

# Sale Hockey Club

## Ladies Section

**NEWSLETTER 2013-14 SEASON**

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### Captain's Statements

#### Ladies 1st Team Captain - Sarah Roberts



Howdy! This is Captain Scarey reporting for duty!

I am really excited about the coming season – I really feel it will be our year!

I think the mix of youth and experience that we have had over the past couple of seasons has really started to make us gel as a team, and the prospect of some familiar faces returning means that we should hit the ground running! My ambition for this season is quite simply to gain promotion out of Cheshire Division 1, and get back into the North Hockey League Division 2 South West .

I am counting on everyone's support because there is no "I" in team, but there is "u" in success!!

#### Ladies 2nd Team Vice Captain - Caroline Gray

My aim for next season is that as a team we are successful in finishing within the top three places in Division 2 of the Cheshire League. To achieve this we will need to work and train (and socialise) as a team to ensure that we are a solid threat to the opposition. I would like the team to support current players as well as the talented young people that are an integral part of Sale Hockey Club. The Ladies Second Team are an important link for the first team and this year I would I hope that we can provide players with experience and confidence to allow them the opportunity to break into and play with the first team. Most importantly, my hope is that every player on the second team has fun and enjoys playing hockey, win or lose.

#### Ladies 3rd Team Captain - Gill Davies

As the 2013/4 hockey season approaches, let us take a moment to reflect on the fabulous achievements of the ladies' 3<sup>rd</sup> team over the course of last season; magnificent victories, sterling performances in the face of adversity, highest place Sale ladies' team in their respective league, most number of squad players regularly training, least number of goals conceded and fantastic cakes. Despite being denied promotion by one of the cruellest quirks of fate, it is time to return to the training ground to put right any perceived wrongs. This year, Division 5 brings new challenges in the form of Triton, Macclesfield, Timperley and Whitchurch, so no time for the faint hearted. It's now time to build on last year's triumphs and take that extra step towards the unknown that is Division 4. There are no retirees to my knowledge and, naturally, we welcome ALL new recruits to the fold, as last year (anyone know of any budding keepers out there wanting to play?). So, hopefully, with all injuries resolved, unbridled ambition and freshly laundered aprons, I trust that you've had a fabulous and successful sporting or recuperative summer and are now ready for whatever challenges lie in wait. Let's give the Club, Iain, friends and families and ourselves even more to celebrate; to paraphrase Sebastian Coe at the 2012 London Olympics, "This is our time!"



## Sale Oldies Triumph Again!

*"I was a bit gutted  
to be an official  
vet but now I'm a  
complete convert,  
I loved it, can't  
believe I put it off  
for so long!  
Brilliant day,  
brilliant company,  
hockey wasn't bad  
either!"  
- Beth Millman*

As holders of the Timperley 7's trophy the Ladies vets were determined to retain the shield.

Silver Fox played a blinder by actually getting the trophy back off Gill's mantelpiece, a feat in itself. It felt like Groundhog day with the first match, as last year, being played against Lymm, another victory ensued which was very satisfying, two more wins in the group over Macclesfield and Moss Park & a defeat by Telford ensured that we won our group fairly comfortably.

Having ignored / forgotten Timperley's suggestion that clubs wore fancy dress that depicted a film for fear of distracting our highly tuned and focussed players Groundhog day again as the semi-final was played against the 101 Dalmatians.....aka.....Wilmslow, just as well Little Jen was in Cayman as goodness knows what she'd have guessed. A 1-0 victory to Sale led to the chant "who knocked the dogs out ooh,ooh, ooh"

The final was a closely fought affair against Chester, thankfully Scares had been "their" umpire for the group games and passed on some helpful tips for their short corner routines, 2-2 at the end of normal time, Kelly Mott then slotted home the winner, great assist from Savs - what a surprise!

Celebrations continued until about 2.30am, a new party game "2 truths & a lie" about yourself, a bit like Call My Bluff by having to guess the lie - as a word of warning to you all.....never go shopping with Helen Elcock!

Great performances from our squad, aiming for the hat-trick next year.

## Supporter of the Year Q&A..



### Grandad Brian!

#### What did you enjoy most about last season?

Well I am sure you will remember, from 3<sup>rd</sup> November right through to the Christmas break we didn't lose a game – 6 wins and a draw with 4 clean sheets and only 5 goals against – a fabulous run.

However I think probably the most single enjoyable memory would have to be the quarter final plate at Andover with the overnight stay. I do remember playing in the childrens area at the hotel – enough said!

Thirdly would be my birthday, what a surprise that was. During the warm up Laura asked me to get something from the car, when I got back to the pitch all the team were waiting to give me loads of hugs and a lovely card which incidentally has been framed and is hanging in my hall.

#### What would be your ideal post match drink at the club?

If we had won, I would say a few beers (*I don't like Champagne*) to celebrate the victory. If we had lost – a few beers to drown our sorrows. What about a draw, well I guess a few beers!

#### What are you looking forward to most next season?

To see some exciting games, plenty of goals (for us) and finish top of the league, not much to ask is it girls? You can do it! In addition to all that, another great run in this years plate.

#### Who is your favourite player (other than Laura)?

That is not an easy question to answer. We had a good team last season and to select one player would be very hard and a little unfair. However if you are forcing me into naming a player, I will say SAVS, reason: I get the most “HUGS” off Savs. (*Should I have been a politician or what haha!*)

#### If you could play on our team, which position would you like to play and why?

I think I would like to try your position as Goalkeeper. I like dressing up and with the 10 great players in front of me, I can't see that I would have much to do!!! Don't hit me Lisa you know I am only joking.

**Before we finish this interview Lisa, could I take this opportunity to thank all the girls for making me so very welcome and feeling part of their team (*admin of course haha!*)**



# Hot Drinks Machine

**Warm yourself up after those freezing winter hockey matches!!**

New hot drinks machine installed in the clubhouse.. All drinks only £1!!

Thanks to Jane, Rob Moore and the rest of the club committee for the hard work getting this up and running!

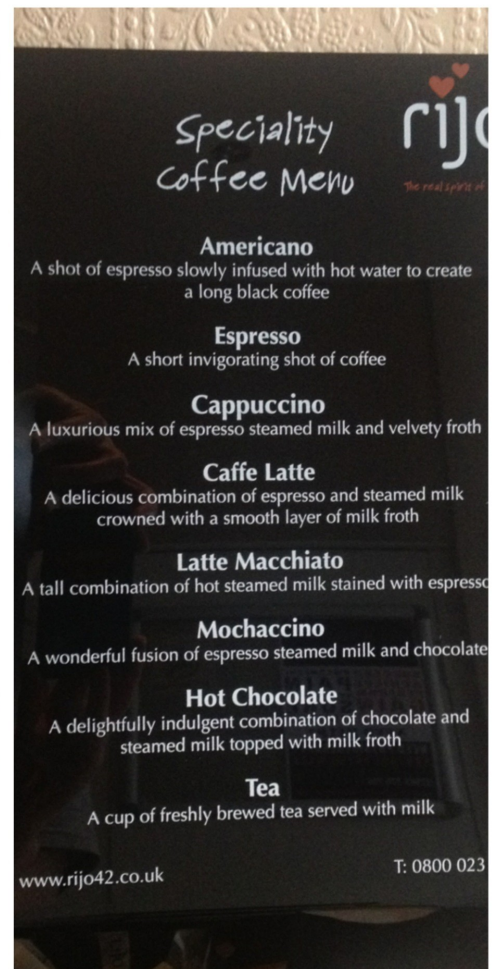
Menu (see below) includes various coffee's, tea and hot chocolate :)

If you have any ideas regarding the improvement of products behind the bar or facilities at the club please put them forward to Jane/ George or Christine.

"Lovely cup, very sophisticated. It cooled down nicely and I didn't need a biscuit with it. Loved it!" - Estelle testing out the hot chocolate.



*"We're always looking for new ideas to improve facilities & products for our club members. This is a good quality product at a reasonable price" - Jane Fylan Bar Manager*



# Sale Hockey Club Invade The Cayman Islands



In April, members of Sale HC (and Avvers who is often forced to join in with Sale festivities, although I'm sure this one wasn't too difficult for her!) descended on the Cayman Islands to visit Little Jen and for Pinches "special" birthday, which I believe was her 40th... surely not, thought she was much older! Anyway.. from what I can work out they attempted to play hockey but mostly they just drank a lot of rum.

When Pinch returned to the UK in July I asked her how she felt about the trip that people had made over there; weeks taken off work, hours and hours of travelling, some people losing baggage along the way, dividing up and squeezing all her purchases into cases to bring over to her, not to mention the thousands of pounds spent and all especially for her birthday, Her response..

"Great..."

So there you have it guys, I think you can tell by the response how

happy Pinch was about it all. She swiftly returned to more pressing matters; sipping her Bacardi & Coke while perched on a bar stool at the club.

Little Jen however had this to say.. "Six months after moving over here, missing everyone, especially Sophie and escaping Rita Skeeter's prying eyes, everyone visited & it was nice to see them all. Obviously you lot have a certain affect on me as I hadn't done anything stupid until Dave & Sophie were with me in the car.. If you want to know the story you'll have to ask them!! It was a lovely & lively time and everyone seemed to enjoy themselves. I'm now waiting for you all to uproot the club & move it over here so I don't miss you. I'll be back next summer for a visit, so if I don't see any of you before then, I'll see you in August!"



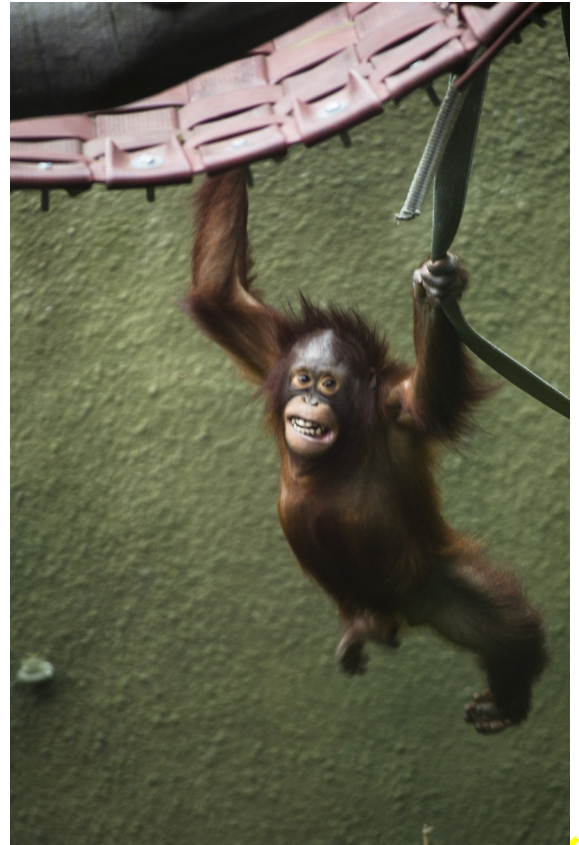
## Trip to Chester Zoo

Lion's and tigers and bears.. Oh My!!

On Saturday 10th August members of Sale Hockey Club Ladies section went on a trip to Chester Zoo.

As you can see Megan Smith enjoyed herself on the children's playground ;)

Hopefully we can enjoy more days out as a section in the future!!



## 125th Anniversary Celebration

Sale Hockey Club celebrated its 125th year at The Marriott Hotel in Worsley.

The night included members of the club looking like civilized members of society (we all scrub up well), an excellent speech by Dave Walmsley and a lovely meal but only three words need to be said about this evening..

STICKY TOFFEE PUDDING!

Thanks to Judith & Howard for all the hard work that made this evening one to remember!



## Ladies 1's Trip to Andover



Last season the Ladies 1st Team went on a bit of a run in the cup. After rolling over Rolls Royce 10-1 we were lucky enough to go on a road trip to play Andover where we attempted to win Andover fist (can't claim responsibility for that one, that's all Rob's!)

We set off on our 3 and a half hour trip to Hampshire with all the essential items; sticks, shin pads, snacks... Grandad Brian but unfortunately we were defeated 4-1. However, we're hoping for more exciting matches and adventures in this seasons cup.

## Socials

Thanks for the hard work of everyone involved in the organising of last seasons social events. There will be much more fun this coming season..

**Sunday 29th Sept: Junior Hockey Fun Day 12pm-4pm**

**Saturday 16th Nov: Pie & Games Night**

**Saturday 14th Dec: Christmas Party**

**All events held at Sale Sports Club,  
Clarendon Crescent, Sale, M33 2DE**



# Congratulations

**Mummy & Daddy Bukes!** Congrats to Hannah & Nick who are expecting in November.

**Megan Walmsley's off the market!** Congrats on your marriage to Jimmy.

**Sarah Wantling** on the birth of Josh & her marriage to Chris.

**Dannie & Mark** for moving to Sale and therefore having no excuse not to join us for drinks at the club on a Saturday evening and maybe even relieving Judith of the party house! ;)

**Corrine Hodge** on the birth of Amber!

**Kathy Langridge** on her promotion to SENCO.

"My second family! Sale is a genuine club who certainly know how to have fun and look after their own :) You're the reason I started enjoying hockey again and supported me fully since I've been away. Thank you for everything and you'll always be my home club" - Vez who moves to Australia in August.

## Good Luck

Everyone at Sale Hockey Club would like to wish all the best to the following;

**Vez** who is leaving for Australia & **Carol Christopher** who is leaving for New Zealand. At least we now have more countries to visit on tour plus Pinch & Little Jen have some competition for international player of the season!

**Naomi Bennett** who is leaving for the sunny shores of Brooklands Poynton. At least we'll have more teas to go around now!

Also **Rhian** who's getting married Andy in November!

To everyone awaiting exam results! :)





# Membership

Hockey subs this year will be **£125** and the breakdown is as follows;

**£80 club subs**

**£5 insurance cover**

**£15 coaching levy**

**£25 fundraising element**

(instead of people being asked to sell football cards etc. and thus splits the ownership of fundraising equally across the section).

Payment as follows:-

**£100 to Sale Sports Club**

**£25 Courage Club**

As agreed at this year's AGM the Ladies Section are offering their members the option to pay their subs by **monthly standing order**. If you wish to discuss how this will work please discuss with our Treasurer Louise Rowley.

Junior membership remains the same as the previous season; **£75 including kit or £50 without kit.**

# Training

**Tuesday Training as follows;**

**Ladies 1's & 2's**

All Season; William Hulme Grammar School

8-9pm

**Ladies 2's & 3's**

3rd Sept-10th Dec; St Bedes 7-8pm

7th Jan-18th March; William Hulme Grammar School 7-8pm

**Goalkeepers**

All Season; William Hulme Grammar School

7-8pm

**Juniors**

All Season (subject to change) William Hulme Grammar School

7-8pm

# Fixtures

Please refer to Fixtures Live for the full listings of this seasons fixtures.

## Pre Season Friendly's

### Ladies 1's:

Sat 17th Aug Ladies 1's/2's vs Wilmslow 1's/2's @ WHGS 12.30pb

Sat 31st Aug vs Crewe 1's @ Away PB TBC

Sat 7th Sept vs Urmston 1's @Away 12pb

### Ladies 2's:

Sat 17th Aug Ladies 1's/2's vs Wilmslow 1's/2's @ WHGS 12.30pb

Sat 31st Aug vs Runcorn @ Away PB TBC

Sat 7th Sept vs Cheshire Tournament @ TBC

### Ladies 3's:

Sat 7th Sept vs Cheshire Tournament @ TBC

Sat 14th Sept vs Chester 4's @ Away PB TBC

## League Matches

**Ladies 1's** start the season at home vs **South Cheshire** (14/9/13 @12.30pm)

followed by **Lymm** away (21/9/13 @2pm)

**Ladies 2's** start against Bollington 1's away (14/9/13 @time tbc) followed by Lymm at home (21/9/13 @2pm)

**Ladies 3's** start the season away vs Macclesfield (21/9/13 @time tbc) followed by Triton 2's at home (28/9./13 @4.30pm)

# Kit

Kit Manager this season is Lisa Wilton, please direct any kit enquiries to her.

This season Lisa plans to design us some new Hoodies to keep us warm and looking good!

The final design will be available for club members to order (hopefully) around the start of the season and should take around 1 month for delivery.

## Junior Section

The results for the U13 girls team who played in the Greater Manchester Junior Hockey League:

Played	20
Won	10
Drew	3
Lost	7
Goals for	24
Goals against	21

Came 6th out of 13 teams.

Player of the Season; Hannah Currie  
Most Improved; Hannah Preston

**JUNIOR HOCKEY FUN DAY**  
**@ SALE SPORTS CLUB**  
**SUNDAY 29TH SEPTEMBER**  
**12PM-4PM**

## Coach Statement

I hope you have all had a good break, but it's time to get back to it.

We have a lot of work to do this year, looking mainly at our fitness and skill levels.

My focus for all teams during the pitch time at training will be 'back to basics', to a certain extent, doing the simple things well. All good teams build from the basis that their players can use all of the basics consistently well and that is what I am looking for. I will be asking you to look after your fitness more this year. We do need to outlast other teams and the pitch time that is available for training is not long enough on its own. It is essential that all of us put in some time working on fitness, flexibility and core strength/stability.

When this all comes together, I'm hoping for a successful season, with a top half finish for the 2's and promotion pushes for the 1's and 3's.

It's about the hard yards for each individual this year, we all make a team a whole, so make sure you are backing up your teammates hard work by putting your own hard work in. I'm looking forward to it and I hope you are too.

## Committee Members

Secretary

1st Team Captain

1st Team Vice Captain

2nd Team Captain

2nd Team Vice Captain

3rd Team Captain

3rd Team Vice Captain

Treasurer

Fixtures Secretary

Junior Manager

Welfare Officer

Press Officer

Sue Laister

Sarah Roberts

Lisa Wilton

Position to be filled

Caz Gray

Gill Davies

Kim Chappell

Louise Rowley

Laura Oldham

Position to be filled

Sarah Rowley

Harriet Boswell

**2nd Team Captain & Junior Manager positions still open!!**