

## RISK ASSESSMENT: YOUTH HOCKEY

Assessed by: Kate Hedge, August 2023/24

Hazard	Persons exposed	Risk Control Measures Currently in Place	Risk Level	Action Required	Action complete signature
All general risks from astro and cow roast club house	All club members/ visitors	See General RA for adult's sport			
Injury Associated with normal play	Players/ supervisors	<p>Players should only enter the astro when supervised Players should warm up and cool down before and after matches.</p> <p>All senior coaches will hold a minimum of Introductory level coaching certificate Sessions will run only with the correct adult to child ratios <b>Under 8's:</b> 1 adult: 8 children (with a minimum of 2 adults) <b>Over 8's:</b> 1 adult: 12 children (with a minimum of 2 adults) <b>Over 18's:</b> 1:16</p> <p>Players will train in small groups by age and their individual ability assessed by coaches to ensure drills are appropriate.</p> <p>Safety curtain may be used to separate areas of pitch for play</p> <p>U7 may use softer hockey balls provided by club during game time to reduce risk of injury.</p> <p>All coaches will hold current first aid training. A first aid kit will be available at all sessions and restocked as required</p> <p>All coaches and first aiders will report incidents/injuries that result in a child being removed from the field of play using the podium analytics app</p> <p>If the parent is present then face to face communication of event should take place. If a parent is required then a phone call to explain and request the child be collected. If the child can continue, a face to face explanation at collection or follow up call.</p>	Low	<p>Shin pads &amp; mouth guard protection is mandatory for under 18s.</p> <p>Use of hand protection with hard shell gloves is recommended for all players. The (L) hand is most vulnerable, but gloves can be used on both hands. Glove protection is mandatory for U18s playing in adult teams/training.</p> <p>Young people must wear suitable footwear for use on the astro.</p>	

		<p>A follow up message to check on the well-being following injury should be standard to assess suitability to return to hockey.</p> <p>In the event of a head injury parents should be signposted to <a href="https://www.nhs.uk/conditions/head-injury-and-concussion/">https://www.nhs.uk/conditions/head-injury-and-concussion/</a></p>			
Risks Associated with playing Quicksticks hockey	Players	<p><a href="https://hockeyhub.englandhockey.co.uk/downloads/modules/4/Quicksticks-Advisory-Guidelines.pdf">https://hockeyhub.englandhockey.co.uk/downloads/modules/4/Quicksticks-Advisory-Guidelines.pdf</a></p> <p>The Quicksticks ball is safe, we 'recommend' that shin-protectors and mouth-guards are worn by players on the pitch, however it is not mandatory.</p>		In any after school clubs mouth guards and shin pads will be required. Snapfits and shin pads will be available for those for whom hardship might otherwise prevent participation	
Dangerous play	Players	<p>The senior coaches must be qualified but also experienced in working with young people. Coaches will be supported by additional helpers.</p> <p>Coaches will be responsible for managing and correcting dangerous play.</p> <p>Young people must abide by the umpires' decisions and understand the EH code of ethics and behavior (Respect) applies to all ages.</p> <p>Extreme care must be taken when mixing parents and children in friendly matches – parents should be reminded not to strike or lift the ball.</p> <p>At no point should coaches actively participate in youth matches. Coaches and/or helpers should avoid practicing their own skills during a youth session other than for the purpose of demonstration for the junior players</p>	Low		
Defending short corners	Defensive players	<p><b>No</b> U10's will be expected to defend short corners U12's and above will be coached to defend short corners.</p> <p>All players should provide their own facemasks, as soon as their position as a defender is established.</p> <p>Club facemasks may be borrowed if trying out a new position and if available on the day.</p>	Med	<p>It is mandatory for all Under 18 's players defending short corners to wear face protection and shin pads</p> <p>It's the responsibility of the parent/carer to ensure all PPE is provided and in good order, this includes Facemasks.</p>	
Goal keeping	Goalkeepers	Goalie must have access to appropriate body protection.	Low	.	
Jewellery – causing injury to others or the wearer.	Players	All jewellery is taped over or removed.	Low	Parents responsible for removing sharp jewellery.	
Spectators encroaching onto the field of play and risk of being struck on the sidelines.	Spectators/ subs	<p>All spectators to support from outside the cage on the viewing mound.</p> <p>In exceptional circumstances parents may be permitted to enter to support their child but this will be with the coaches' permission.</p> <p>Young siblings/friends of youth players should never be inside the cage unsupervised.</p>	Low		

Medical emergency or serious injury	Player	<p>Parents are asked to declare any pre-existing medical conditions for their children at registration</p> <p>If the child has a condition that might require a coach/helper to act in an emergency, parents are expected to share this information with coaches/youth officer and to update in case of changes.</p> <p>If a child carries any medication for use in an emergency it is the parents' responsibility to ensure it is brought to each training session and handed in to coaches.</p> <p>Personal information will be recorded but kept confidential unless an incident occurs.</p> <p>In the event of a serious event <b>call 999</b> for code for AED cabinet Nearest AED to Cow Roast Astro is outside the clubhouse, by doors facing pitches <b>BHHHC Cow Roast Clubhouse HP23 5RF</b></p>	Low		
Safety of youth players	Youth	<p>See Safeguarding policy 2022/23</p> <p>All staff with specific responsibility for the youth section or who regularly help out will have a current DBS check and safeguarding training.</p> <p>The gate to the pitches should remain <u>closed</u> during the sessions. The registration process provides clarity of which children are actually present at each session A club member will wait at the gate at the start and end of sessions. Each child will be registered for the session and given a wristband to indicate they have been checked in. Wristbands to be returned at the end to check out to <u>ensure no child leaves without their appropriate adult.</u></p> <p>Parents therefore must physically collect their child from the astro and not wait in the car park expecting the young person to make their own way to the car.</p> <p>A simple symbol on the register will improve awareness of those children with a medical condition and another for those that carry medication in case of emergency.</p> <p>Sessions can be photographed for use by the club. Parents will give consent for photography at registration.</p> <p>Coaches will instigate rest periods and remind young people to take on water as appropriate throughout the sessions.</p> <p>Parents will be reminded to provide usual protection – sunscreen, hats etc in warmer weather.</p> <p>In the event of concern over the welfare of a child, information should be shared with the senior team. No adult should act isolation in the interests of a child and no adult should promise to hold information confidentially on behalf of a child</p> <p>Team managers are able to transport children to matches and tournaments with parents'</p>	Low		

		permission. Every effort would be made to avoid a child travelling alone with a single adult, unless it is a parent.			
Changing/toilet facilities	Players.	<p>Toilet facilities are available at the clubhouse.</p> <p>Any child needing the toilet must be accompanied by their parent or a BHHHC member with current DBS check</p> <p>Parents will be encouraged to ask their children to use the toilet prior to the start of the session to avoid interruptions</p>	Low		
Covid measures:	All	As per adult guidance – none specific currently.	low		