



**Richmond  
Rugby**

# Educational Solutions

PROGRAMMES FOR SCHOOLS 2022/23



## Your Partner Club

Community Group has operated the Community Department at Richmond Rugby since 2017 and is now one of London's most active rugby clubs regarding school and social outreach delivery, engaging with more than 500 children per week. The department has extensive school sports and education programmes for both primary and secondary schools. Community department coaches run various social outreach projects, including youth sports clubs in the evening and weekends, holiday camps for children in the local area who are considered 'vulnerable' and directly placing children from projects into our rugby family on Sunday mornings.



### Richmond Rugby



**Head of Community:** Ed Roberts

**Tel:** 07947 990857

**Email:** [communitydept@richmondrc.co.uk](mailto:communitydept@richmondrc.co.uk)

**Address:** Richmond Rugby, Richmond Athletic Ground, Twickenham Road, Richmond, TW9 2SF

**Community Group Partner since:** 2017

**Schools engaged with:** 26



## What Our Partners Say About Us



Richmond Rugby and Community Group have delivered the Holiday Activity and Food programme (HAF), supported by Achieving for Children, for more than a year. Their coaches have provided a safe environment for young people on these programmes through sporting activities, arts & crafts, trips, and other activities. The programme has also supported young people and their families to learn about healthy food and lifestyles, which will support children as they develop.

**Grace Mizrahi**  
**Policy and Project Officer, FUEL**



At Orleans Park School we've worked in partnership with Richmond Rugby and Community Group for a number of years. We've found them to be highly professional and the coaches are knowledgeable and deliver quality, enjoyable sessions for the students. Several Orleans Park School students attend Richmond Rugby outside of school and have developed into excellent rugby players, as well as thoroughly enjoying their experience at the club.

**Mr Barnston**  
**Teacher of Physical Education, Orleans Park School**



I have had the pleasure of working with coaches from Richmond Rugby and Community Group this academic year. The coaches provide purposeful, engaging, active and safe rugby sessions for a variety of year groups, both boys and girls. This delivery has meant student's ability and confidence has increased regarding their knowledge and understanding of rugby. As a teacher, I would highly recommend using Richmond Rugby to support with the delivery of rugby within other schools.

**Peter Berrett**  
**Rugby Co-ordinator, Turing House School**





## Supporting Solutions

### Clubs

- Breakfast, lunch, and after-school
- Giving learners the best opportunity to experience a healthy, positive and constructive day
- Healthy food provision
- Contributing towards 60 minutes of daily exercise

For more information > [click here](#)

### Literacy and Numeracy Support

- Supporting pupils to improve their skill, attitude and behaviour towards literacy and numeracy
- Lesson plans and frameworks to suit a wide range of abilities
- Combining the classroom with the sports field to achieve greater results
- Enhance wider goal planning and areas for further support

For more information > [click here](#)

### Mentoring

- One-to-one or in small groups
- Empowered personal development
- Supporting wider development plans
- Bespoke learning experience

For more information > [click here](#)

### Staff CPD

- Learn new skills
- Working to make schools autonomous in delivery
- Increase confidence and competence of staff
- Staff recognition and reward

For more information > [click here](#)



## Coaching and Team Support

- Curriculum coaching and delivery
- Promoting functional movement skills in all activities
- All delivery underpinned by the RFU's core values
- Experienced and qualified rugby coaches/match officials, providing meaningful and positive training as well as matchday experiences

For more information > [click here](#)

## Event Planning and Logistics

- Sports activity days organised for the school
- For all ages and abilities
- Festivals and events in partnership with other local and regional schools
- Planning and logistics made easy

For more information > [click here](#)

## School Sport Camps

- Experienced camp providers
- Both private camps for pupils and for the wider community
- Schools host, but we take care of the planning and delivery
- Revenue share

For more information > [click here](#)

## SEN/PRU

- Experienced SEN/PRU and APS deliverers
- Both one-to-one mentoring and group engagement sessions
- Behavioural intervention
- Relationship building linked to physical activity

For more information > [click here](#)

# Solutional Benefits

## Improved Attendance

We have seen improved numbers of attendance in many schools after engagement with our programmes. We support learners physically and holistically, coaching the person and not just the player. This gives the pupil a greater chance to flourish in areas such as confidence, resilience, and character.

## Behavioural Change

The Rugby Football Union's core values are at the heart of our content and delivery. Focussing on the values of Teamwork, Respect, Enjoyment, Discipline, and Sportsmanship allows us to support learners through personal challenges. Our schemes of work are learner centred and incorporate their individual needs.

## Healthy Lifestyles

Supporting communities in engaging with, and then continuing healthy lifestyles, is of the utmost importance to us. We're aware that a healthy lifestyle is more than just keeping active and is understanding and delivering on the importance of other areas such as mental health, nutrition, and socio-economic constraints.

## 60-Minute Daily Exercise

We fully endorse and support the School Sport and Activity Action Plan's recommendation of 60 minutes of physical activity a day. We offer a range of activities to help learners achieve this goal, allowing them to explore their interests in a variety of sports. This also aids their development in a more rounded manner.

## Coaching Support and Education

For our communities to become self-sufficient and autonomous in leading healthy lifestyles, we recognise our role in educating and upskilling those we work with. We want to ensure that support networks are offered opportunities to engage practically and theoretically, thus becoming ambassadors for healthy living.

## Positive Role Models

Our staff do not just deliver, but 'role model' positive behaviours and values. Rugby is a sport for all, and our inclusive approach to engagement ensures every child has the opportunity and support to get involved, develop and achieve.



## Supporting Our Schools

Community Group specialise in aiding the enrichment, well-being and health of our communities through wide-ranging and exceptional opportunities.

Our objective is to make a difference and in partnership with schools, we are giving pupils access to opportunities both in the classroom and on the sports field through our Educational Solutions. Our Programmes For Schools 2022/23 are varied and diverse, aimed at benefiting all students, no matter their background.

In developing sporting, wellbeing and community programmes for all, education providers help to increase the opportunities available to their students, in turn helping to support the full range of benefits we know to be so closely aligned to physical activity.

We appreciate that schools can face barriers at times and it's not always easy to see the right step forward. At Community Group, we help schools take those steps, helping to build a sustainable, healthy and active future for all.





# Richmond Rugby

For more information please contact your Head of Community, Ed Roberts, at  
[communitydept@richmondfc.co.uk](mailto:communitydept@richmondfc.co.uk) / 07947 990857



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