





**ENGLISH LACROSSE ASSOCIATION** 

# Volunteers Guide

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# **Foreword**

This is the first ever guide produced by the ELA dedicated to volunteering. We hope it will be a useful resource which will aid in the development of new and existing clubs, and will be especially helpful with the recruitment, retention and rewarding of volunteers.

A lot of hard work and thought has gone into the production of this guide from both the ELA staff and volunteers. You will find a lot of useful information on managing volunteers as well as templates and forms for use within your clubs. These forms are useful when recruiting new volunteers to ensure the proper checks are made and the process is fair and equal for all.

The ELA is dedicated to the development of lacrosse by providing opportunities for any person from any background to play as well as volunteer.

Many lacrosse clubs have been in existence for over 100 years, which is a testament to the sport. A large part of this success is due to the dedication of the volunteer workforce within lacrosse.

Finally, the ELA would like to wish all volunteers continued success in all the work they do for their clubs.



David Shuttleworth
Chief Executive Officer

# Introduction

All lacrosse clubs rely on volunteers, whether they are small, one team units or large clubs running numerous teams for males and females at many age levels. They are also an integral part to the Start Stay programmes for lacrosse.

Volunteers are vital for the success of any lacrosse club and not only fill traditional positions such as Chair, Secretary and Treasurer but increasingly help manage structures and organise development of the club.

This volunteer guide, assisted by the Department of Culture Media and Sport's **Step into Sport** programme, is designed to assist your club with the recruitment, retention and education of your volunteer workforce.

You will find this handbook has many useful tools, practical ideas and positive advice to ensure that **YOUR** lacrosse club is reaching its full potential and enabling each and every individual that volunteers at your lacrosse club to improve in the role they perform.



# Why Is Volunteering Important?

Volunteers are the life-blood of your lacrosse club. The volunteer sustains your club's lacrosse activities and enables your club to look at its development in future years.

It is likely that the value of your volunteers, if they were paid, would represent the largest item of expenditure on your lacrosse club's balance sheet.

Yet most lacrosse clubs take volunteers for granted, giving them little recognition or assistance.

Therefore, it is vital for lacrosse clubs to understand the critical role that the lacrosse volunteer plays and to ensure enough individuals are encouraged to volunteer and those that already assist the club are recognised, assisted and rewarded.

There may be many times throughout a lacrosse season you ask yourself, why do I do this? The answer is very simple, for the love of the game. Most of us that volunteer in some capacity do so because at some stage you feel that you should give something back.

Most of us take our administrators, organisers, coaches and managers for granted. We assume that they will always be there, but people move on. Who fills these voids, when people do move on? The importance of that person is then realised.

You may be a part of a small club who may have only a few individuals donating time to the club or a larger one with quite a few people doing jobs of all descriptions and various amounts of time commitments. Just think if your club had to hire professional people to do these jobs and the amount of money that would be spent! In monetary terms, volunteers are a tremendous asset for all clubs. With each volunteer that joins a club, the club is made that much stronger, efficient and have the ability to undertake new ventures.

A good volunteer is invaluable, because for every single lacrosse player who has a positive experience at their club, chances are then that person will want to offer the same opportunities they were presented, to a new generation of lacrosse players. It is this legacy that makes lacrosse so special and each volunteer that works in the game special.

#### A systematic approach to volunteering in your club

The lacrosse club needs to be able to coordinate its approach to its volunteers.

A simple strategy needs to be produced and implemented centering on recruitment, retention and rewarding of your volunteers.

#### Have you:

- Appointed a volunteer coordinator?
- Raised the profile of volunteering in the club?
- Identified the number of volunteers you need?



- Provided role and job descriptions, including person specifications, for each area of work?
- Ensured that no jobs are duplicated and that there are no gaps?
- Limited the time you expect people to give?
- Broken down time consuming jobs into small parts?
- Provided a mentoring system a way of introducing people to their voluntary role?
- Designed a system that ensures the effective use of people's time?
- Instituted a succession policy?
- Instituted a means of rewarding and recognising voluntary effort?

The following sections, appendices and templates are designed to assist you and your club in providing a simple yet comprehensive strategy to volunteering.

Each lacrosse club should aim to have a written volunteering strategy to assist the work of the volunteer coordinator. To help you we have provided some outline job descriptions in Appendix C.



# Recruiting Volunteers

Recruiting volunteers is a vital task for all clubs to undertake.

Whether it is identifying an individual to take on a specific role, ensuring that young people have the opportunity to learn new skills and take responsibility or a new person wanting to be involved in the sport, each lacrosse club must have a detailed policy to recruitment.

Outlined below is a systematic approach to recruiting volunteers.

### What jobs need to be done?

#### Role and job specification

Before you earmark individuals for specific jobs, you must find out what jobs need to be done. The areas you will need to look at include the following:

- What positions need to be filled
- What qualifications, if any, will be needed
- Coaching
- Refereeing
- Umpiring
- Administration
- How much time will be required for each job per day, per week, and per month
- What parameters define the role of each volunteer position

The roles and job specifications need to be thought about in the club committees and by a number of people involved in the club. They should be written down. To assist you in this some outline job descriptions are supplied in Appendix C.

# Who performs the jobs?

Now you are ready to find people to fill the jobs. There are two sources from which you will fill most of your volunteer positions.

#### Parents of junior players

Parents obviously want to provide the best for their children. They can fill roles such as team manager, travel coordinator, catering manager or equipment manager. Most parents will not volunteer unless they are asked and many who have little grounding in the game can feel intimidated for roles such as coach or umpire / referee. They will want to feel a part



of what is going on and perhaps need to be given smaller jobs to start with, although they may be willing to assist on the pitch in wherever help is needed with the proper training.

#### **Current lacrosse players**

The second area is the older section of juniors or players in their first or second year of senior lacrosse. These players are extremely important not only as a dedicated player but also as a dedicated club member. There are two major benefits. The younger section of juniors will admire and look up to these players and see themselves in their position as a 16–20 year old, so the ideal position for this person is an U11 or U12 coach.

## Where can extra help be found?

#### **Outside agencies**

Your local Sport England County Sports Partnership may help with attracting volunteers. Each area or County Sports Partnership will have someone dedicated to help attract volunteers and schemes such as Step into Sport and Time Bank can be accessed. Explain what sort of person you are looking for and what roles need to be filled, and they may have suggestions to help find someone or give you assistance in other places to look.

A list of Sport England Regional contacts as well as County Sports Partnership Volunteer Managers is provided in Appendix E of this handbook.

Other areas for recruiting volunteers may take into the community or registering positions online with various sports recruiting websites. There are many places you can access an example of a site or organisation that may help you is listed below.

#### Do-it <www.do-it.org>

This site is an ideal recruitment and marketing tool for organisations needing volunteers. It also provides a free advertising opportunity for agencies in recruiting volunteers and promotes their club or organisation.

To register simply visit your local Volunteers Bureau they will post it on the Do-it website on your behalf. To find your nearest VB, go to the do-it.org.uk site, type your postcode in the agency finder and press go.

#### Volunteering England (www.volunteeringengland.org)

Volunteering England is a new agency that is dedicated to volunteering in the country and covers all aspects of volunteering, not just sport.

Volunteering England's main aim is to promote volunteering as a powerful force for change, both for those who volunteer and for the wider community. This web site offers a range of resources for anyone who works with or manages volunteers as well as to those who want to volunteer

#### What Roles Volunteers Can Fill

A volunteer can fill any position in a club, from club chairperson to cleaning the changing rooms. Each role is just as important as the next in helping your club run efficiently. The following outlines the most common positions found at lacrosse clubs throughout the country and seeks to define the characteristics, skills and attributes necessary for carrying out each role at he club.

Full sample role descriptions can be found in Appendix C of this handbook for positions most commonly found at clubs.

# Retention of Volunteers

Everybody finds pleasure and satisfaction in a job well done. Recognition of a volunteer's efforts, from a simple thank you to a formal award at an annual meeting, can do much to increase that individual's motivation for continuing in the role. This recognition and rewarding of volunteers should occur at any time and at all times.

The volunteer coordinator's job is to ensure that the volunteers in the club are happy and want to keep on fulfilling their roles. One way to do this is to evaluate and monitor the performance of each volunteer in the club. The second is to reward volunteers in the club for the good work that they do.

#### **Evaluate & Monitor**

In any paid job employees want to know if they are doing their work well. Unpaid work at a lacrosse club is no different. People want to help make their club and teams successful, so it is important to monitor their progress. When evaluating, check the following:

- Is the volunteer happy in the job he or she is doing?
- Is he doing the job set out in the role description?
- Is any training needed?
- What results have been achieved?
- Is the person still motivated to do the job?

#### Reward

A volunteer coordinator must make sure that the club workforce is motivated and happy in their jobs. A simple thank you can go a long way, or 'you're doing a great job'. Even more simply, buy them a drink to show the club's and your appreciation. Maybe the players can send or give the coach a thank you gift or card at the end of the season to show their appreciation.

Another idea may be to initiate a club volunteer award system. Have a volunteer of the month or volunteer of the year at the club's annual awards dinner.

At another level still, why not nominate someone at your club for an ELA award? These awards are given out throughout the lacrosse season to people selected from submitted nominations. All award winners are featured on the ELA website and in *Lacrosse Talk*.

If you feel someone is fulfilling his or her role exceptionally, why not send that person on to further educate himself. Pay to renew his umpiring certification or to take him to the next level of coaching award.

All these ideas are very simple but could go a long way to help retain your club staff and maintain a successful club.

# Beat the Problem before It Beats You

There are many problems that a club may face when it comes to its volunteer workforce. This section outlines some of the most common problems and describes the measures that clubs should take to ensure that these problems never happen. It will help you to solve the problem before it happens.

#### Problem 1

A new volunteer is struggling to cope with the demands of the position he has recently taken up.

- Initiate a brief training programme or mentoring period of three to six months for new volunteers, so that they can learn the job from the person leaving the post or from an experienced club volunteer.
- Have regular meetings with the volunteer coordinator so to ensure that the new volunteer receives feedback and can express any concerns.

#### Problem 2

A volunteer is not sure how long she is meant to be in post and what roles she should be fulfilling.

- Present the volunteer with a detailed outline and role description of the jobs that she
  is expected to perform and for how long.
- Communicate to the volunteer manager that the volunteer is taking on tasks not relevant to the job.

#### **Problem 3**

'I am starting to take on too many jobs and responsibilities, and am beginning to feel fed up and frustrated rather than enjoying help the club to succeed.'

- Ask the volunteer to speak to your volunteer coordinator. The coordinator's main responsibilities at the club are to ensure that people are not overloaded and to recruit people to do new jobs.
- Ensure that the volunteer coordinator updates and checks all job descriptions.

#### Problem 4

People have begun to become interested in coaching or officiating, but they have no qualifications or insurance.



- The club must ensure that volunteers are checked before they start interacting and instructing club members, especially children.
- Complete a volunteer registration form.
- Ensure that a reference form is completed.
- Perform a CRB check or at least a self-declaration form.
- Make sure the relevant ELA award is completed.
- Ensure the club is complying and implementing the ELA Welfare Policy and has a club welfare officer

#### Problem 5

'I have been doing the same job for a long time and am becoming increasingly disinterested. I want to continue to be involved in the club and have more of a challenge.'

- Again, have the volunteer speak to the club's volunteer coordinator. The coordinator will help the volunteer to achieve his or her aims and will make sure that the proper training is provided.
- Form a pool of jobs that may be shared by the volunteer staff, to reduce the risk of individuals becoming bored doing the same thing.
- Establish a 'shelf-life' for each volunteer job.

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# APPENDIX A Club Starter or Information Guide

It is a good idea to produce a Club Starter Guide each season. This pack could provide valuable information to any new member to the club.

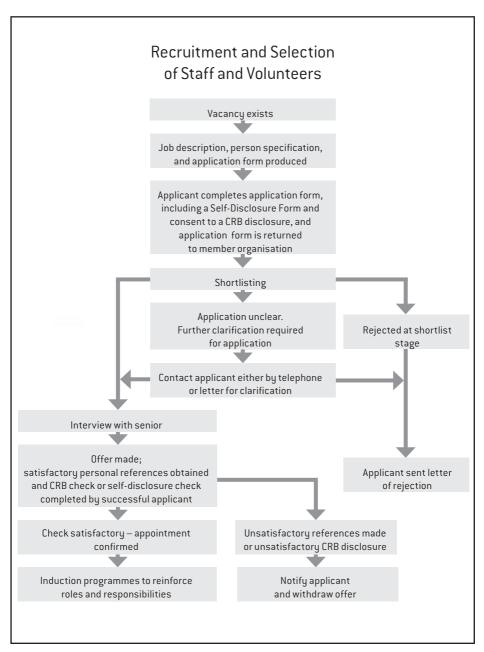
Outlined in the pack should be:

- Club history
- Club management structure
- Positions already filled at the club
- Current playing sections in the club
- Equipment needed
- Other club Information, such as training times, venue, and subscriptions

There should also be forms for individuals to complete if they wish to become more involved in the club.

Sample forms are contained in this Appendix. Sample club information guides can be found on the ELA website, <www.englishlacrosse.co.uk>.

# Template A.1 Volunteer Application Process



# Sample Application Form

Position applied for:	
	e or maiden name previously known by:
` '	
	Place of birth:
Present address:	
	Postcode:
Telephone number:	
Mobile telephone numbe	er:
Mobile telephone numbe	
Mobile telephone numbe	er:
Mobile telephone numbe	er:
Mobile telephone numbe Email address: Former address (within t	five years of present address):
Mobile telephone numbe Email address: Former address (within t	five years of present address):
Mobile telephone numbe Email address: Former address (within t	five years of present address):
Mobile telephone numbe Email address: Former address (within t	five years of present address):
Mobile telephone numbe Email address: Former address (within t	five years of present address):
Mobile telephone numbe Email address: Former address (within to a common section) Current occupation:	five years of present address):
Mobile telephone numbe Email address:	five years of present address):
Mobile telephone numbe Email address:	five years of present address):
Mobile telephone numbe Email address:	five years of present address):
Mobile telephone numbe Email address:	five years of present address):
Mobile telephone number Email address:	five years of present address):



Previous occupations (within five years):	
Name of organisation:	
Start dateFinish date	
Name of organisation:	
Start dateFinish date	
Relevant experience for position applied for:	
Previous experience of working with children in a voluntary or professional capacity	J
Please submit for the records:	
Copy of Criminal Records Bureau form	
Copy of passport or photographic driving licence	
Copy of a paid utility bill showing your current name and address present	
Signed:	
Print Name:	
Dated:	

# Sample Reference Form

The following person								
has expressed an interest in working with / at								
Any information you provide in this reference will be treated with due confidentiality. We would appreciate you being extremely candid and honest in your evaluation.								
1. How long have you k	nown this	person?						
2. In what capacity?								
3. What attributes does work?	•			e them suitable	e for this			
4. Please rate this pers	on on the	following, by	circling as	appropriate				
Responsibility	Poor	Average	Good	Very good	Excellent			
Maturity	Poor	Average	Good	Very good	Excellent_			
Self motivation	Poor	Average	Good	Very good	Excellent			
Can motivate others	Poor	Average	Good	Very good	Excellent			
Energy	Poor	Average	Good	Very good	Excellent			
Trustworthiness	Poor	Average	Good	Very good	Excellent			
Reliability								
This post involves substantial access to children. As an organisation committed to the welfare of and protection of children, we are anxious to know if there is any reason at all to be concerned about this applicant being in contact with children or young people. (Please circle as appropriate.)  Yes  No								
Signed		Пал	t o					
Jigiicu		Da		•••••	••••••••••••			
Print Name								
Position		Organisatio	ın					



### CRB and Self Declaration

The minimum requirement for all applicants should be that they complete a Self-Declaration Form. It is strongly recommended that all applicants also have a Criminal Records Bureau (CRB) check done before they begin work for the club.

From 2001 the Home Office announced that the CRB will provide criminal record checks for volunteers free of charge to employers or voluntary organisations of registered bodies.

If your club does not have a checks process, it is imperative that a senior club member immediately contact the ELA Welfare Officer for advice in setting up a proper procedure to protect all members of the club.

A sample Self-Declaration Form is provided overleaf.



# Self-Declaration Form

If 'Yes' please give details	
Address	
Post code	
Post code	
Date of birth	
Have you ever been convicted of any criminal offences?  If 'Yes' please state the date and nature of the convictions  Have you ever been subject to any disciplinary action or sanctions relating to children?  Yes  N  If 'Yes' please give details  Have you ever had a sanction imposed against you or been disciplined in any vany matter relating to child abuse  Yes  N  If 'Yes' please give details  Are you a person known to any social services department as being an actual of the potential risk to children?  Yes  N  If 'Yes' please give details  I understand that under the Rehabilitation of Offenders Act 1974 (exceptions) Order 19 amended by the Rehabilitation of Offenders Act 1974 (amendment) 1986, I must declar convictions, including 'spent' convictions, cautions, reprimands and written warnings advise the club of any convictions incurred by me after completion of this form.	
If 'Yes' please state the date and nature of the convictions  Have you ever been subject to any disciplinary action or sanctions relating to children?  Yes N  If 'Yes' please give details  Have you ever had a sanction imposed against you or been disciplined in any vany matter relating to child abuse  Yes N  If 'Yes' please give details  Are you a person known to any social services department as being an actual of potential risk to children?  Yes N  If 'Yes' please give details  I understand that under the Rehabilitation of Offenders Act 1974 (exceptions) Order 19 amended by the Rehabilitation of Offenders Act 1974 (amendment) 1986, I must declar convictions, including 'spent' convictions, cautions, reprimands and written warnings advise the club of any convictions incurred by me after completion of this form.	
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Have you ever been subject to any disciplinary action or sanctions relating to children?  If 'Yes' please give details  Have you ever had a sanction imposed against you or been disciplined in any vany matter relating to child abuse  Yes  N  If 'Yes' please give details  Are you a person known to any social services department as being an actual opotential risk to children?  Yes  N  If 'Yes' please give details  I understand that under the Rehabilitation of Offenders Act 1974 (exceptions) Order 19 amended by the Rehabilitation of Offenders Act 1974 (amendment) 1986, I must decia convictions, including 'spent' convictions, cautions, reprimands and written warnings advise the club of any convictions incurred by me after completion of this form.	
If 'Yes' please give details	
Have you ever had a sanction imposed against you or been disciplined in any vany matter relating to child abuse Yes N  If 'Yes' please give details	
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Have you ever had a sanction imposed against you or been disciplined in any vany matter relating to child abuse Yes N  If 'Yes' please give details	
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Are you a person known to any social services department as being an actual opotential risk to children? Yes N  If 'Yes' please give details  I understand that under the Rehabilitation of Offenders Act 1974 (exceptions) Order 19  amended by the Rehabilitation of Offenders Act 1974 (amendment) 1986, I must declay convictions, including 'spent' convictions, cautions, reprimands and written warnings advise the club of any convictions incurred by me after completion of this form.	lo
Are you a person known to any social services department as being an actual potential risk to children?  If 'Yes' please give details  I understand that under the Rehabilitation of Offenders Act 1974 (exceptions) Order 19 amended by the Rehabilitation of Offenders Act 1974 (amendment) 1986, I must declar convictions, including 'spent' convictions, cautions, reprimands and written warnings advise the club of any convictions incurred by me after completion of this form.	
potential risk to children? Yes N  If 'Yes' please give details	
I understand that under the Rehabilitation of Offenders Act 1974 (exceptions) Order 19 amended by the Rehabilitation of Offenders Act 1974 (amendment) 1986, I must decla convictions, including 'spent' convictions, cautions, reprimands and written warnings advise the club of any convictions incurred by me after completion of this form.	lo
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amended by the Rehabilitation of Offenders Act 1974 (amendment) 1986, I must decla convictions, including 'spent' convictions, cautions, reprimands and written warnings advise the club of any convictions incurred by me after completion of this form.	
	are all
I understand that the club may make police and /or social service checks against me. I form will be held securely by the club.	his
Signed Date	



# **Equity Policy**

#### Statement of Intention

- The English Lacrosse Association is fully committed to the principles of equality of opportunity.
- The Association aims to ensure that all people, irrespective of their age, gender, ability, race, religion, ethnic origin, creed, colour, social status or sexual orientation have a genuine and equal opportunity to participate in Lacrosse at all levels and in all roles
- This includes, job applicants, employees, participants, volunteers or spectators.

#### The Association will:

- Ensure that there will be open access to all its services. It will not tolerate prejudice against any group.
- Select, recruit, promote and train all personnel working for or on behalf of the Association solely on the basis of merit and ability. It will adapt facilities, equipment and provide individual training where necessary.
- Communicate to all employees and volunteers the commitment to equal opportunities.
- Fulfill its social responsibility to all employees and volunteers, ensuring that appropriate support is given.
- Make every reasonable effort to prepare, produce and market materials that are appropriate for all persons in respect of language, format and approach.
- Modify any existing rules and regulations which may inhibit the inclusion of any groups, provided this does not result in the deterioration of equality required by the ELA.
- The Association recognises its legal obligations and will take account of:

Equal Pay Act 1970

Rehabilitation of Offenders 1974

Sex Discrimination Act 1975, 1986, 1999

Race Relations Act 1976

Disability Discrimination Act 1995

Human Rights Act 2000

# ELA Equity Policy (cont.)

#### The ELA – Statement of Intent

- The English Lacrosse Association, as governing body for lacrosse in England, wishes to take the lead in ensuring that the game operates in a fair and equitable manner.
- The ELA believes it has a role in making the game more accessible, and identified this as a key objective within its national development plan for lacrosse.
- The association is fully committed to this objective and is working with Sport England and other organisations on equity issues.



# APPENDIX B Club Induction Course

A good way to introduce new volunteers to your club is through an induction course or night. This can be promoted as a social occasion and is a good chance for new volunteers to meet club members with whom they are likely to work, as well as to exchange ideas and views on certain jobs.

Essential issues that should be covered at a club induction are:

- Club health and safety procedures
- Club child welfare policy
- Reporting procedure for any issues at the club
- Club equity policy
- Nearest police, fire station, or hospital in case of emergency

It is also essential to make sure any persons involved with coaching or refereeing/umpiring are qualified and insured. Coaching insurance can be obtained through Sportscoach UK.

A list of suggested and mandatory courses pertaining to each job at a club is provided in the table overleaf. The courses are also listed in the role descriptions (Appendix C).



Position / Training	Volunteer Management (Running Sport)	Funding and Marketing Your Club Workshop (Running Sport)	Sports Development Running Workshop (Running Sport)	First Aid / CPR Course (St John's Ambulance, Red Cross)	Child Protection (ELA Policy)
Club Welfare Officer					1
Club Coach	1	1	1	✓	1
Secretary		1	1		
Treasurer		1	1		
Volunteer Coordinator	1		✓	✓	✓
Chairman	1		✓		✓
Club Coach Mentor				✓	✓
Junior Secretary	1		<b>✓</b>	✓	✓
Junior Team Manager				✓	✓
Team Captain				✓	✓
Programme Manager	✓			✓	✓
Junior Team Coach				<b>√</b>	✓
Junior Coach			✓	✓	✓
Parents				✓	✓
Club Umpire / Referee				✓	✓
Information Officer		✓			✓

# ELA Course and Education Guide

Equity in Coaching Workshop (scUK)	Club for All Workshop (Running Sport)	Developing Sporting Partnerships and Junior Clubs (Running Sport)	Preliminary Coaching Award (ELA)	Club Coach Award (ELA)	ELA Club Coach Mentor Training	Standard Umpires / Referees Badge (ELA)
	<b>√</b>	1				
✓	✓	1		✓		✓
	✓	✓				
✓	1	1	✓			
✓	1	1				
✓	1	1		1	1	
✓	1	1				
✓	1	1	1			1
✓	1	1	✓			1
✓	1	1	✓			1
✓	1	1	✓			1
✓	1	1	✓			1
✓	1	1				
✓	1					/

# APPENDIX C Club Role and Job Descriptions

# Appendix C.1 Club Chairperson/President

This person most commonly is one of the more senior members of your club, and would have done most of the jobs listed below in their time with the club. The Club Chairperson/President should be a well-respected individual who is viewed as someone who represents what your club is meant to signify.

#### **Skills**

- Must be well spoken
- Good organiser
- Good interpersonal skills

#### **Tasks**

- Promote club and act as club figurehead
- Conduct and run monthly meetings
- Present awards at club functions
- Oversee all club activities and committees
- Represent club at external lacrosse events
- Sounding board for new club initiatives

- Managing Meetings Workshop (Running Sport)
- Developing Junior Clubs (Running Sport)
- Child Protection (ELA Resource)
- Running a Club Workshop (Running Sport)
- Volunteer Management (Running Sport)



### Treasurer

The club committee must identify a person willing and able to take on the role of Club or Honorary Treasurer. The treasurer's role is vital to ensure the club's finances are in good order and no debts are outstanding.

The treasurer must report to the main committee and is responsible for collecting subscriptions, match and training fees. A club treasurer may expect to donate two to three hours per week for the job.

#### Skills

- Person must be well organised
- Able to keep records
- Careful when handling money or cheques
- Honest
- Able to answer questions in meetings
- Confident handling figures
- Prepared to make instant decisions when necessary

#### **Tasks**

- Collecting subscriptions and all other monies due to the club
- Paying all bills and recording information
- Keeping up to date records of all financial transactions
- Ensuring that all cash and cheques are deposited promptly in the bank
- Ensuring that funds are spent according to the annual plan
- Issue receipts for all monies received
- Reporting regularly on the financial position of the club
- Preparing a year-end statement of accounts to present to auditors
- Arranging for the statement of accounts to be audited
- Presenting an annual financial report at the AGM
- Financial planning, including providing an annual budget and monitoring it through out the year

- Funding and Marketing Your Club (Running Sport)
- ELA Funding Guide (ELA Reference)

### Secretary

The Club Secretary is an integral part of the club in communicating with members of the club.

#### Skills

- Good organisational skills
- Note taking and writing
- Excellent communicator
- Able to take action quickly

#### **Tasks**

- Attend club meetings
- Taking and writing minutes and copying them to club members
- Opening and sorting mail
- Distribute mail to relevant people
- Deal with correspondence
- Mail out information to members, i.e. renewal notices or notices of meetings and/or events
- Keep membership list up to date and ensure each member is on the ELA database
- Represent club at County or Territorial Meetings
- Act as a point of contact for the club
- Produce a calendar of events
- Produce a newsletter and club handbook

- Funding and Marketing Your Club (Running Sport)
- Running a Club Workshop (Running Sport)
- Child Protection (ELA Policy Guide)
- Club For All Workshop (Running Sport)
- Developing Junior Clubs (Running Sport)

### Club Volunteer Coordinator

The Club Volunteer Coordinator's role is to act as a focal point for volunteers in the club, raise the profile of volunteering, recruit volunteers and ensure they remain with the club.

The Coordinator is responsible to the Club Chairperson and should be a part of the club's Executive Committee.

#### **Skills**

- Knowing the day-to-day functions of the club
- Able to plan and organise for long and short term
- Problem-solving skills
- Able to motivate individuals
- Strong social skills

#### **Tasks**

- Develop the club's volunteer strategy and integrate into the club's action plan
- Arrange an annual club award for volunteering
- Regularly communicate with club volunteers to exchange ideas and address any issues
- Attend club meetings
- Maintain and update volunteer database
- Recruit new volunteers
- Provide feedback and support to volunteers
- Ensure each new volunteer is inducted and receives appropriate training

- ELA Volunteer Coordinator's Award
- Preliminary Coaching Award
- Volunteer Management (Running Sport)
- Child Protection (ELA Reference)
- Equity in Coaching Workshop (SCUK)
- Club For All Workshop (Running Sport)
- Running a Club Workshop (Running Sport)

### Club Welfare Officer

The following outlines the core knowledge, skills and tasks for this role.

#### Knowledge

- Basic knowledge of core legislation, government guidance and national framework for child protection
- Basic knowledge of roles and responsibilities of statutory agencies (social services, police and Area Child Welfare Committees)
- Knowledge of local arrangements for managing child welfare and reporting procedures
- Knowledge and understanding of poor practice and abuse behaviour that is harmful to children
- Knowledge and understanding of the ELA's role and responsibilities to safeguard the welfare of children and young people
- Knowledge of the ELA's policy and procedures related to safeguarding children and young people
- Knowledge of the core values and principles underpinning practice
- Awareness of equity issues and child welfare
- Basic knowledge of how abusers 'target' and 'groom' organisations to abuse children
- Best practice in prevention

#### **Skills**

- Basic administration maintain records
- Basic advice and support provision
- Child-focused approach
- Communication
- Ability to promote the ELA's policy procedures and resources
- Ability to provide information about local resources

#### **Tasks**

- Assist ELA to fulfil its responsibilities to safeguard children and young people at club level
- Assist ELA to implement its Child Protection Plan at club level
- The first point of contact for staff, volunteers, parents and children/young people where concerns about children's welfare, poor practice or child abuse are identified
- Be the first point of contact with the ELA Welfare Officer
- Implement ELA reporting and recording procedures
- Maintain contact details for local social services and police and know how to obtain



Area Child Protection Committee guidelines

- Promote ELA Best Practice guidance and Code of Conduct and Ethics within the club
- Sit on the club's Executive Committee
- Promote and ensure adherence to ELA Child Protection training advice
- Promote and ensure confidentiality is maintained
- Promote anti-discriminatory practice
- Facilitate use of Criminal Records Bureau and Self-Declaration Forms within the club

- Child Protection (ELA Policy)
- Good Practice and Child Protection Course (Sports Coach UK)
- Club For All Workshop (Running Sport)
- Developing Junior Clubs (Running Sport)



# Fixtures Secretary

The Fixtures Secretary in most small clubs will also do the Club Secretary duties, but in larger clubs it is essential that the Fixtures Secretary takes on the responsibilities of making sure that each team knows when and where they are supposed to be playing.

#### **Skills**

- Good organiser
- Able to sort matters quickly and efficiently
- Able to communicate effectively

#### **Tasks**

- Communicate with Team Captains/Team Managers on all team fixtures
- Enter competitions on behalf of club's teams
- Communicate with Treasurer on payment of tournament fees
- Make sure travel arrangements are organised before matches

- Running a Club Workshop (Running Sport)
- Club For All Workshop (Running Sport)

### Club Coach Mentor

The Club Coach Mentor is a well-respected individual who is influential in the development of the coaching staff of not just their own club but surrounding smaller clubs that have a smaller volunteer work force ("buddy" clubs).

#### **Skills**

- Effective communicator
- Excellent work ethic and attitude
- An ELA Club Coach or High Performance Coach Award
- Able to troubleshoot
- Create strategies and personal development initiatives for other coaches
- Organise training and development for club coaches
- Assess coaches and give feedback on the personal development of each individual

#### Eligibility

 Club Coaches & High Performance Coaches who satisfy ELA eligibility criteria and successfully complete ELA Mentoring Course

#### **Tasks**

- Oversee all coaching at club level
- Monitor, evaluate and implement portfolios on all aspiring coaches in the club and "buddy" clubs
- Communicate with other coaches on any issues that need addressing
- Present at some club training sessions
- Make recommendations for coaches to move vertically or laterally in the coach education development framework
- Make recommendations for coaches to become county/territorial staff
- Work with coaches to develop personal CPD programmes
- Identify and make recommendations for other qualified coaches to train to become mentors

- ELA Club Coach Award or High Performance Coach Award (ELA)
- ELA Club Coach Mentor Training Course
- First Aid/CPR (St John Ambulance/Red Cross)
- Equity In Coaching (Sportscoach UK)

## Team Captain

The Team Captain is usually someone nominated and voted for by fellow club members. He or she is viewed as a good leader not only for the team but also for the club.

#### Skills

- Positive role model
- Leadership skills
- Good understanding of the game
- Able to motivate players
- Good organisational skills

#### **Tasks**

- Conduct team talks during games
- Organise team for league, tournament, and knock-out fixtures
- Implement strategies / coaching during matches
- Liase with team manager or coach on any issues

- First Aid/CPR (St John's Ambulance or Red Cross)
- Child Protection Policy (ELA Reference)
- Equity In Coaching (Sportscoach UK)
- Club For All Workshop (Running Sport)
- Preliminary Coaching Award (ELA Course)
- Basic Referee (Men) or Umpire (Women) Qualification

## Club Coach

The Club Coach is a well-respected individual who is influential in the development of the players in the club.

### **Skills**

- Effective communicator
- Excellent work ethic and attitude
- An ELA Club Coach Award
- Able to troubleshoot
- Create strategies or team plan for matches
- Organise training sessions

#### **Tasks**

- Conduct and organise weekly training sessions
- Communicate with team captain on any issues that need addressing
- Present at team matches
- Make recommendations for players to join higher teams within club
- Make recommendations for players to represent county/territorial teams

- ELA Club Coach Award
- First Aid/CPR (St John Ambulance/Red Cross)
- Child Protection Policy (ELA Reference)
- Club For All Workshop (Running Sport)
- Equity In Coaching (Sportscoach UK)
- Developing Junior Clubs (Running Sport)
- Basic Referee (Men) or Umpire (Women) Award

## Junior Team Manager

This person needs to be well-organised and able to deal with both players and parents. An extremely important role and vital in the development of the lacrosse club.

### **Skills**

- Efficient organiser
- Good communicator
- Able to solve issues or identify shortcomings within team

#### **Tasks**

- Introduce new players into the team/club
- Make sure players are aware of all training times and matches
- Ease transition of older players to the next age level
- Support the Team Coach in his coaching responsibilities
- Ensure that the welfare and safety of the players is maintained during training and match play
- Ensure all players and parents are aware of meeting times and directions to venues for travel
- Ensure parents/adults are insured to carry children in their cars

- ELA Preliminary Coach Award
- First Aid/CPR (St John Ambulance/Red Cross)
- Child Protection Policy (ELA Reference)
- Club For All Workshop (Running Sport)
- Equity In Coaching (Sportscoach UK)
- Developing Junior Clubs (Running Sport)
- Basic Referee (Men) or Umpire (Women) Award

## Junior Team Coach

An enthusiastic and patient person who works well with children is best for this job. This role is vital to make sure the future senior players are coached properly and most of all enjoying their experience.

It is also imperative that appropriate screening measures are taken before the Junior Coach runs a training session or has any contact with children. Please refer to the volunteer application process and the ELA's Child Welfare Policy before employing anyone to do junior coaching.

### **Skills**

- All coaches should have at least an ELA Preliminary Coaching Award
- Positive attitude
- Able to motivate and encourage
- Must be responsible and reliable
- Communicate effectively with children and players
- Strong work ethic

#### **Tasks**

- Conduct weekly training session
- Coach league matches and tournaments
- To create an environment in which players are motivated to maintain participation and improve performance

- ELA Preliminary Coach Award
- First Aid/CPR (St John Ambulance/Red Cross)
- Child Protection Policy (ELA Reference)
- Club For All Workshop (Running Sport)
- Equity In Coaching (Sportscoach UK)
- Developing Junior Clubs (Running Sport)
- Basic Referee (Men) or Umpire (Women) Award
- ELA Young Leaders Award (if Coach for 16–21 years of age)

## Club Umpires/Referees

This role requires a responsible individual, often a current club player or someone nearing the end of their playing career who still wants to be a part of the club and game, to referee junior matches.

#### **Skills**

- Must be reliable, fair, and unbiased
- Minimum ELA Basic Award Referee Qualification (Men's, Junior)
- Minimum ELA Level 1 'Local Umpires Award' (Women's, Mixed)

### **Tasks**

- Referee club matches
- Represent club to referee/umpire county or territorial matches and or tournaments
- Assist volunteer coordinator in spotting or scouting possible new referees/umpires or timekeepers
- Educate players at the club in the rules of the game"

- First Aid/CPR (St John Ambulance/Red Cross)
- Child Protection Policy (ELA Reference)
- Basic Referee (Men) or Umpire (Women) Award

## Kit Manager

A very important – but often undervalued – job at the club. The Kit Manager must make sure each person has the appropriate equipment and club strip. In larger clubs and clubs with junior sections, it is a good idea to have one Kit Manager per team.

#### Skills

- Able to communicate efficiently to all club members
- Able to create and maintain database
- Excel in organising and storage

#### **Tasks**

- provide a list of kit/equipment needed for players in the club
- manage club inventory of kit/equipment
- maintain database of club kit loaned to any players
- organise rota of kit cleaning between players and parents
- Make sure all storage facilities are maintained



## Information Officer

The main responsibilities of the Club Information Officer are to disseminate information about the club to all local agencies and to ensure that the local press and media have opportunities to engage with the club. The Information Officer also is responsible for the club website and database.

#### Skills

- Able to communicate effectively
- Competent computer skills (web design, spreadsheets, etc.)

### Tasks

- Report scores to appropriate league contact
- Report scores to local press
- Produce leaflets and flyers to recruit players for all teams
- Foster relationship with local councils and county sports partnerships
- Help produce club information guide
- Maintain club website

- Funding and Marketing Your Club Workshop (Running Sport)
- Child Protection Policy (ELA Reference)

# APPENDIX D Child Welfare

In this section you will find useful forms and signs to use for general good practice within your club. Volunteers should also consult the ELA Child Protection Policy to help plan for away matches, tours, transport, changing rooms and general club procedure.

## Template D.1

## Club Policy Statement

The lacrosse club will:

- Accept that all young people and vulnerable adults, regardless of age, gender disability, racial origin, religious beliefs and sexual orientation have a right to be protected from abuse.
- Accept the moral and legal responsibilities to implement procedures to provide a duty of care for young people, safeguard their well-being and protect them from
- Respect and promote the rights, wishes and feelings of young people and disabled adults
- Recruit, train and supervise its employees and volunteers to adopt best practice to safeguard and protect young people form abuse, and themselves against false allegations
- Require staff/volunteers to adopt and abide by the ELA code of ethics and conduct and the child protection policy and procedures
- Respond to any allegations appropriately and implement the appropriate disciplinary

and appeals procedures		100	
The Club Welfare Officer contact at this o	:lub is:		

Contact number:

Concerns relating to Child Protection issues may be sent to:

The Welfare Officer, ELA Head Office, 26 Wood Street, Manchester M3 3EF

Tel: 0161 834 4582; website < www.englishlacrosse.co.uk >

National helpline numbers include:

NSPCC helpline (0808 800 5000) and Childline UK (0800 1111)

# **Incident Report Form**

CONFIDENTIAL	
Your lacrosse club or lac	rosse organisation:
Your position	
Child's sex	
Child's disability (if any)	
Child's ethnic origin: (ple	ease tick) White 🗆 British 🗖 Irish 🗖 Mixed 🗖
White & Black Caribbean	□ White & Black African □ White & Asian □
Asian or Asian British 🛭	Indian 🗆 Pakistani 🗆 Bangladeshi 🗖
Black or Black British 🛚	Caribbean ☐ Chinese ☐ Other ☐
Parents/guardians name	es
_	esses
	ident
When the child has repo	rted directly to you, state exactly what the child said and er, do not lead the child – record actual details. Continue on
separate sheet if necess	sary)
When the report has not person(s). (Continue on	come directly from a child, please detail the concern of the separate sheet if necessary)
Actions taken so far:	
Position in sport	

Relationship between the accused and the child:	
Ethnic origin (please state as per chart)	
Date of birth	
Address	
EXTERNAL AGENCIES CONTACTED (DATE AND TIME)	
Police	Yes/No
If Yes, which	
Name and contact number	
Details of advice received	
Social services	
If Yes, which	
Name and contact number	
Details of advice received	
English Lacrosse Association	
If Yes, which	
Name and contact number	
Details of advice received	
Local authority	
If Yes, which	
Name and contact number	
Details of advice received	
Other (e.g. NSPCC)	
If Yes, which	
Name and contact number	
Details of advice received	
Signature	
Print name	
Date	

Please send to the ELA Welfare Officer, c/o The English Lacrosse Association, 26 Wood Street, Manchester M3 3EF marked confidential.

# Bill of Rights for Young Lacrosse Player

- 1 Every young player has the right to take part in lacrosse.
- 2 Every young player has the right to be treated with respect by all adults and players.
- 3 Every young player has the right to report any problems to (fill in Officers name)
- 4 Every young player selected for a match has the right to play in that match.
- 5 Every young player has the right to play as a child.
- 6 Every young player has the right to play safely and have proper medical treatment if needed.
- 7 Every young player has the right to be taught lacrosse by a qualified adult.
- 8 Every young player has the right to have a coach who coaches fun, friendship and skills rather than winning.
- 9 Every young player has the right to have a coach who supports and takes time to work with each player, and allows the player to make mistakes.
- 10 Every young player has the right to have fun.

If you have a problem with any adult, contact:

(name of contact): \_\_\_\_\_\_ Tel: \_\_\_\_\_ Club Welfare Officer: \_\_\_\_\_ Tel: \_\_\_\_\_ Club Child Protection Officer: \_\_\_\_\_\_ Tel: \_\_\_\_\_

# Accident Report Form

Name of person i	charge of session/competition	
•	rson	
,	person	
	cident/accident	
	accident	
Give details of ho activity was takir additional sheet i	and precisely where the incident took place. Describe what place (e.g., training game, warm up, changing). Continue onecessary	at on
	he action taken including any first aid treatment and the r	
Give full details o of the first aider(	he action taken including any first aid treatment and the r	name(s
Give full details or of the first aider(s	he action taken including any first aid treatment and the r	name(s
Give full details or of the first aider(s	he action taken including any first aid treatment and the r	name(s
Give full details or of the first aider (s	he action taken including any first aid treatment and the r owing contacted Yes/No Yes/No	name(s
Give full details or of the first aider(s	he action taken including any first aid treatment and the room owing contacted  Yes/No Yes/No Yes/No	aame(s
Give full details or of the first aider(s	he action taken including any first aid treatment and the r owing contacted Yes/No Yes/No	name(s
Give full details or of the first aider (s  Were any of the form  Police  Ambulance  Parent/carer  What happened to home, went to ho	he action taken including any first aid treatment and the r  wing contacted Yes/No Yes/No Yes/No the injured person following the incident/accident? (e.g. w	name(s
Give full details or of the first aider (see any of the for police  Ambulance  Parent/carer  What happened to home, went to ho	he action taken including any first aid treatment and the room owing contacted Yes/No Yes/No Yes/No the injured person following the incident/accident? (e.g. woital, carried on with session)	name(s
Give full details or of the first aider (see any of the for Police Ambulance Parent/carer What happened to home, went to ho	he action taken including any first aid treatment and the room owing contacted Yes/No Yes/No Yes/No the injured person following the incident/accident? (e.g. woital, carried on with session)	rent

# Club Local Emergency Contact List

Lacrosse Club
Police, ambulance and fire contact 999 immediately
Local police station
Telephone
Local emergency hospital
Telephone
Local Social Services Helpline number

 ${\tt NSPCC\ Child\ Protection\ Helpline\ number:\ 0808\ 800\ 5000}$ 

# Event Registration Form for Photography and Videoing

Name	
Address	
	Post code
Tel	
Event name	
Event venue	
Event date	
manner. Please describe bel	otographs or recorded images will only be used in an appropriate low how photographs or recorded images will be used
used inappropriatel	if it is deemed that any photographs or recorded images are ly, this may result in me being unable to use photographic sse events in the future.
used inappropriatel equipment at lacros	ly, this may result in me being unable to use photographic

Detail of lacros	sse activity
	SC GCTVTQ
•••••	
Activity date/t	iime/season
From	to
l agree to (nam	ne of child)taking part in this activity
_	articipation of (name)in the activitie
-	I acknowledge the need for (name)
to behave resp	_
·	
Medical inform	nation about your child
Date of birth	
Does your child	d have any conditions requiring medical treatment including
medication?	No/Yes
lf Yes, please g	ive details
	any special dietary requirements of your child and the type of pain/fl on your child may be given if necessary
	orr godi Crillo may be given in necessary
••••••	
••••••	
For residential	visits and exchanges only
	your knowledge, has your son/daughter been in contact with any
	nfectious diseases or suffered from anything in the last four weeks
	ntagious or infectious? No/Yes
lf Yes, please g	ive details
-	ughter allergic to any medication? No/Yes
If Yes nlease a	ive details

## Parental Consent Form for Lacrosse Activities

	re a tetanus injection?soon as possible of any changes in the medical
	v and the commencement of the activity.
Medical Declaration	
dental, medical or surgical treatmen	medication as instructed and any emergency t, including anesthetic or blood transfusion, as al authorities present. I understand the extent er provided.
Emergency contact	
Contact telephone numbers (inc. nat	ional codes)
WorkM	obile
HomeM	obile
Home Address	
Alternative emergency contact	
Contact telephone numbers (inc. nat	ional codes)
WorkM	obile
Home M	obile
Home Address	
Name of family doctor	
Telephone number	
Address	
Signed	Date
Print name	
This form or a copy must be taken by	the person in charge to the activity.
A copy should be retained by the org	anisation in charge of the activity.

## For the use of photographs and recorded images

**Side 1.** This side to be completed by the lacrosse organisation

This side of the form should be completed by the club or organisation and then signed by the legal guardian (usually parent or carer) of a young person, together with the young person. It provides permission for images of the young person to be used. Please note that if you have more than one child under the age of 18 registered with the club you will need to complete a separate form for each young person.
(club or organisation) recognises the need to ensure the welfare and safety of all young people in lacrosse. As part of our commitment to ensure the safety of young people we will not permit photographs, videos or other images of young people to be taken or used without the consent of the parents/carers and the young person.
(club or organisation) will follow the guidance for the use of images of young people, a copy of which is included in the Lacrosse Child Protection Policy and Implementation Procedures.
(club or organisation) will take all steps to ensure these images are used for the purposes they are intended, that is, the promotion and celebration of the activities of
If you become aware that these images are being uses inappropriately you should inform(club or organisation) immediately.



# Photograph and Recorded Images for Club Use Form

## For the use of photographs and recorded images

<b>Side 2.</b> This side to be completed by the parent/carer and young person.
l,(insert parent/carer full name)
consent/do not consent (please delete) to
(club or organisation) photographing or videoing
(name of child/young person) under the stated rules and conditions and I confirm that I am legally entitled to give consent.
I also confirm that
Signed Date:
l,[insert parent/carer full name]
consent/do not consent (please delete) to
(
(club or organisation) photographing or videoing
•
(club or organisation) photographing or videoing

## **POLICY STATEMENT**

(Name of Member Organisation) is committed to providing a safe environment for children/young people under the age of 18 to participate in lacrosse. Essential to this commitment is to ensure that all necessary steps are taken to protect children/young people from the inappropriate use of photographic images.

(Name of Member Organisation) has adopted the following good practice guidelines issued by English Lacrosse Association:

## **Publishing images**

- Through the use of a consent form, we will ask for the permission of young players and their carers to take and use their image. If a player is named, we will avoid using their photograph.
- If a photograph is used, we will avoid naming the player.
- We will never publish personal details (email addresses, telephone numbers, address, etc) of a child/young person.
- We will only authorise the use of images of players in suitable dress (tracksuit or playing uniform, i.e., T-shirt/shorts/skirt, warm-up kit).

## Use of photographic equipment at lacrosse events

(Name of Member Organisation) will:

- Inform players and parents that a photographer will be in attendance at an event and ensure, through the use of signs and the event programme, that they are aware of and consent to the taking and publication of films or photographs.
- Require parents, spectators and authorised photographers (e.g. press) to register at an event if they wish to use any photographic equipment, including mobile phones with photographic technology.
- Issue an identification pass, which must be worn and clearly visible at all times during the event.



# Use of Photographs and Video Images of Children & Young People under the Age of 18

- Not allow unsupervised access to players or one-to-one photo sessions at events
- Not approve of or allow photo sessions outside the event or at a player's home.
- Act on the concerns of any players and parents regarding the inappropriate use of photographic equipment
- Inform children/young people and their parents/carers if video equipment is to be used as a coaching aid.
- Ensure that any photographic images taken and used will be stored safely

# Management of Photographic Consent at English Lacrosse Events Step 1

The following documents are sent to all participants/carers of junior events with entry forms:

- Guidelines for the Use of Photographic and Video Images of Children under the Age of 18
- Consent Form
- Event Registration Form

#### Step 2

Depending on the type of Event Registration Form returned, the English Lacrosse Association will issue the appropriate accreditation pass when confirming the entry.

#### Step 3

Any individual failing to complete an Event Registration Form and Consent Form will be refused permission to use photographic equipment.

# APPENDIX E Available Courses

### **English Lacrosse Association Courses**

**Preliminary Coaching Award**: Basic coaching qualification, which covers child welfare, basic principles of lacrosse (Scooping, Catching, Throwing). This course is taught through PoP Lacrosse.

**Club Coach Award**: Highest Coaching Award the ELA has to offer. Intensive two-day course which teaches the finer points of the game. Ideal for a person pursuing a long-term career in coaching.

### **Courses under Development**

**High Performance Coaching Award:** A course designed for individuals who currently hold the ELA Club Coach Award and aspire to coach for top-level club teams, county/territorial sides and National teams. The course will inform individuals on how to analyse player and team performance and use that data to inform practice and evaluate.

**ELA Club Coach Mentor Training:** A course for persons who currently hold ELA CCA or ELA HPCA badges and meet ELA eligibility criteria who wish to become involved in the professional development of area coaches.



# APPENDIX F ELA Support Network

#### **Chief Executive**

David Shuttleworth

26 Wood Street Manchester M3 3EF

Tel: 0161 834 4582

Email: <d.shuttleworth@englishlacrosse.co.uk>

## **Director of Development & Coaching**

Mark Coups

57 Duncombe Street Walkley, Sheffield, S6 3RH

Tel: 0114 2326734 Mobile: 07976 258 191

Email: <m.coups@englishlacrosse.co.uk>

## North Regional Officer & Coach Education Officer

Paul Coups

95 Flodden Street

Crookes, Sheffield, S10 1HA

Tel: 0114 2681514 Mobile: 07801 696 537

Email: <p.coups@englishlacrosse.co.uk>

## **South Regional Officer**

Karen Hughes

5 Cedar Way Pucklechurch

South Gloucestershire, BS16 9RN

Tel: 0117 937 4722 Mobile: 07785 763 620

Email: <khughes@englishlacrosse.co.uk>

## Volunteer Officer & East Regional Officer

Dave Coldwell

48 Holyrood Crescent

St Albans

Herts, AL1 2LT

Tel: 01727 858 298

Mobile: 07880 746 775

Email: <djs\_coldwell@yahoo.co.uk>

## **Marketing Officer**

Caroline Royle

26 Wood Street

Manchester M3 3EF

Tel: 0161 834 4582

Email: <c.royle@englishlacrosse.co.uk>

## Sport England Regional Offices

## **South East Region**

51a Church Street, Caversham, Reading RG4 8AX

Tel 01908689180

## **London Region**

3rd Floor Victoria House, Bloomsbury Square, London WC1B 4SE

Tel 0208 72731958

## **East Region**

Crescent House, 19 The Crescent, Bedford MK40 2QP

Tel 01234 333602



## **South West Region**

Ashlands House, Ashlands, Crewkerne, Somerset TA18 7LQ Tel 01460 270418

## **North East Region**

Aykley Heads, Durham DH1 5UU Tel 0191 3753134

## Yorkshire Region

4th Floor, East Parade, Leeds LS1 5PS Tel 0113 205 3309

## **North West Region**

Astley House, Quay Street, Manchester M3 4AE Tel 0161 830 4913

## **West Midlands Region**

5th Floor, No 3 Broadway, Five Ways, Birmingham B15 1BQ Tel 0121 452 2905

## **East Midlands Region**

Grove House, Bridgford Road, West Bridgford, Nottingham NG2 6AP Tel 0115 982 3613



# County Sports Partnership Volunteer Contact List

## ELA Partner CSPs shaded in grey

Partnership	E-mail/Website	Telephone
Gloucestershire Sports Partnership	www.gloucestershiresport.org	01452 876697
Wiltshire and Swindon Sports Partnership	www.gloucestershiresport.org	01380 728894
Sports West Partnership	www.southglos.gov.uk/sportsdevelopment/ activesports	01225 396456
Dorset Sports Partnership	www.activesportsdorset.org	01202886201x2206
Somerset Sports Partnership	www.sasp.co.uk	01823 447128
Devon Sports Partnership	info@devon.gov.uk	07967 504775
Cornwall Sports Partnership	www.cornwall.gov.uk/activesports	01872 324327
Durham Sport	www.durhamsport.com	0191 301 8417
Northumberland Sport	mmoore@northumberland.gov.uk	01670 534345
Tees Valley Sports Partnership	j.lordon@tees.ac.uk	01642 342287
Tyne and Wear Sports Partnership	www.tyne-wearsport.com	01915 534598
North Yorkshire Sports Partnership		01423 556782
West Yorkshire Sports Partnership	www.westyorkshiresport.co.uk	01484 234087
South Yorkshire Sport	www.sysport.co.uk	0114 223 5671
Humber Sports Partnership	www.humbersport.com	01472 323388
Cumbria Sports Partnership	www.cumbriasport.com	01228 606096
Lancashire Sports Partnership	www.lancashiresport.org.uk	01995 642236
Greater Manchester Sport	www.greatersport.co.uk	0161 223 1002
Merseyside Sport	www.merseysidesport.com	0151 231 5386
Cheshire Sports Trust	www.sportcheshire.org	01606 871812 x240
Staffordshire Sports Partnership	www.sportacrossstaffordshire.co.uk	01785 619585
Shropshire Sports Partnership	www.shropshireonline.gov.uk/sspart.nsf	01743 255073
Black Country Sports Partnership	blackcountrydave@hotmail.com	0121 505 6680

Partnership	E-mail/Website	Telephone
Birmingham Sports Partnership	www.activesportsbirmingham.co.uk	0121 464 6077
Greater Warwickshire Sports Partnership	www.gwsport.org.uk	024 7657 4199
Worcestershire All Sports Partnership	www.wasports.org.uk	01905 855543
Derbyshire & Peak Park Sport @ Recreation Forum	www.derbyshiresport.com	01629 530521
Nottinghamshire Sports Partnership	www.intosport.org.uk	0115 977 2311
Lincolnshire Sports Partnership	www.lincolnshiresports.com	01522 552835
Northamptonshire Sports Partnership	www.northamptonshiresport.org	01604 236423
Leicester, Leceistershire, & Rutland Active Sports Partnership	www.llrsport.co.uk	0116 233 3105
Oxfordshire Sports Partnership	www.oxonactivesports.co.uk	01865 252405
Buckinghamshire & Milton Keynes Sports Partnership	www.activesportsbucks.co.uk	01296 585215
Berkshire Sports Partnership	www.berkshiresport.com	0118 939 9006
Hampshire Sports Partnership	www.hants.gov.uk/activesports	01962 845158
Surrey Sports Partnership	www.activesurrey.com	01483 518954
Kent Sports Partnership	www.kentsport.org	01622605069
Sussex Sports Partnership	www.sussexsport.org	01273 642438
London Active Partnership	www.londonactivepartnership.org	0207 815 7838
Bedfordshire Sports Partnership	www.bedsactivesports.com	01234 316068
Cambridgeshire Sports Partnership	active.sports@eastcambs.gov.uk	01353 865441
Norfolk Sports Partnership	www.norfolksportsalliance.co.uk	01603 727887
Suffolk Sports Partnership	www.suffolksport.com	01502 523447
Essex Sports Partnership	activesport@chelmsfordbc.gov.uk	01245 606677
Hertfordshire Sports Partnership	info@sportinherts.org.uk	01707 281006

# Notes





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