



# First Aid Protocol

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## First Aid Protocol

Injuries during the event should still be treated as the participant's wellbeing is paramount.

St John's ambulance provide guidance on 1<sup>st</sup> aid during COVID-19  
<https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/>

Check you have a first aid kit at each session or match.

After contact with an injured participant, First Aiders must clean their hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity. This advice is applicable to all situations, regardless of whether there was close contact, or the minimum 2m social distancing was maintained.

First Aiders are advised to avoid touching mouth, eyes and nose.

First Aiders or their equivalent, should keep a record of each participant they have come into contact with for Track and Trace purposes.

Accident forms should still be completed at the earliest opportunity.