

TRAIN CORONAVIRUS-SMART AT SOUTHWARK RUGBY

01

Arrive in your kit. Changing facilities are out of bounds.

02

Bring your own hand-sanitizer and towel. Sanitize before and after each session.

03

Wear fresh kit to every session.

04

**Bring your own water to each session.
Do not use someone else's water bottle.**

05

**No hand shaking or huddles.
Maintain a safe distance at all times.**

06

Ensure all used equipment is cleaned after each session.

07

Ensure your attendance is recorded. We take a video register at every session.

08

Smile on the Video Register.

