFU Strapping Workshop - a bespoke workshop developed by the RFU in partnership with Physique Management and delivered at the clubhouse. The workshop introduces four strapping support techniques to volunteers. This workshop is a practical one and suitable for volunteers engaged with all our youth sections teams or colt and academy.

As TringRugby constantly evolves in it future encouragement of community youth to take up and get into healthy sports activity, we work on development through continuous improvement initiatives with our volunteers with constant awareness to improve the quality of what we deliver

Please speak to any of our members if you would consider contributing some time into our individual and collective self development volunteer 'Give To Gain' initiatives.

Contact communications@tringrugby.com or just call into the clubhouse over the weekend.



FROM THE MINIS & JUNIORS



The M&J section took a 190 players and parents to Twickenham last Saturday to watch England v Samoa, for many of our young players it was the 1st time at the home of English rugby, plenty of tries and the support for England was very loud whilst they learnt to "respect the kicker" and also some new phrases from the stag party just in front of us. A parent remarked to me upon arrival "a couple of burgers and chips , beer/soft drink, visit to the England shop for my lad and I'm £80 down already and we haven't got into the ground yet!" (£7.50 for a plastic cup of beer – have a word El Presidente!).

The week prior we had a visit from Mark Hanley, England U16's coach who passed on some great ideas on attack lines for the U12's, this coupled with a Saracens "Coach the Coaches" evening at Cow Lane last Monday with our U14 players in attendance ensures Tring players and coaches are getting some good input from external coaches as they prepare for the 2nd half of the season.

Tring U14, U15 and Colts ran out against Hemel, A&C and Ealing respectively with some great skills on show last Sunday. Our Colts are away at Maidenhead, U14 at home to OA's and U13's away at Hitchin and Dunstable this Sunday – good luck to all.

Matt Walters, our U16's coach has had to step down after 11 years of coaching at Tring, our thanks to him for all his efforts in shaping the age groups players into fine rugby players and we look forward to seeing him pitchside at Cow Lane in the near future.

The Mini tour fundraisers have been busy, we week ago we held our annual tour quiz night raining £300 and then we partook in the Tring Christmas Festival with a tombola and Mulled Cider raising another £750 towards the Mini's end of season tour, our Cubs to U9's have their annual Christmas party on the 17th December to look forward to and tickets are on sale at the club kitchen.

Christmas being almost upon us, we are sure Santa will be delivering TringRugby goodies to many players (new stock just arrived in the shop if you are looking for ideas) and we wish all at TringRugby a Happy Christmas.

Mark Firth

Mark Firth, M&J Chairman







FROM THE ACADEMY

It's been a difficult start to the season for the Colts.

We've struggled for numbers (as have virtually all the clubs we talk to) and many of our fixtures have been cancelled as a result – Windsor turned up at Cow Lane with only 1 player!

On top of that we've lost our opening games. Friendlies at both A&C and Chinnor where we made a good account of ourselves but let the games get away from us. And our first league game at London Scottish where we were just beaten by the better team.

However, things are on the up! Squad numbers have settled – we're still tight but manage to get a squad out every weekend.

We beat Cheshunt in the league (26-5) two weeks ago and last weekend beat Ealing in a friendly 47-32 (Ealing Colts play in the division above us).

We head into our first U18 National Cup game v Olney on 8th December with some positive momentum.

Ian Hodgson

Tring (Academy) Colts



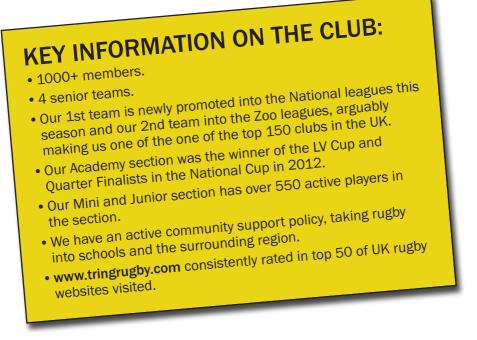


SPONSORSHIP OPPORTUNITIES

Tring RUFC was established 50 years ago and we were at the forefront of introducing Mini and Junior rugby to England. As a leading community focused, amateur rugby club, our aim is to promote rugby for all within our region.

We are run by committed volunteers, we want to partner with local companies and individuals, who wish to support grass roots rugby and reach our members with their services. We have created a wide range of sponsorship packages, suitable for all – from £100 upwards:

These range from shirt sponsorship to pitchside hoardings and post protectors, you can even sponsor the club's loyalty/membership card if you wish to. Contact **sponsors@tringrugby.com** for further info.



And now you can sponsor a 1 off issue of **THE RANGER** pre-match program.

Exclusively available for every home game for £400 plus VAT. This includes a front cover splash and a full page advert in the program itself, plus coverage on the website which sees over 9,000 unique visits every month from the local area. Please email **communications@tringrugby.com** if you are interested.





The 500 Club is dead... Long live the TRING RANGER LOTTO

Would you like to be in the running to win £250 every month? Of course, you would! Then join the Tring Ranger Lotto. All it costs is just

£1.25 per week (£5 per month). Prizes will be awarded every month, all starting on 17 December 2017,

with a BUMPER-BONANZA DRAW: 2nd prize: £500 • 3rd prize: £250

First prize: £1000 •

A lovely amount of cash just in time for Christmas.

Every month thereafter there will be a first prize of £250. Yes, every month - get in!

Already a 500 Club member?

We have updated our systems and processes relating to this, our monthly draw, therefore we request you to check if your direct debit is payable to a NON-Metro Bank (Tring Rugby), please can we ask you to enrol again using the process as if you are signing up again. It only takes a jiffy. Thank you for your understanding in this matter.

If you paying to our Metro Bank, you can put your feet up.

Not a member, but would like to be in with a chance of winning £1000 in December, and a member thereafter?

All we ask is £5 per month, as a regular direct debit to Tring Rugby. The more members we have, the more the cash prize will be in the future. To win it, you've got to be in it. To complete your application, please go to tringrugby.com and navigate to the 'Payments' area. Please then scroll down through the various subscriptions to 'Tring Ranger Lotto'

and complete your application.

REMEMBER, THIS BIG PRIZE DRAW WILL BE MADE LIVE ON 17 DECEMBER 2017. YOU MUST COMPLETE YOUR APPLICATION BY MIDDAY, 16 DECEMBER 2017.

www.tringrugby.com

IMPORTANT ANNOUNCEMENT:

Dear Members and Guests,

Welcome to Cow Lane, home of TringRugby. We hope and trust your visit here today will be enjoyable and memorable. We are anticipating a keenly contested match, with a spectacle of rugby that is of the highest order.

The players on the pitch will rise with your support. They feed off the energy and enthusiasm you offer. We want you to show this support, but also respect not only both teams, but also officials and supporters. It's this fervent support that makes Cow Lane the bastion it has become. The support from the Cow Lane faithful is an atmosphere to be savoured and we'd like you to join in too. This backing is essential to the fabric of a match we hope regales us with excellent play.

Please do not mistake fervent encouragement for aggressive behaviour that falls below the standards we expect. We will not tolerate disrespectful, abusive, overly aggressive and foul language and behaviour. Should excessive excitement - fuelled with or without alcoholic refreshment - impair your ability to respectfully enjoy the environment and the match, you will be reminded of our long-held standards. If this is repeated, we reserve the right to ask you and other offending parties to leave the ground.

Enjoy your day and we look forward to welcoming you back again soon.

With warm wishes,

TRINGRUGBY EXECUTIVE COMMITTEE