



# BOWDON MINI & JUNIOR'S NEWSLETTER



## GOOD MORNING!

We wanted to start off by saying a big thank you for all your support, so far this season. After such a fabulous start, getting 350+ players out in the sunshine, it is such a shame that it has not gone the way that we all wanted and that we find ourselves back in lockdown. But fingers crossed we will be back at the club training and playing very soon. The plus points were amazing, we played some Ready4Rugby fixtures, with a couple of local clubs, great support for the Sharks Community sessions, hosted a Sedbergh October Half Term Camp, launched the new shirts and even managed to have a Spooky training morning for Halloween. Some of our coaches seem to have quite large dressing up boxes!!!



The support from coaches, players and parents enabled us to run training in a safe and enjoyable way, which meant we had largely uninterrupted Sundays for September and October.

**November 2020**



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## New Shirts

The launch of our new shirts took place for the Minis during October, with our new sponsor “Orth Team” and continuing Sponsor “McHale Solicitors” supporting the new design, development and production (Juniors & Colts will follow very soon). As we exchanged many new shirts, it means that a high number of you have paid for this season’s membership and sorted out registration. Every year GMS causes a bit of a headache – so thank you to you all, for the quick turnaround of this process.



## Player success stories

It is very exciting to announce that 2 of our players are progressing significantly and are being selected for representative squads.

Ali Crossdale, Bowdon graduate, now plays at Saracens and was selected for the full England squad v Barbarians!

Charlie Wardle, current Colt and Sale Academy player, has been picked for England Colts trials.

We are all extremely proud of them both and look forward to watching them move forward with their rugby playing careers.

Realising that there will be many “old shirts” being made redundant, plans were made by the committee to offer the old shirts to the “Barefoot Project”, which is just fantastic. With great rugby links the charity tries to help grassroots sports, within low funded nations, by collecting 2<sup>nd</sup> hand useable equipment & merchandise. They hold coaching clinics & offer out the equipment and clothes to their players to help them develop and thrive. For further information:FB: @thebarefootproject





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## Training & Camps

Before Lockdown2 came into place, 180 players and 30 coaches attended the Sale Sharks training sessions over the course of 3 Saturdays in September/October. It was run by Ex Premiership Player Mark Irving and the community team. The feedback received has been very positive and that they were well worth attending. The games and techniques learnt were obvious at the following Sunday training sessions.



Following the above training sessions, 60 players then attended the Sedbergh Camp in October. It was held over 5 days and had top coaches involved, including Jason Duffy, Ex Sale and England Colt, and John Fletcher who coached at Newcastle Falcons & England youth / colts.





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Not wanting our coaches to feel left out, we also arranged a session for them with John Fletcher, which you will see being fed down to your teams training and development when we can start back up.

It is just fantastic that our players and coaches have access to these highly experienced players & coaches, and we hope to carry on these links and hold more training sessions / camps in the future.



It has been an unusual and disrupted start to the season, but we have still achieved some great things and should thank the hard work of the coaches and committee to get everyone out in the fresh air as safely as we have! Plus...

- The M&J Chair is now king of the car park!
- Sausages are on the committee agenda!
- And frankly Sunday's just aren't the same, although the odd lie in doesn't hurt!

Stay safe, keep sanitising and hopefully we can return in December!